

There are several key areas that define a well designed treadmill, and the XT285 offers each of them. The XT285 comes equipped with a comfortable belt and cushioning system, powerful drive motor, durable and stable frame, straightforward console and programming, and eye catching aesthetics. All of these features are important in building a quality treadmill that will retain its value for many years.

FEATURES

- 7.5" bright blue backlit LCD screen
- Direct access Speed and Incline buttons to save time and make workouts more efficient
- Remote Handlebar Toggles for both speed and incline allow for secure workout changes without taking your hands off the side handlebars
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included)
- Spacious 20" x 60" workout area with powerful 3.0HP motor
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data





EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Tablet Friendly Reading Rack, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, HR 1-2
Heart Rate	Contact & Telemetric, Heart Rate Transmitter Strap Included
Speed/Incline	0.5 - 12 mph / 12 Levels
Handlebar Toggles	Yes, Speed & Incline
Drive Motor	3.0 HP
Deck	1″ Thickness
Belt	20″ × 60″
Rollers	2.5" & 2.0" (Crowned)
Frame	Folding, Heavy-Gauge High Strength w/ Durable Powder Coat Paint
Dimensions	81" x 35" x 58"
Product Weight	236 lbs.
Max User Weight	350 lbs.
WARRANTY INFOR	MATION Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 years, Labor: 1 year

Ver 3.0