

# TOTAL BODY PRESS PLS-1500

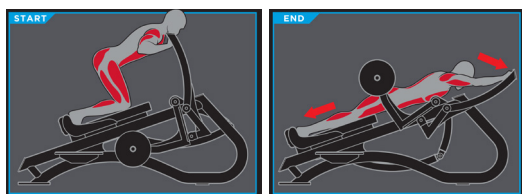
Accessible to all levels of users in your facility, the Palladium Series Plate Loaded line combines modern styling and heavy-duty commercial construction with easy entry/exit designs and precision biomechanics. The Palladium Series Plate Loaded line provides the innovation, durability and aesthetic you've come to expect from TRUE.

## FEATURES

- Concurrent upper and lower body pressing motion enables users to burn more calories and strengthen more muscle groups in less workout time.
- Enjoy the benefits of traditional weight bearing exercises like the Push-Press or Thruster while reducing shearing and compressive forces to the ankles, knees, and hips when compared to its free weight equivalent.
- Spring-assisted, 10-position adjustable knee pad accommodates a wide range of users.

## USER AMENITIES

- QR code links to online instructional video
- Height Adjustment Guide
- Instruction Placard illustrates proper START and END positions



## SPECIFICATIONS

DIMENSIONS (L x W x H)  
78" x 66" x 52" / 198 cm x 168 cm x 132 cm

PRODUCT WEIGHT  
640 lbs / 291 kg

MAX TRAINING CAPACITY  
8 x 45 lb / 20 kg

MAX USER WEIGHT  
400 lbs / 182 kg

### COLOR OPTIONS

Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.