

200 RECUMBENT BIKE

TRUE'S dedication to enabling users to live a healthier lifestyle is the premise for every one of TRUE'S designs and the CS200 Recumbent Bike is another gleaming example. With 24 seat positions and infinite reclining seat back positions, users of all sizes can take advantage of the CS200 Recumbent Bike, which offers challenging, resistance-based programs and features such as HRC for more advanced users. The CS200 Recumbent Bike is the perfect balance between elegance and simplicity making it the perfect addition to any fitness center.

FEATURES

- Self-Generating
- Core Drive® System
- Hybrid Self-Generating Brake
- 21" Stride Length
- Non-Slip Rubber Side Steps

SPECIFICATIONS

DIMENSIONS (L X W X H)

66.5" x 25.5" x 52" / 169 cm x 65 cm x 128 cm

RESISTANCE SOURCE

Hybrid Self-Generating Brake

DRIVE SYSTEM

Dual Stage Drive System with Poly-V Belts

PRODUCT WEIGHT

164 lbs / 75 kg

COLOR

Black

Ergonomic Seat with
24 Position Settings



2-Front transport wheels for easy portability



TWO WINDOW LCD DISPLAY

Standard two window LCD display console featuring 12-15 programs, HRC Heart Rate Control® cruise control, CSAFE power.

200 SERIES



CS200 RECUMBENT BIKE

| | | |
|--------------------------|--------------------------------|--|
| TECHNICAL SPECIFICATIONS | Power Source | Self-Generating |
| | Drive Motor | Dual Stage Drive System with Poly-V Belts |
| | Crank | 1-Piece Forged Steel Crank System with Sealed Bearings |
| | Resistance Source | Hybrid Self-Generating Brake |
| | Resistance Levels | 30 |
| | Workload Range | 40 - 400 Watts |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel |
| | Pedals | Dual Sided and Weighted with Integrated Ratcheting Strap |
| | Seat | Ergonomic Seat with 24 Position Settings |
| | Handlebar Design | Multi Position with Moisture Resistant Sleeves |
| | Contact Heart Rate Monitoring | Yes |
| | Wireless Heart Rate Monitoring | Polar® Compatible |
| | CONSOLE | Display |
| Programs | | 15 |
| HRC Workouts | | 4 |
| HRC Cruise Control | | Standard |
| TRUE Speed Fine Control | | Standard |
| Bike Simulation | | Standard |
| Fitness Test | | YMCA Protocol |
| CSAFE Power | | Standard |
| SAFETY | Diagnostic | Standard |
| | | Reinforced Walk-Through Design |
| REGULATORY APPROVALS | | ETL UL1647 |
| EXTRAS | Accessories | Reading Rack/Tablet Holder |
| PHYSICAL SPECIFICATIONS | Footprint | 66.5" L x 25.5" W x 52" H / 169 cm x 65 cm x 128 cm |
| | Machine Weight | 164 lbs / 75 kg |
| | Shipping Weight | 170 lbs. / 78 kg |
| | Maximum User Weight | 350 lbs. / 159 kg |
| | Portability | 2 Front Transport Wheels |
| WARRANTY | Warranty Type | Vertical Market 6-8 hours usage per day |
| | Frame | Lifetime |
| | Parts | 5 Years |
| | Labor | 1 Year |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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