



CSF-VKRD VERTICAL LEG RAISE / DIP



The Spirit Fitness CSF-VKRD Vertical Leg Raise/Dip is built for a combination of core workouts, knee raises and dips. The back and arm pads are angled helping users remain stable during leg raises. Forward handles are positioned to perform dip exercises. All pads use high density foam with premium upholstery and high quality stitching, making them not only comfortable, but durable and easy to clean.

Non-slip footsteps make exit and entry easy and the non-slip rubber feet add stability and protect your floor. The small footprint helps you maximize your space. The heavy-gauge steel frame with commercial-grade components are built to last and deliver the results you want.

FEATURES

- Premium contoured pads ensure comfort
- Angled back and arm pads provide stabilization during leg raises
- Heavy-gauge steel frame with high quality powder coat finish
- Non-slip rubber feet prevent floor wear and ensure stability
- Forward handles positioned to perform dip exercises
- Non-slip footsteps for easy entry and exit
- Max Loading Capacity: 600 lbs
- Assembled dimensions - LxWxH: 46.8" x 34" x 65.5"
- Assembled weight: 168.4 lbs

WARRANTY INFORMATION

Commercial – 10 years frame/welds/cams/plates; 5 years bushing/bearings/shocks/pulleys/guide rods; 6 months upholstery; 1 year paint & Finishes/cables/grips/pull-pin components/rail wheels/attachments/all other parts/labor

Prisons and correctional facilities are excluded from warranty coverage.

SPIRIT | 40 YEARS