

# LAT PULLDOWN PLS-0300



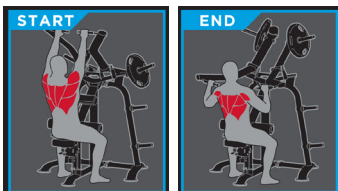
The Palladium Series Plate Loaded PLS-0300 Lat Pulldown is designed for users of all levels, from beginners to professionals, offering advanced biomechanics for optimal performance. Its unilateral arms diverge through a full range of motion, maximizing muscle engagement for a more effective workout. Built-in weight storage includes four standard posts for added convenience.

## FEATURES

- Unilateral arms diverge to maximize articulation of the shoulder and allow for a complete range of motion
- 4-position thigh pad fits wide range of users
- 6-position seat uses gas cylinder assist for stable, friction-free adjustments

## USER AMENITIES

- (4) Weight Storage Posts
- Height Adjustment Guide
- Instruction Placard illustrates proper START and END positions



## SPECIFICATIONS

DIMENSIONS (L x W x H)  
70" x 55" x 79" / 178cm x 140cm x 201cm

COLOR OPTIONS  
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

ADJUSTMENT GUIDE		
HEIGHT	METRIC	SEAT
5'	152cm	1
5' 4"	163cm	2
5' 7"	170cm	3
5' 10"	178cm	4
6' +	183cm +	5-6



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