

LS-FID PRO - FLAT INCLINE DECLINE BENCH



PRODUCT FEATURES

The perfect bench for dumbbell workouts, Smith Machines, Squat Racks, and Power Racks!

The Legion LS-FID PRO Spartan Flat Incline Decline Bench is a heavy-duty commercial bench for the serious lifter. The perfect balance of comfort, rugged durability, and versatility. The back pad can easily be adjusted between 5 different incline levels. The Legion LS-FID PRO Spartan Flat Incline Decline Bench is perfect for serious strength training workouts.

The unit adjusts from decline to flat to several incline positions. The main pad is thick and heavy-duty, designed to keep you securely positioned and comfortable. Thick, durable upholstery holds up in any setting. Rear transport wheels with a front transport handle make the Legion LS-FID PRO Spartan Flat Incline Decline Bench easy to move.

PRODUCT SPECIFICATIONS

Item Number:	LS-FIDPRO
Dimensions:	L 55" x W 28" x H 18" (L 140 x W 71 x H 46cm)
Weight:	115 lb (52 kg)
Application:	Home to Full Commercial

WARRANTY:

10 years: Frame
2 years: Cables, Pulleys, Weight Plates, Bushings, & guide rods
90 days: Upholstery, finish, pull pins, rubber grips, & all other parts