

LC-FID - FLAT INCLINE DECLINE BENCH



PRODUCT FEATURES

The Legion LC-FID Centurion Flat Incline Decline Bench is designed to be the perfect partner for your workouts! The Legion LC-FID Centurion Flat Incline Decline Bench is ideal for dumbbell workouts, smith machines, squat racks, and power racks!

The back pad can easily be adjusted between 7 different levels, and the seat pad incorporates three positions to accommodate multiple exercise positions. Heavy-duty main pad thickness is designed to keep you securely positioned and comfortable – this thick & durable upholstery holds up in any setting.

PRODUCT SPECIFICATIONS

Item Number:	LC-FIDG (Gray) LC-FIDB (Black)
Weight:	84 lbs (38 kg)
Back:	7 Back Pad Adjustments
Seat:	3 Seat Adjustments
Frame:	11-gauge steel frame, Electrostatic Powder Coated Finish, Rubber Feet
Application:	Home to Full Commercial

WARRANTY:

10 years: Frame
2 years: Cables, Pulleys, Weight Plates, Bushings, & guide rods
90 days: Upholstery, finish, pull pins, rubber grips, & all other parts