

## POWER RACK WITH PLATE HOLDERS XFW-7900

Offering modern styling, high-quality construction, and time-tested innovative designs, XFW racks truly represent the best in form, function and reliability.

8-plate holders  
come standard

### FEATURES

- 23 available adjustment points at 3"/8 cm increments
- Fully adjustable bar catches and chrome-plated catch rails accommodate wide range of exercises
- Integrated pull-up station includes wide and narrow grips
- Eight plate holders come standard
- Floor anchor provisions in frame



23-adjustment points  
with catch assembly

### SPECIFICATIONS

#### DIMENSIONS L X W X H

73" x 66" x 92" / 185 cm x 167 cm x 233 cm

#### PRODUCT WEIGHT

368 lbs / 167 kg

#### COLOR

Powder coat finish in charcoal.

FRAME COLOR OPTIONS: Custom Color options available. Contact your sales representative for more information.



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