

# XFW-5300 ABDOMINAL/ DECLINE BENCH

 **TRUE**<sup>®</sup>

Offering modern styling, high-quality construction, and time-tested innovative designs, XFW benches truly represent the best in form, function and reliability.

## FEATURES

- 9 adjustment settings ranging from -30 degrees to 10 degrees with 5 degree increments
- Gas-cylinder assist for adjustment of back pad
- Two sets of upholstered, foam rollers provide proper ankle and foot support
- Heavy-duty ball-bearing wheels and lifting handle for easy movement
- Floor anchor provisions in frame



## SPECIFICATIONS

DIMENSIONS (L x W x H)  
68" x 29" x 35" / 172cm x 73 cm x 88 cm

PRODUCT WEIGHT  
103 lbs / 47 kg

COLOR OPTIONS  
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

9 adjustment settings  
-30 to 10 degrees