

# TMS4000 SINGLE MODULAR QUAD FRAME



This stand alone quad frame provides up to four workout stations in a compact and space-efficient footprint.

## FEATURES

- Stand alone 4-sided pod
- Personalize paint colors and upholstery
- Shown with optional front and rear shrouds

## END AND SIDE STATIONS

### A POSITION ENDS (MAX 2, MIN 1)

- Single Adjustable Cable Column (*as shown*)
- Biceps Curl
- Triceps Extension (*as shown*)

### B POSITION SIDES (MAX 2, MIN 1)

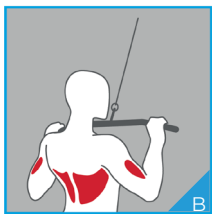
- Lat Pulldown (*as shown*)
- Seated Low Row (*as shown*)

## SPECIFICATIONS

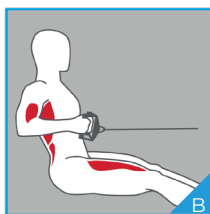
DIMENSIONS (L x W x H)  
78" x 145" x 94" /  
198 cm x 368 cm x 239 cm  
(*dimensions for unit as shown*)

### COLOR OPTIONS

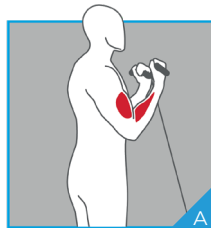
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.



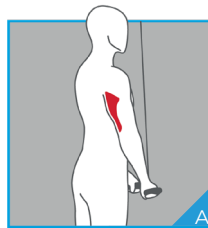
**TMS1100**  
LAT PULLDOWN  
Adjustable thigh pad assembly with elevated weight stack for easy access.



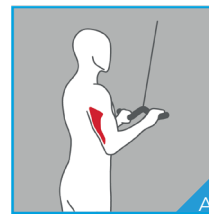
**TMS1200**  
SEATED LOW ROW  
Elevated seat position minimizes floor space.



**TMS0600**  
BICEPS CURL  
Space efficient biceps curl station.



**TMS0500**  
TRICEPS EXTENSION  
Triceps station with comfortable upholstered back support pad.



**TMS0070**  
SINGLE ADJUSTABLE CABLE COLUMN  
Single adjustable cable column with swivel pulley housing and easy lift handle. 25 different positions.