



TUFFSTUFF
FITNESS INTERNATIONAL



CT Fitness Training System



Let the Functional Training Revolution Begin!

The TuffStuff CT Fitness Training System ignites a revolution in functional training!

Made in the USA from materials only seen in the highest quality commercial strength equipment, the CT Fitness Training System offers modular options, design elements and customization for people of all ages and fitness levels.

The creative modular design gives personal trainers, studio owners and full service fitness facilities the ability to build custom exercise stations that best suit their individual and group fitness needs. With the CT Fitness Training System fitness professionals can develop an avalanche of training protocols for large groups, boot camps, individual programs and cross conditioning circuits that emphasize every aspect of functional strength, flexibility and endurance.

The CT is the perfect training system for clubs and studios looking to save cost and floor space, while maximizing their training options for revolutionary gains in revenue and profitability.





PLEASE NOTE: CT8 Fitness Training System as shown is a custom configuration and color. Accessories not included.



Tri-Level 1-1/4" Grip Chin Bars
(Standard – CT8 system)

10' Parallel Suspension Bars
(Standard – CT8 system)

CT-8250 Heavy Bag Training Module
(Option)

10' Monkey Bar Station
(Standard – CT8 system)

Adjustable Height Ring Station
(Standard – CT8 & CT6 systems)

Peg Board/High Medicine Ball Rebounder
(Standard – CT8 & CT6 systems)

CT-8320 Multi-Strap Training Boom
(Option)

Tri-Level 2" Grip Chin Bars
(Standard – CT8 system)

CT-8210 Medicine Ball Rebounder Training Module
(Option)

CT-8220 Adjustable Step-Up/Stretch Training Module
(Option)

CT-8240 Kettle Bell Training Module
(Option)

Adjustable Horizontal Push/Pull Bar Station
(Standard – CT8 system)



WARNING. Anchor holes are provided and must be bolted down securely to a solid and level surface.

Training Modules



CT-8210
Medicine Ball Rebounder



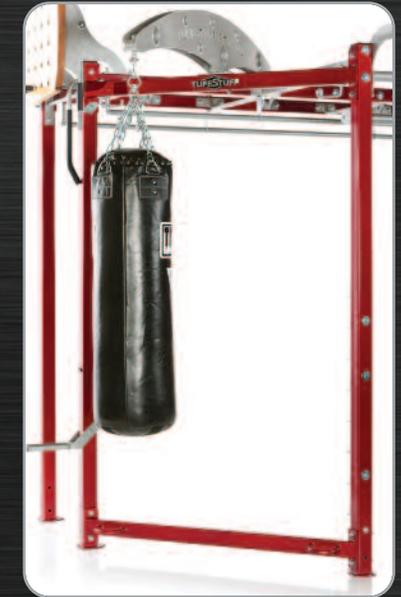
CT-8220
Adjustable Step-Up/Stretch



CT-8230
Battle Rope



CT-8240
Kettle Bell



CT-8250
Heavy Bag

Optional Stations & Accessories



CT-8310 Squat/Press Racking Station



CT-8260 Dual Adjustable Pulley
Shown with optional CT-8380 Accessory Kit
(Includes Squat Bar, Low Row Bar & Holder Plate)



CT-8320 Multi-Strap Training Boom



CT-8360 Rock Climbing Connector



CT-8350 Dual Bar Suspension Connector

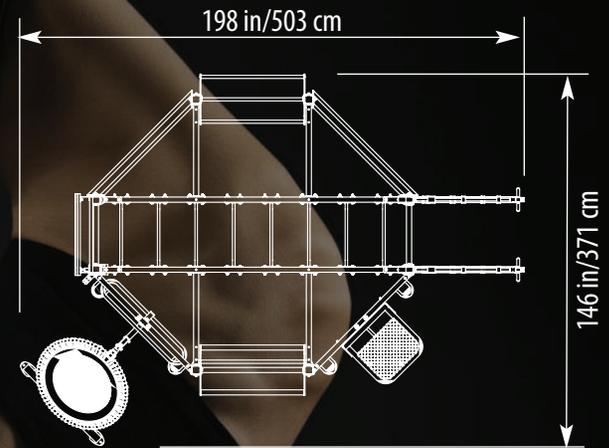


CT-8330* Olympic Bar Landmine



CT-8340* Dip Handle

* CT-8330 & CT-8340 cannot occupy same position.



Height: 117 in/297 cm Weight: 1050 lb/476 kg

Dimensions and weight vary with each custom configuration and training modules, options or accessories.

The CT Fitness Training System comes in various configurations and options. Call your sales representative to customize your choice of training modules, options and accessories, availability and costs.

Shown with CT-8210 and CT-8220 training modules.
Accessories not included.

CT-8100E Elite Fitness Trainer

Standard Features:

- Peg Board/High Medicine Ball Rebounder
- 10' Parallel Suspension Bars
- Adjustable Horizontal Push/Pull Bar Station
- (2) Dual Bar Training Modules
- 10' Monkey Bar Station
- Tri-Level 1-1/4" & 2" Grip Chin Bars
- Adjustable Height Ring Station
- Two (2) Training Modules (cost varies with different training modules)



Shown with CT-8210, CT-8220, CT-8230 and CT-8250 training modules

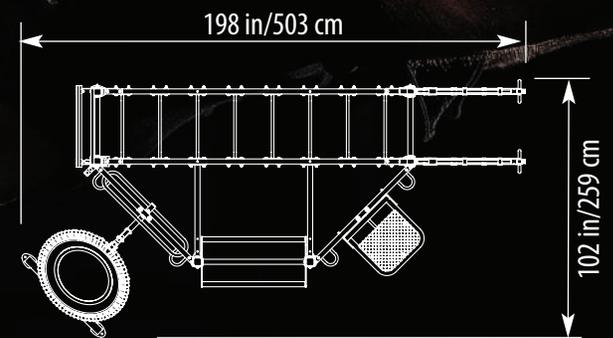


Shown with CT-8210 and CT-8220 training modules.
Accessories not included.

CT-8000B Base Fitness Trainer

Standard Features:

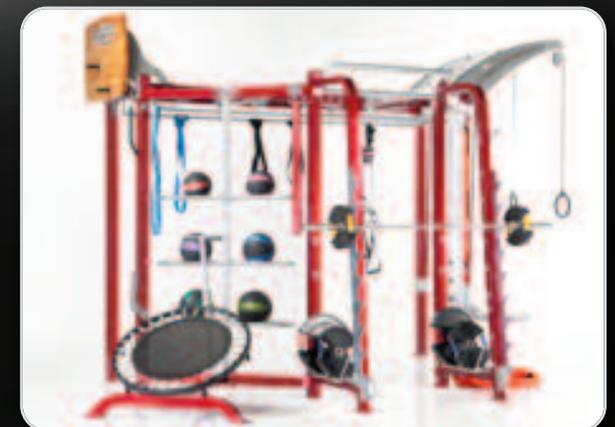
- Peg Board/High Medicine Ball Rebounder
- 10' Parallel Suspension Bars
- Adjustable Horizontal Push/Pull Bar Station
- Two (2) Training Modules (cost varies with different training modules)
- 10' Monkey Bar Station
- Tri-Level 1-1/4" & 2" Grip Chin Bars
- Adjustable Height Ring Station



Height: 117 in/297 cm Weight: 950 lb/431 kg

Dimensions and weight vary with each custom configuration and training modules, options or accessories.

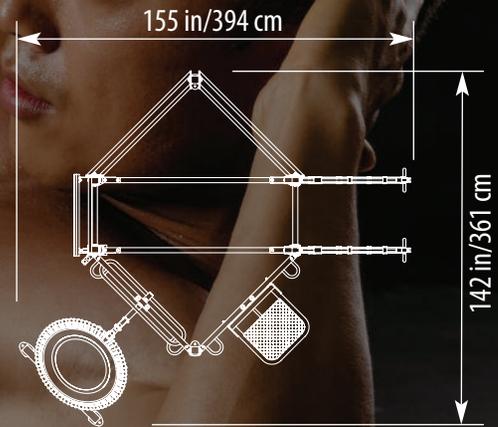
The CT Fitness Training System comes in various configurations and options. Call your sales representative to customize your choice of training modules, options and accessories, availability and costs.



Shown with CT-8210, CT-8220 training modules and CT-8310 Squat/Press Racking Station



Shown with CT-8210 and CT-8220 training modules.
Accessories not included.



Height: 117 in/297 cm
Weight: 895 lb/406 kg

Dimensions and weight vary with each custom configuration and training modules, options or accessories.

The CT Fitness Training System comes in various configurations and options. Call your sales representative to customize your choice of training modules, options and accessories, availability and costs.



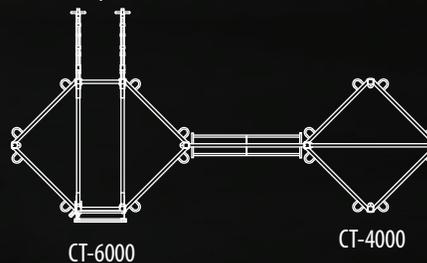
Shown with CT-8210, CT-8220, CT-8230 and CT-8240 training modules

CT-6000 Fitness Trainer

Standard Features:

- Peg Board/High Medicine Ball Rebounder
- (2) Dual Bar Training Modules
(Option: can be replaced by any training modules of your choice for additional costs).
- Adjustable Height Ring Station
- Your choice of two (2) Training Modules

Can be combined with CT-4000 unit in Daisy-chain fashion. (see page 10 for more options).





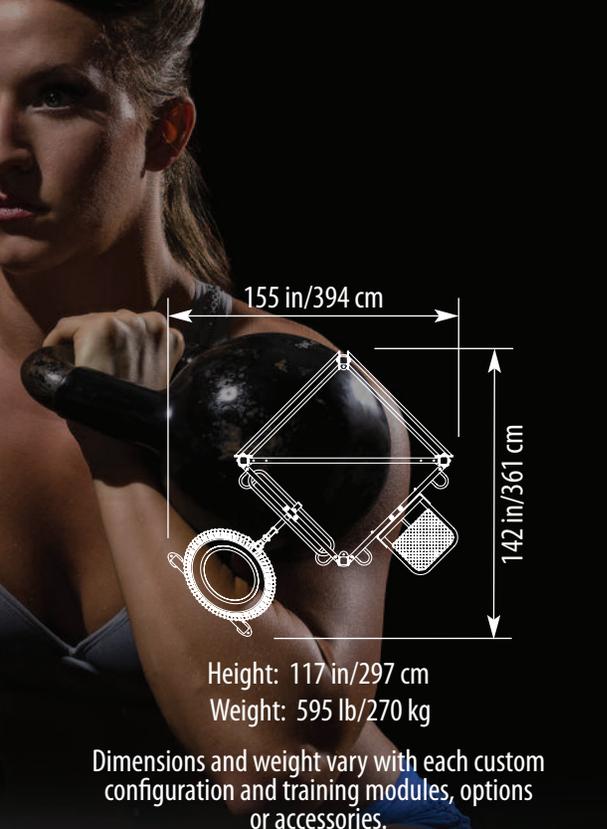
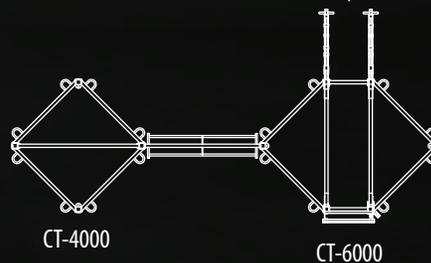
Shown with CT-8210 and CT-8220 training modules.
Accessories not included.

CT-4000 Fitness Trainer

Standard Features:

- (2) Dual Bar Training Modules
(Option: can be replaced by any training modules of your choice for additional costs).
- Your choice of two (2) Training Modules

Can be combined with CT-6000 unit in Daisy-chain fashion. (see page 10 for more options).



The CT Fitness Training System comes in various configurations and options. Call your sales representative to customize your choice of training modules, options and accessories, availability and costs.



Shown with CT-8220, CT-8230, CT-8240 and CT-8250 training modules



107 in/272 cm

65 in/165 cm

Height: 96 in/297 cm
Weight: 775 lb/352 kg

Dimensions and weight vary with each custom configuration and training modules, options or accessories.

The CT Fitness Training System comes in various configurations and options. Call your sales representative to customize your choice of training modules, options and accessories, availability and costs.

Shown with CT-8220 and CT-8310 training modules. Accessories not included.

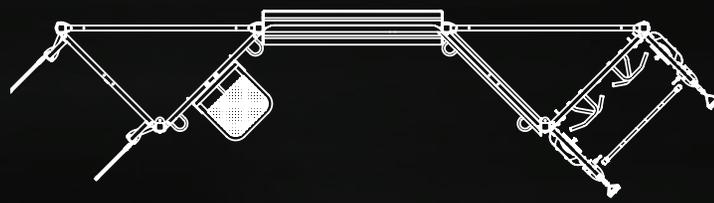


Shown with CT-8220 and Dual Bar training modules

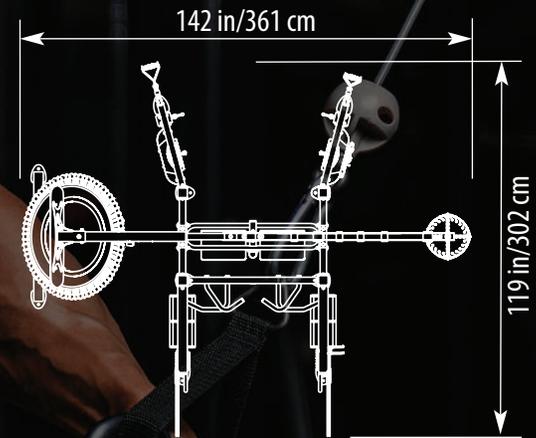
CT-2000 POD Fitness Trainer

Standard Features:

- Your choice of two (2) Training Modules (cost varies with different training modules)



Can be combined with another CT-2000 unit in Daisy-chain fashion (see page 12 & 13 for details).



Height: 119 in/302 cm Weight: 1680 lb/762 kg

Dimensions and weight vary with each custom configuration and training modules, options or accessories.

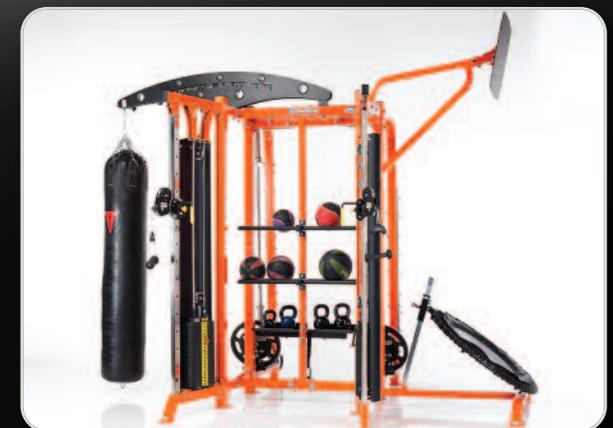
The CT Fitness Training System comes in various configurations and options. Call your sales representative to customize your choice of training modules, options and accessories, availability and costs.

Shown with CT-8210 (custom), CT-8250, CT-8260 and CT-8310 training modules. Accessories not included.

CT-7100E Compact Fitness Trainer

Features as shown:

- Steel Peg Board/High Medicine Ball Rebounder
- Dual Adjustable Pulley system (includes accessory kit).
- Squat/Press Racking station with adjustable safety stoppers.
- Built-in knurled zinc plated multi-grip pull-up station.
- Heavy bag training module
- Custom colors as shown.



CT-7100E side view.





CUSTOMIZATION

TuffStuff is a multi-level, integrated and experienced manufacturer that can deliver the final product to exacting specifications, quality and lead time demands.

TuffStuff's ability and willingness to customize and modify products to meet customer's specific needs sets us apart from our competition.

CT-2000 POD Fitness Trainer

Custom configuration:

CT-2000 POD (left):

- CT-8220 Adjustable Step-Up/Stretch
- CT-8310 Squat/Press Racking System

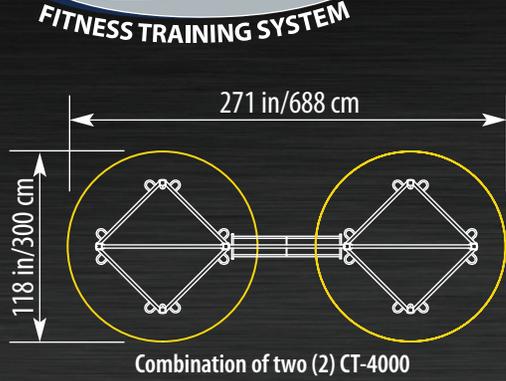
Center Piece:

- CT-8393 Custom Laser Cut logo attachment
- CT-8392 Medicine/Slam Ball Rack
- CT-8391 Multi-Position Dumbbell/Kettlebell Tray
- CT-8390 Horizontal Bumper Plate Rack

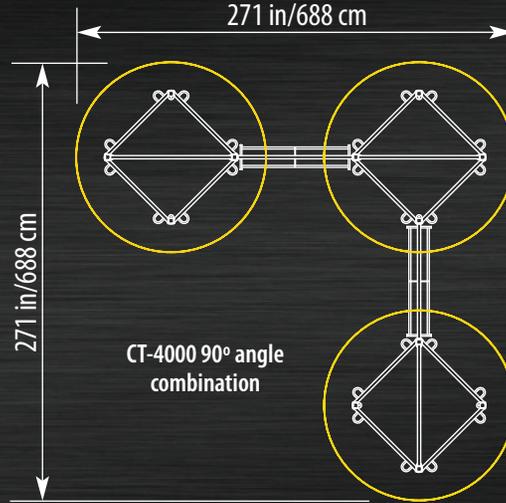
CT-2000 POD (right):

- CT-8260 Dual Adjustable Pulley
- Dual Bar Training Module

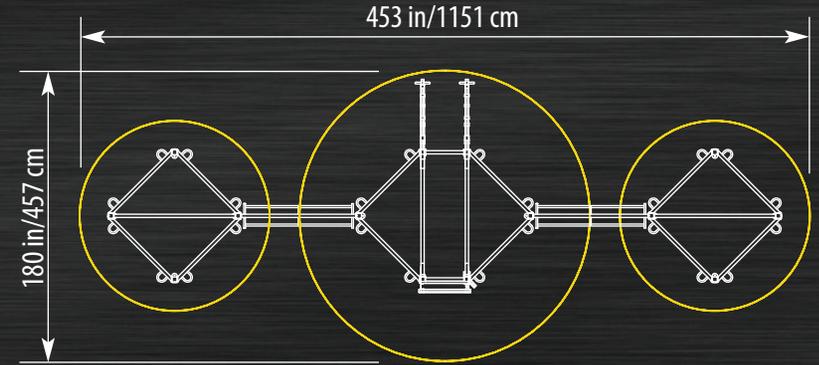
The CT Fitness Training System comes in various configurations and options. Call your sales representative to customize your choice of training modules, options and accessories, availability and costs.



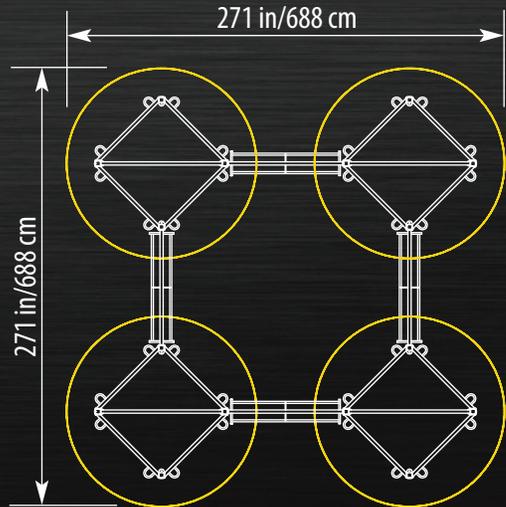
Combination of two (2) CT-4000



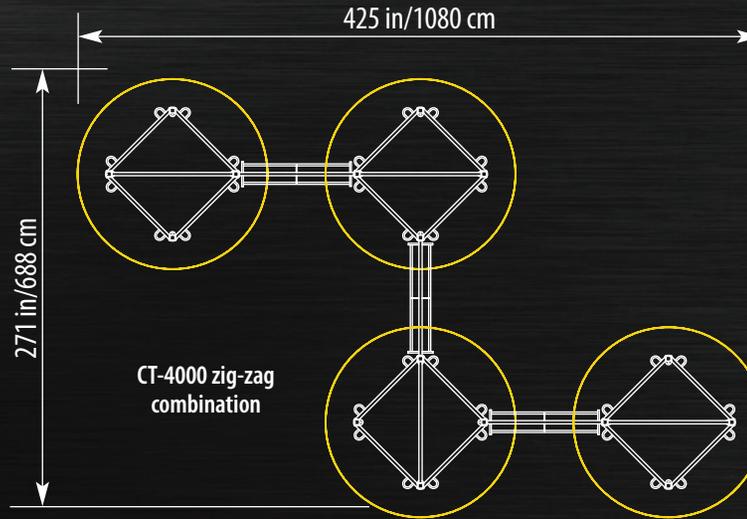
CT-4000 90° angle combination



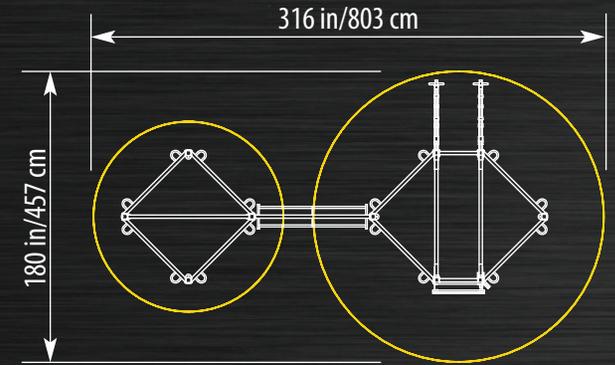
Combination CT-4000 & CT-6000 & CT4000



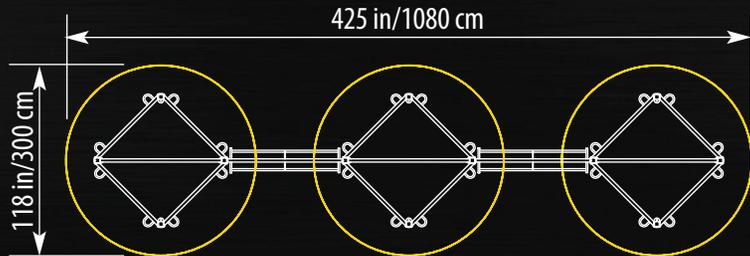
Combination of four (4) CT-4000



CT-4000 zig-zag combination



Combination CT-4000 & CT-6000

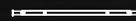


Combination of three (3) CT-4000

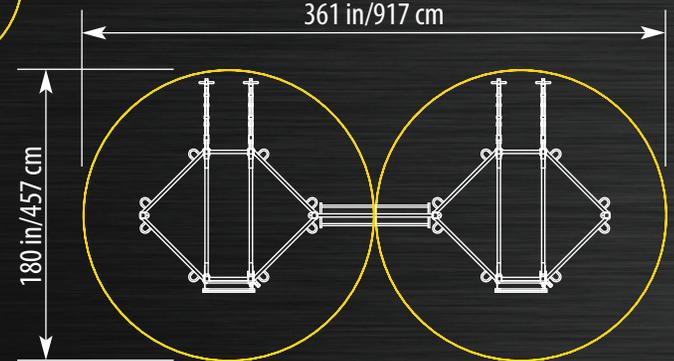
CONNECTOR OPTIONS



CT-8350 Dual Bar Connector



CT-8360 Rock Climbing Connector



Combination of two (2) CT-6000

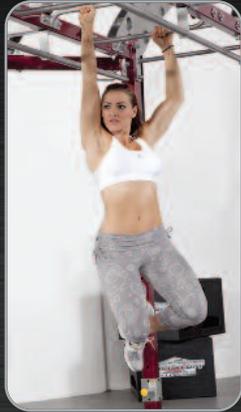
Ignite your training with endless exercises and experiences!



Peg Climb



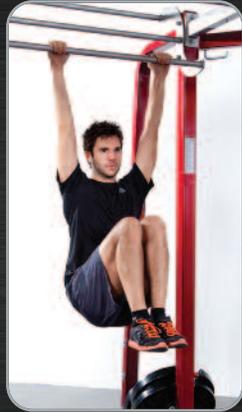
Hand-Over-Hand Crawl



Overhand Monkey Bar



Bar Climb



Hanging Knee Raise



Crosscore Fly



Inverted One Arm Chin Up



Incline Push Up



Ring Dip



Tricep Speed Dribble



Sit Up Med Ball Throw



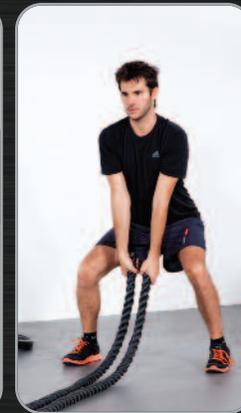
Supported Pistol Squat



Bulgarian Split Squat



Rope Pull



Rope Slam



Kettlebell Lunge



Kettlebell Swing



Side Kick



Muay Thai Knee Strikes



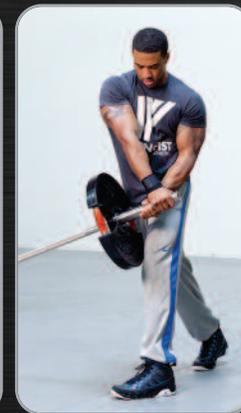
Band Resistance Squat



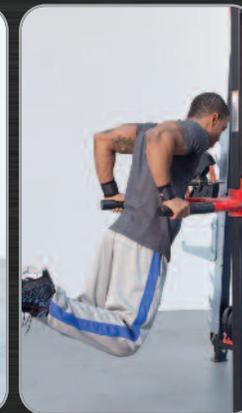
Decline Bench Press



Alt. Overhead Lateral



Straight Arm Rotation



Bar Dip

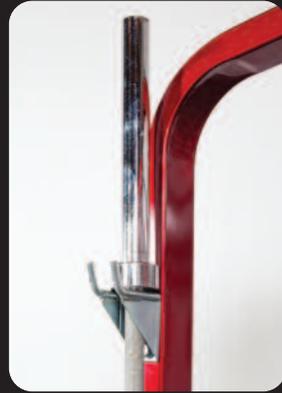
CT Fitness Training System Design Features:



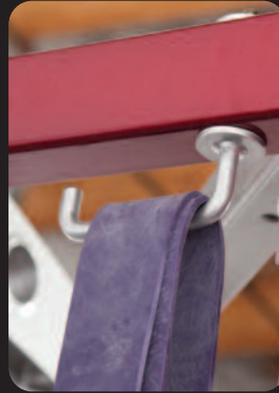
Peg Handle Holder



Peg Board Step



Olympic Bar Holder



Accessory Storage Hooks



Anchor Loops



Bumper Plate Storage



Safety Handle



Step Deck Storage Rack
(Included with CT-8220)



(1) Charcoal Texture; (2) Platinum Sparkle; (3) Red Baron; (4) Sky White;
(5) Twilight Blue; (6) Matte Black and (7) Wrinkle Black

CUSTOMIZATION:

Call your sales representative for special custom outdoor protection of the equipment.

Specifications

- Structural main frame are constructed of 3"x 3" and 2"x3" x .120 (11-gauge) tubular steel with a combination of 1", 1-1/4" and 2" round and other 11-gauge tubular steel.
- Welded construction by inert-gas welding.
- All mounting plate connectors are 3/8" thick cold rolled steel.
- Floor mount anchor plates made of 1/4" grade steel.
- Electrostatically applied powder coat finish.
- All frame bolts and nuts are blue zinc plated grade 5.
- 1/4" non-slip aluminum tread bright step platform.
- Must be bolted securely to a solid and level surface by a licensed contractor.

Commercial Warranty

10 YEARS:	Frames, welds and weight plates.
5 YEARS:	Pulleys, bushings and guide rods.
1 YEAR:	Peg Board (excluding finish & logo), cables, and pull-pin components.
6 MONTHS:	Finish/coating, plastic glides, nylon rings & straps, rubber grips and hardware.
NINETY (90) DAYS:	Medicine ball rebounder.

Accessories not included or covered under warranty.

Refer to the Owner's Manual/Assembly Instruction for details, assembly & maintenance requirements, review and understand all danger, warning and caution labels. For exercises and procedures, please refer to the Training Manual and DVD included.

NOTICE: TuffStuff continually engages in research related to product improvement. As a result, the product received by the customer may differ slightly from its published description. Improvements in materials, production techniques and design refinement may at any time be introduced into our products. TuffStuff reserves the right to make changes in its product without notice.



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