

APEX RECUMBENT ELLIPTICAL



With its advanced and innovative design, the Apex Recumbent Elliptical allows users to reap the benefits of an elliptical workout while remaining seated. The recumbent seating reduces strain on the back and joints while also providing a low-impact workout, suitable for all ages and fitness levels.

FEATURES

- Comfortable Swivel Seat
- Step-through Design
- Upper/Lower Body Isolation
- PowerStroke Technology
- Active Seat Position for optimal comfort

SPECIFICATIONS

DIMENSIONS (L x W x H)
39" x 72" / 98cm x 182cm

STEP-UP HEIGHT
8" / 20.32cm

PRODUCT WEIGHT
339lbs / 154kg

COLOR
Matte Black



CONSOLE OPTIONS



**UNITE 16"
TOUCHSCREEN**



**UNITE 10"
TOUCHSCREEN**



**UNITE LED
CONSOLE**



Side Steps

APEX RECUMBENT ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating (100-220V required with non-LED consoles)	
	Cord Length	12' / 3.7M	
	Drive System	Front Drive	
	Frame Construction	Robotically Welded Heavy-Gauge Steel	
	Resistance Levels	30	
	Pedals	Oversized Soft-Grip Pedals	
	Swivel Seat	Yes	
	Handlebar Design	Exercise Arms-Ergonomic Handles with moisture-resistant multi-grip	
	Seat Height Adjustments	20	
	Folding Armrests	Optional	
	Stationary Footpegs	Yes	
	Quick Access Control	Fingertip controles on stationary handles	
	Upper Body Isolation	Yes	
	Lower Body Isolation	Yes	
	Total Body Workout	Yes	
	Maximum Workload	40-600 watts	
	Contact Heart Rate Monitoring	Yes	
	Wireless Heart Rate Monitoring	Polar® Compatible Bluetooth	
	AVAILABLE CONSOLES	Unite 16", Unite 10", and Unite LED	
	WORKOUTS	Unite 16" and Unite 10" Consoles	10K, 30 30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RIDE
LED Console		10K, 30 30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL	
WORKOUT BOOSTERS	Unite 16", Unite 10", and LED Consoles	X-MODE, LEG PRESS, CHEST PRESS	
SAFETY	Side Steps	Yes	
	Step-Through Design	Yes	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder	
PHYSICAL SPECIFICATIONS	Footprint	58" L x 26" W x 51" H / 147 cm x 66 cm x 13	
	Machine Weight	339 lbs / 154 kg	
	Shipping Weight	518 lbs / 235 kg	
	Maximum User Weight	400 lbs / 181 kg	
	Portability	2 Front Transport Wheels	
WARRANTY	Frame	7 Years	
	Parts	3 Years	
	Labor	2 Years	

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

