

400 RECUMBENT BIKE

The C400 Recumbent Bike combines reliability with a step-through design for users of any fitness level to enjoy. The compact, self-powered options allow you to maximize the space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.



FEATURES

- Self-Generating Capability (Or plug-in, depending on console)
- 30 Resistance Levels
- 40-450 Watts Workload Range

SPECIFICATIONS

DIMENSIONS (L X W X H)

65" x 30" x 54" / 166 cm x 76.2 cm x 137.16 cm

RESISTANCE SOURCE

Hybrid Self-Generating Brake

DRIVE SYSTEM

Single Stage Drive System with Poly-V Belt

PRODUCT WEIGHT

165 lbs / 76 kg

COLOR

Charcoal/Black

Multiple Reclining
Seat Positions

Multi Position
Handlebar design
with Moisture-
Resistant Sleeves

Bottle Holder

2 Front
Transport Wheels
for easy portability



CONSOLE OPTIONS



ENVISION II
16" Touchscreen



ENVISION II
9" Touchscreen



SHOWRUNNER II
16" Integrated LCD



EMERGE II
LED Console

400 SERIES



C400 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge II or Envision II 9"), 220V Option Available (with Envision II 16" and Showrunner II)
	Cord Length	10' / 3.0 M
	Drive System	Single Stage Drive System with Poly-V Belt
	Crank	1-Piece Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	40-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 25 Forward and Backward Position Settings
	Handlebar Design	Multi Position with Moisture-Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES		Envision II 16", Envision II 9", ShowRunner II, Emerge II
ASSET MANAGEMENT		EcoFit
SAFETY		Reinforced Walk-Through Design
REGULATORY APPROVALS		ETL UL1647, CSA, CE, FCC
EXTRAS	Accessories	Water Bottle Holder, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	65" L x 30" W x 54" H / 166 cm x 76.2 cm x 137.16 cm
	Machine Weight	165 lbs / 76 kg
	Shipping Weight	185 lbs / 84 kg
	Maximum User Weight	400 lbs / 181 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Commercial
	Frame	Lifetime
	Parts	5 Years (Envision Console is 3 years)
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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