

LC-FID FLAT INCLINE DECLINE BENCH







PRODUCT FEATURES

The back pad can easily be adjusted between 7 different levels, and the seat pad incorporates three different positions to accommodate multiple exercise positions.

Heavy duty main features thick & durable upholstery designed to hold up in any setting. Rear transport wheels with a front transport handle make the FID Bench very easy to move.

SOLID STEEL FRAME

11 gauge steel frame

BACK PAD

7 Back Pad Positions

SEAT

3 Adjustable Positions

PRODUCT SPECIFICATIONS

Item Number: LC-FID

Frame: 11 gauge steel frame
Frame Coating: Premium power coating

& paint

Back Pad:7 Back Pad PositionsSeat:3 Adjustable Positions

WARRANTY:

10 years: Frame

2 years: Cables, Pulleys, Weight Plates, Bushings, & guide rods 90 days: Upholstery, finish, pull pins, rubber grips, & all other parts