



# CRW800H2O WATER ROWER



COMMERCIAL-GRADE  
HANDLE DESIGN



FLUID RESISTANCE



ADJUSTABLE PEDALS

The new SPIRIT Fitness **CRW800H2O** Water Rower is a fresh take on one of the most popular full-body workouts available. Constructed with a heavy-duty steel frame and aluminum tracks, this rower is built to last while delivering smooth and quiet performance time and time again. The water tank provides up to 6 levels of resistance, and is positioned at a 45-degree angle to provide an increased range of resistance compared to other rowers on the market. The large flex footplates, comfortable padded handles, and generous 15" seat height make the **CRW800H2O** one of the most comfortable and accessible commercial rowers available.

## CRW800H2O WATER ROWER

- 6 levels of water resistance
- Heavy duty steel frame can be positioned upright for storage
- Adjustable console provides the perfect viewing angle
- Commercial grade padded handlebar is both comfortable and durable
- Aluminum tracks for quiet and smooth performance
- Large flex footplates and adjustable straps keep feet secure
- Raised 15" seat height gets users on and off with ease
- Large ergonomically molded seat for ultimate comfort
- Tank is pressure tested for long-lasting performance, and angled at 45 degrees to increase range of resistance compared to flat tank designs





Large, Easy-To-Read Display

Easy-Touch Target Program Buttons

Over 5 Engaging Programs

Displays Time, Distance, Calorie, Pulse, SPM, Strokes, Total Strokes, Watts, 500 Time / Avg Time 500, and Level

Up / Down Navigation Buttons

Oversized Selection Button for Ease of Use

Water Level Adjustment

## CRW800H2O CONSOLE FEATURES

The new CRW800H2O console features a large, easy-to-read 5.5" LCD and an adjustable viewing angle, ensuring athletes have access to vital workout data when and where it matters most. Clearly marked sections display data including Time, Distance, Calories, Pulse, SPM, Total Strokes, Watts, 500 Time / Avg Time 500, and Level. With 5 pre-programmed workouts and optional manual settings, users of all levels stay engaged and at the peak of their training. The CRW800H2O console also automatically detects strokes, so getting started is as easy as sitting down and pulling on the handlebar.

### EQUIPMENT SPECIFICATIONS

CONSOLE	5.5" LCD, adjustable console angle
PROGRAMS	Manual, Target time, Target distance, Target stroke, Target calories, Target HR
HEART RATE	Telemetric compatible (chest strap sold separately)
RESISTANCE	Water (6 levels)
POWER	Console requires 4 AA batteries (included)
SEAT	Ergonomically molded seat
FOOTRESTS	Large adjustable flex footplates with adjustable straps
FRAME	Heavy-duty frame with durable aluminum slide rails
SEAT TRAVEL	28.5"
RAIL LENGTH	40.5"
DIMENSIONS	Assembled: 79.5" x 20.7" x 33.9" / Standing: 26.5" x 20.7" x 79.5"
PRODUCT WEIGHT	76.4 lbs
MAX USER WEIGHT	375 lbs

### WARRANTY INFORMATION

Commercial (Non-Dues Paying Facilities) – Lifetime frame, 5 years parts and electronics, and 2 years labor