

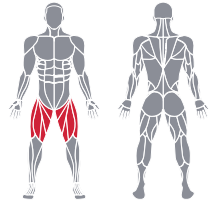


DUALS

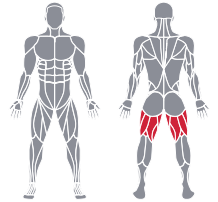
CSD-LELC LEG CURL / LEG EXTENSION



LEG EXTENSION



LEG CURL



The Leg Extension and Leg Curl machine offers versatile exercises that target opposing muscle groups – the quadriceps and hamstrings. Users can easily switch and adjust exercises without leaving their seated position, ensuring maximum convenience. The axis of rotation is optimized to provide a proper feel for both types of movements. Additionally, an integrated rep counter and top cap storage keep users motivated and engaged throughout their sets.

### CSD-LELC LEG CURL / LEG EXTENSION

- Premium beveled pads with sport stitching
- 5lb increment weight for more variety
- Premium LOOS brand USA cables
- Low profile, modern design
- Large storage tray at top of tower
- 210lb weight stack

SPIRIT | 40 YEARS

## SPECIFICATIONS

<b>Performance</b>	<ul style="list-style-type: none"> <li>• 210lb Weight Stack               <ul style="list-style-type: none"> <li>• 5 lb Increment Weight</li> <li>• 2 x 15 lb Top Plates</li> <li>• 13 x 15 lb Plates</li> </ul> </li> <li>• Pulley Ratio 0.7 x Weight Extension, 0.5 x Weight Curl</li> <li>• LOOS USA Cables</li> <li>• Premium Beveled Edge Pads</li> <li>• Sport Stitching</li> </ul>
<b>Convenience</b>	<ul style="list-style-type: none"> <li>• Rep/Time Counter (2 C Batteries required, not included)</li> <li>• Start/Finish Workout Diagrams</li> <li>• Storage Trays (Top of Weight Tower)</li> <li>• Easy-Adjust Seat Back</li> </ul>
<b>Frame</b>	<ul style="list-style-type: none"> <li>• Heavy Gauge Steel Frame</li> <li>• Low Profile Design</li> <li>• High-Quality Electrostatic Powder Coat Finish</li> <li>• Fully Enclosed Weight Stack</li> <li>• Steel Feet w/Rubber Foot Covers</li> <li>• Max User Weight Capacity: 360 lbs</li> </ul>
<b>Dimensions and Weight</b>	<ul style="list-style-type: none"> <li>• Setup Dimensions: 55.4" x 54" x 62.2"</li> <li>• <b>Shipping Dimensions &amp; Shipping Weight:</b> <ul style="list-style-type: none"> <li>• Carton A: 55" x 24" x 5" - 19.8 lb</li> <li>• Carton B: 60" x 23" x 10" - 92.6 lb</li> <li>• Carton C: 47" x 40" x 13" - 330.7 lb</li> <li>• Carton D: 39" x 7" x 22" - 20.9 lb</li> <li>• Carton E: 21" x 20" x 11" - 219.7 lb</li> </ul> </li> </ul>
<b>US Light Commercial Warranty</b>	<ul style="list-style-type: none"> <li>• 10 Years Frame</li> <li>• 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods</li> <li>• 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned</li> <li>• 6 Months Upholstery</li> <li>• 1 Year Labor</li> </ul> <p>*Prisons and correctional facilities are excluded from warranty coverage.</p>