

## Z5.0 TREADMILL

The TRUE Z5.0 Treadmill is the classic TRUE Treadmill. With TRUE's uncompromising standards for quality and a frame that allows full use of the running surface, but keeps the footprint small to maximize your space, the Z5.0 is the perfect treadmill for your home fitness needs. The sleek and intelligent design complements a room instead of taking it over. Bring this classic home and it will become a legend in your house.



GymTrakr App  
Connectivity and Tracking



RunFit App

### FEATURES

- A small footprint that fits into any home
- Quiet motors for the smoothest workout possible
- A lubricant-infused orthopedic belt for a low-impact experience on your joints
- HRC Cruise Control® that gradually adjusts speed and incline to maintain a constant target heart rate throughout your workout

### SPECIFICATIONS

#### DIMENSIONS (L X W X H)

68" x 28" x 55" / 172 cm x 71 cm x 140 cm

#### SPEED

0.5 to 12.0 MPH / 0.8 to 19.3 km/H

#### INCLINE/DECLINE LEVELS

0% to 15%

#### PRODUCT WEIGHT

260 lbs / 118 kg

#### COLOR

Silver

### CONSOLE OPTIONS



**TWO WINDOW  
LCD DISPLAY**



# RESIDENTIAL



## Z5.0 TREADMILL

SKU: TZ5.0

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 24 M
	Drive Motor	3 HP DC continuous
	Belt	Lubricant Infused Orthopedic
	Impact System	TRUE Soft System®
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Speed Range	0.5 to 12.0 MPH / 0.8 to 19.3 km/H
	Incline/Decline Range	0% to 15%
	Quick Access	Quick Touch Speed & Quick Touch Incline Keys
	Handrail Design	Protective Dipped
	Straddle Cover Design	Aluminum
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar Compatible
	Connectivity	App Connectivity via GEM Module prior to starting workout
	CONSOLE	Display
Workouts		Manual, Hill Intervals, Rolling Hills, Cardio Challenge , Walk and Run Intervals, Speed Ramp, 5K, 10K, Half Marathon
Saved Workouts (If Activated)		Console Saves Last Ten (10) Workouts Automatically, Four (4) user profiles, up to Five (5) Saved Workouts for each profile
SAFETY	Removable Safety Clip	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder (2), Device Ledge
PHYSICAL SPECIFICATIONS	Footprint	68" L x 28" W x 55" H / 172 cm x 71 cm x 140 cm
	Running Surface	54" L x 20" W / 137 cm x 51 cm
	Machine Weight	260 lbs. / 118 kg
	Maximum User Weight	400 lbs. / 181 kg
	Step-Up Height	5.5" / 14 cm
	Portability	Two (2) Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	10 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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