

# PERFORMANCE SERIES RECUMBENT BIKE

The TRUE Performance Series Recumbent Bike is designed for maximum comfort, safety, and durability. Its walk-through design accommodates all fitness levels, while the ergonomic reclining seat provides one of the industry's most comfortable rides. With a compact footprint, it fits seamlessly into your home workout space. The 9" touchscreen offers customizable profiles for up to six users, allowing everyone to save and track their workouts.

## FEATURES

- TRUE's HRC® Cruise Control that maintains your target heart rate by increasing or decreasing resistance throughout your workout.
- Thumb-operated controls on the contact heart rate handlebars to easily adjust resistance during your workout.
- Elastic Mesh Seat for a comfortable biking workout.

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

58" x 26" x 50.5" / 147.32 cm x 66.04 cm x 128.27 cm

### QUICK ACCESS CONTROL

Multi-Function Thumb Controls

### DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

## CONSOLE OPTIONS



EMERGE



9" TOUCHSCREEN



Reclining seat back with conforming lumbar support and 24 position settings

Multi-Function thumb controls

Easy step-through design

## PERFORMANCE SERIES RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	<b>Power Source</b>	110V/15A
	<b>Cord Length</b>	8' / 2.4 M
	<b>Drive Motor</b>	Single Stage Drive System with Poly-V Belts
	<b>Crank</b>	3-Piece Forged Steel Crank System with Sealed Bearings
	<b>Resistance Source</b>	Eddy Current Brake
	<b>Resistance Levels</b>	25 (EMERGE), 30 (9" Touchscreen)
	<b>Workload Range</b>	40-450 Watts
	<b>Frame Construction</b>	Robotically Welded Heavy-Gauge Steel
	<b>Pedals</b>	Dual Sided and Weighted with Integrated Ratcheting Strap
	<b>Seat</b>	Reclining Fatigue Resistant Elastic Mesh Seat Back with Conforming Lumbar Support and 24 Position Settings
	<b>Handlebar Design</b>	Two Positions with Moisture Resistant Sleeves
	<b>Quick Access Control</b>	Multi-Function Thumb Controls
	SAFETY	Reinforced Walk-Through Design
ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK		
<b>Accessories</b>		Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap
<b>Footprint</b>		58" L x 26" W x 50.5" H / 147.32 cm x 66.04 cm x 128.27 cm
<b>Machine Weight</b>		163 lbs. / 74 kg
PHYSICAL SPECIFICATIONS	<b>Maximum User Weight</b>	350 lbs. / 159 kg
	<b>Portability</b>	2 Front Transport Wheels
	<b>Warranty Type</b>	Residential
WARRANTY	<b>Frame</b>	25 Years
	<b>Parts</b>	10 Years
	<b>Console</b>	9" (7 Years), EMERGE (10 Years)
	<b>Labor</b>	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

## CONSOLE OPTIONS

		9" TOUCHSCREEN	EMERGE	
CONNECTIVITY	<b>Bluetooth Connectivity</b>	•		
	<b>Chest Strap</b>	•		
	<b>Headphones</b>	•		
	<b>Gym Trakr App Tracking</b>	•		
	<b>Wireless Heart Rate Monitoring</b>	•	•	
	<b>3.5mm Headphone Jack</b>	•		
	<b>Reading Rack/ Tablet Holder</b>	•	•	
	<b>Workouts</b>	Manual, Rolling Hills, Single Hill, Random, Glute Buster, Calorie Goal, Pace Intervals, Leg Shaper, Cardio Challenge, Target HRC, Weight Loss HRC, Aerobic HRC, Intervals HRC, 5K, 10K, Fitness Test, Custom Ultra	•	
		Manual, Sports Intervals, Easy Intervals, Rolling Hills, One Big Hill, Target HRC		•
	<b>Saved Workouts</b>	Console Saves Last Ten (10) Workouts	•	
	<b>Six (6) User Profiles</b>	Up to six (6) Save Workouts Each - If activated	•	
	<b>Touchscreen</b>	•		
SERVICE	<b>Software Update Via USB</b>	•	•	
	<b>Self Diagnostics</b>	•	•	
POWER CONSERVATION	<b>Sleep Mode</b>	Standard	•	
LANGUAGES	<b>English</b>	•	•	



### 9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to six (6) user profiles



### EMERGE

- Quick keys and challenging programs



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