



# AB900 AIR BIKE



FULL DISPLAY & 1-TOUCH PROGRAMS



INFINITE RESISTANCE



INTEGRATED WINDSCREEN

The **AB900** is a classic design of a classic modality. With its dynamic, air-driven resistance system, this air bike is a powerful tool for all types of training situations — from low RPM, low load rehabilitation to high performance, high Watt output interval training. Resistance matches the user's effort and accommodates upper-body only and total body exercise. The compact design allows the AB900 to be placed anywhere in a facility for easy programming integration.

## AB900 AIR BIKE

- Air-driven resistance delivers a simultaneous upper and lower-body challenge allowing the user to emphasize pushing and pulling or experience a total-body workout.
- Highly durable to accommodate even the most challenging high intensity interval workouts.
- Standard, integrated windscreen to prevent blowback for user comfort.





## AB900 CONSOLE FEATURES

<b>DISPLAY</b>	interval, target time, distance, calories, watts, speed, RPM, heart rate
<b>MODES</b>	quick start, target time, target distance, target calories, target heart rate, interval 20-10, interval 10-20, interval custom
<b>WORKOUT SUMMARY</b>	total time, total distance, total watts
<b>FUNCTION KEYS</b>	up, down, start, stop, enter, Bluetooth
<b>TELEMETRIC HEART RATE RECEIVER</b>	5KHz supports most heart rate chest straps

## EQUIPMENT SPECIFICATIONS

<b>RESISTANCE</b>	27", 9-blade fan produces unlimited air resistance
<b>DRIVE SYSTEM</b>	1/8" chain
<b>SEAT ADJUSTMENT</b>	up/down – locking pop-pin, fore/aft – lever lock
<b>PEDALS/FOOTREST</b>	flat, platform-style pedals with anti-skid surface/knurled footrests for upper-body only workout
<b>CONSOLE REQUIREMENTS</b>	console requires 4 AA batteries
<b>FRAME CONSTRUCTION</b>	welded steel construction with bolt-on floor stabilizers
<b>LEVELER FEET</b>	rubber to protect flooring
<b>DIMENSIONS</b>	1220 x 658 x 1281 mm / 48 x 26 x 50 in
<b>PRODUCT WEIGHT</b>	54 kg / 119 lbs
<b>MAX. USER WEIGHT</b>	159 kg / 350 lbs
<b>CERTIFICATE</b>	CE (EN957 SB-class), FCC

## WARRANTY INFORMATION

Commercial (All Facilities) – 5 years frame, 2 years console and mechanical parts, and 1 year labor