

## LC-FID - FLAT INCLINE DECLINE BENCH



### PRODUCT FEATURES

The Legion LC-FID Centurion Flat Incline Decline Bench is designed to be the perfect partner for your workouts! The Legion LC-FID Centurion Flat Incline Decline Bench is ideal for dumbbell workouts, smith machines, squat racks, and power racks!

The back pad can easily be adjusted between 7 different levels, and the seat pad incorporates three positions to accommodate multiple exercise positions. Heavy-duty main pad thickness is designed to keep you securely positioned and comfortable – this thick & durable upholstery holds up in any setting.

### PRODUCT SPECIFICATIONS

<b>Item Number:</b>	LC-FIDG (Gray) LC-FIDB (Black)
<b>Weight:</b>	84 lbs (38 kg)
<b>Back:</b>	7 Back Pad Adjustments
<b>Seat:</b>	3 Seat Adjustments
<b>Frame:</b>	11-gauge steel frame, Electrostatic Powder Coated Finish, Rubber Feet
<b>Application:</b>	Home to Full Commercial

### WARRANTY:

**10 years:** Frame  
**2 years:** Cables, Pulleys, Weight Plates, Bushings, & guide rods  
**90 days:** Upholstery, finish, pull pins, rubber grips, & all other parts