

# X5 BALLISTA PRO STRENGTH TRAINER



## PRODUCT FEATURES

### Hundreds of Exercise Possibilities in a Single Half Rack Footprint!

The Legion X5 Ballista Pro All-In-One Trainer is the perfect Multi Trainer for your home, athletic facility, commercial gym, or training studio. It's truly a beast!

The X5 Ballista Pro is nine strength training machines in one, featuring a 1:2 cable pulley ratio, 11-gauge steel uprights (3"x3"), and over a dozen functional attachments.

The unit combines a half-rack, functional trainer with dual integrated 200 lbs. weight stacks, chin up, landmine, suspension trainer, and a low row station into one compact strength training system.

Attachments included with the X5 Ballista: Olympic Bar Holders, Weight Plate Horns, Spring Collars, Spotter Arms, J-Hooks, Foot Plate for Low Row, Landmine, Handles, Multi-Grip Lat Pulldown Handle, Long Straight Bar, Short Straight Bar, Triceps Rope, Triceps Pushdown Bar, Close Grip Triangle, Jammer Arms, Lat Pulldown Seat w/Knee Holder, and 4 Storage Trays.

## PRODUCT SPECIFICATIONS

<b>Item Number:</b>	LS-X5PRO
<b>Dimensions:</b>	L 70" x W 57" x H 92" (L 178 x W 145 x H 234cm)
<b>Shipping Weight:</b>	1140 lb (base), 339 lb (attachments)
<b>Weight:</b>	1350 lb (unit + accessories)
<b>Weight Rating:</b>	992 lb (unit), 772 lb (chin up)
<b>Weight Stacks:</b>	(2) 200 lb weight stacks
<b>Pulley Ratio:</b>	1:2 ratio with 100 lb loaded, resistance is 50 lb
<b>Cables:</b>	6.2mm nylon coated mil spec aircraft quality cable
<b>Frame:</b>	3" x 3" 11-gauge steel frame, 3mm thickness, Electrostatic Powder Coat Finish, Rubber Feet
<b>Spacing:</b>	Westside Spacing with 42 Adjustment Points
<b>Application:</b>	Home to Full Commercial

### WARRANTY:

- 10 years:** Frame
- 2 years:** Cables, Pulleys, Weight Plates, Bushings, & guide rods
- 90 days:** Upholstery, finish, pull pins, rubber grips, & all other parts