

# XFT-900 FUNCTIONAL TRAINER



The premium commercial-quality XFT-900 Functional Trainer provides dozens of upper and lower body exercises, with unique vertical adjustment columns that rotate 360 degrees to allow unrestricted movement in multiple planes.

## FEATURES

- Dual weight stack design allows users to choose different resistance levels or allows for two simultaneous users
- Pulleys adjust vertically through 65" (165cm) and 25 clearly marked positions.
- Vertical adjustment columns rotate 360 degrees to allow unrestricted movement in multiple planes
- Multi-position chin bar accommodates optional suspension bracket for suspension training
- Fold-down foot platform assists access to chin bar and retracts into frame when not in use
- Integrated storage hooks conveniently store wide range of training accessories
- Left and right side handles for stability during one arm exercises.
- Weight stacks per side: 310 lb (141 kg)
- Resistance profile – 4:1
- Max Resistance at pull points: 77.5 lb (35 kg)
- Resistance increments per side: 3.75 lb (1.7 kg)
- Cable travel: 14' (427 cm) per handle
- Available with optional storage trays (2) for storage of dumbbells, kettlebells, and accessories.

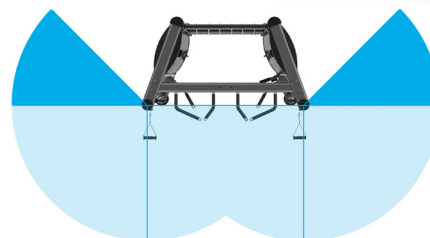
## SPECIFICATIONS

**DIMENSIONS (L x W x H)**  
69" x 42" x 92" / 175 cm x 107 cm x 234 cm  
69" x 47" x 92" / 175 cm x 119 cm x 234 cm w/ storage trays

**PRODUCT WEIGHT**  
1177 lbs / 535 kg

**COLOR OPTIONS**  
Frame comes standard with matte black powder coat finish. Custom frame options available.

Vertical adjustment columns rotate 360° to allow unrestricted movement in multiple planes.



Unique rotating column design provides an additional 45 degree training space per side or 90 degree total expansion

Shown with optional storage trays