

DUAL SIDED HALF RACK XFW-8300

Featuring as many as three rack stations and a number of versatile training tools, the space efficient and stylish XFW-8300 Dual Sided Half Rack is designed to accommodate multiple users and withstand the rigorous demands of heavy use athletic training environments. Construction combines 11 gauge tubing with 7 gauge uprights for maximum performance under load, while the availability of a variety of training options insures that your athletes always have the tools they need to succeed.

SHOWN (Optional)
Chin Bar, Core Trainer,
Plate Holders, Band Pegs,
and Dip Station.

*Accessories including Bumper
Plates and Olympic Bars
are not included

Attachment points on upper frame
accommodate Optional Chin Bars
and Suspension Brackets.

CHIN BAR (Optional)



PLATE STORAGE (Optional)
8 posts for Olympic and Bumper
plates with integrated storage pegs
for resistance bands and chains

**19 VERTICAL
CATCH POSITIONS**

Your choice, clearly marked (1-19)
in 3" increments (8 cm)

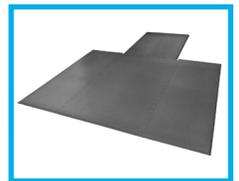
DIP STATION
(Optional)
Attaches easily
in multiple
locations



CORE TRAINER
(Optional)
Perfect accessory
for ground based
training

**2 UPRIGHT OLYMPIC
BAR STORAGE POSTS**
Come standard

BAND PEGS (Optional)
Lower band pegs for band
resistance exercises



OPTIONS AVAILABLE

- DIP STATION** (max 4)
- PLATE STORAGE** (cannot combine w/ Center Catch Rails)
- SUSPENSION BRACKET** (max 2) (not shown)
- CHIN BAR** (max 4)

- CORE TRAINER** (max 2)
- CENTER CATCH RAILS**
(cannot combine w/ Plate Storage)
- BAND PEG KIT** (pair)(max 4)

- 3/4" SHOK-LOK™**
4x8' or 6x8' rubber platforms
with insert and custom logos.

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SPECIFICATIONS

BASE UNIT DIMENSIONS L X W X H

105" x 51" x 92" / 267 cm x 130 cm x 234 cm

PRODUCT WEIGHT

Machine Weight (no options): 547 lbs. / 248 kg

Max Load Capacity: 765 lbs. / 347 kg

COLOR

Powder coat finish in charcoal.

FRAME COLOR OPTIONS: Custom Color options available. Contact your sales representative for more information.



CENTER CATCH RAILS (Optional)

Make for a 3rd rack position



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