



* Assembly Guide & Warranty Card Included

UC900 UPRIGHT BIKE OWNER'S MANUAL



Transcend Console



Escalate¹⁵ Console



Escalate⁹ Console



Emerge Console

UC900 UPRIGHT BIKE OWNERS MANUAL

IMPORTANT:

All products shown are prototype. Actual product delivered may vary.

Product specifications, features & software are subject to change without notice.

For the most up-to-date owner's manual please visit www.truefitness.com.

For documents in additional languages please visit www.truefitness.com/resources/document-library/

IMPORTANTE:

Todos los productos mostrados son prototipos. La realidad el producto suministrado puede diferir.

Especificaciones de productos, características y software están sujetas a cambios sin previo aviso.

Para la más actualizada de este manual del propietario, por favor visite www.truefitness.com

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IMPORTANT: Tous les produits présentés sont prototype. Le produit réel livré peut varier. Spécifications du produit, caractéristiques et logiciels sont sujettes à modification sans préavis. Pour la plus à jour le manuel du propriétaire s'il vous plaît visitez www.truefitness.com. Pour documents dans des langues supplémentaires, veuillez www.truefitness.com/resources/document-library/ de visite

重要提示：显示所有产品的原型。实际交付的产品可能有所不同产品规格，功能和软件如有更改，恕不另行通知迄今为止对于大多数的使用说明书，请访问www.truefitness.com 对于其他语言的文档，请访问www.truefitness.com/resources/document-library/

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WICHTIG: Alle hier gezeigten Produkte sind Prototypen. Das tatsächliche Produkt ausgeliefert wird, kann variieren. Produkt-Spezifikationen, Funktionen und Software können sich ohne vorherige Ankündigung ändern. In den meisten Fällen bis zu Bedienungsanleitung Bisher besuchen Sie bitte www.truefitness.com. Für Dokumente in weiteren Sprachen finden Sie unter www.truefitness.com/resources/document-library/

BELANGRIJK: Alle getoonde producten zijn prototype. Daadwerkelijke product geleverd kan verschillen. Product specificaties, eigenschappen & software zijn onderhevig aan verandering zonder kennisgeving. Voor de meest actuele handleiding van de eigenaar kunt u terecht www.truefitness.com. Voor documenten in andere talen kunt u terecht op www.truefitness.com/resources/document-library/

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UC900 UPRIGHT BIKE OWNERS MANUAL

A MESSAGE TO OUR CUSTOMERS

Frank Trulaske began TRUE Fitness® over thirty-five year ago with the simple philosophy of delivering superior fitness products, service, and support. Today, TRUE is the global leader in premium fitness equipment for the commercial and residential markets. Our goal is to be the leader in technology, innovation, performance, safety and style. TRUE has received many awards for its product over the years and remains the benchmark for the industry. Fitness facilities and consumers invest in TRUE products for their durable commercial platforms used in all its products, both commercial and residential alike.

The proud manufacturing tradition of quality and the culture of innovation at TRUE have given rise to a full line of extraordinary cardio and strength equipment. As a result, people all over the world are benefiting from the TRUE experience. Innovation across the full product line has made TRUE successful and is a trademark of the TRUE heritage. TRUE's patented Heart Rate Control technology is just one of the remarkable ways we deliver simple and superior performance every user can enjoy, and most importantly, use to achieve personal health and fitness goals.

At the heart of our success is the relentless and systematic life testing of both our products and their components. We have dedicated employees who understand our philosophy is to deliver the best products in the world.

Our goal is to deliver the world's best premium equipment for our customers' health and fitness solutions.

UC900 UPRIGHT BIKE OWNERS MANUAL

TABLE OF CONTENTS:

Chapter 1: Safety Instructions

Safety Instructions.....	5
Space Requirements.....	8
Grounding Instructions.....	9
Power Requirements.....	10
Warning Decals.....	11
Compliances.....	11

Chapter 2: Assembly Instructions

Pre Assembly Checklist.....	13
Assembly Steps.....	14
Exploded Diagram.....	30

Chapter 3: Product Overview

Product Overview.....	35
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Chapter 4: Programming & Operation

Heart Rate Monitoring.....	37
Heart Rate Control.....	38
Program Descriptions.....	39

Chapter 4A: Transcend Operation

Transcend Overview.....	42
Touchscreen Introduction.....	44
Touchscreen Navigation.....	44
Web Browser.....	50
Bluetooth Functions.....	51
TV Controls.....	54
Advanced Console Functions.....	55

Chapter 4B: Escalate¹⁵ Operation

Escalate ¹⁵ Overview.....	73
Console Navigation.....	75
TV Controls.....	79
Bluetooth Audio.....	80
Advanced Console Functions.....	82

Chapter 4C: Escalate⁹ Operation

Escalate ⁹ Overview.....	98
Console Navigation.....	100
Advanced Console Functions.....	106

Chapter 4D: Emerge Operation

Emerge Overview.....	115
Console Navigation.....	117
Advanced Console Functions.....	119

Chapter 5: Care & Maintenance

Care & Maintenance.....	123
Cleaning the Equipment.....	123
Running Belt Alignment.....	124
Tensioning the Running Belt.....	125
Belt Lubrication.....	125
Leveling the Equipment.....	126
Other Scheduled Preventive Maintenance.....	126
Long Term Storage.....	126

Chapter 6: Customer Service

Contacting Service.....	127
Contacting Sales.....	127
Reporting Freight or Parts Damage.....	128

Chapter 7: Additional Information


Troubleshooting Guide.....	129
Specification Sheet.....	137
Warranty Registration.....	139


CHAPTER 1: SAFETY INSTRUCTIONS

IMPORTANT SAFETY INSTRUCTIONS **SAVE THESE SAFETY INSTRUCTIONS**


This equipment is intended for a commercial or institutional setting. This owner's manual should be accessible to all personal trainers, faculty, and members.


 **WARNING:** ALL EXERCISERS MUST READ ALL INSTRUCTIONS BEFORE USING THE EQUIPMENT.

 **WARNING:** Heart rate monitoring systems may be inaccurate for some individuals. Over-exercising may result in serious injury or death. If you feel faint, stop exercising immediately.


 **WARNING:** Equipment should be immediately taken out of use if it fails to work properly or when a warning is presented electronically.

TRUE STRONGLY recommends seeing a physician for a complete medical exam before undertaking an exercise program, particularly if the user has a family history of high blood pressure or heart disease, is over the age of 45, smokes, has high cholesterol, is obese or has not exercised regularly in the past year. Additionally, TRUE recommends consulting a fitness professional on the correct use of this product. If at any time while exercising the user experiences faintness, dizziness, pain or shortness of breath, he or she must stop immediately.

 **WARNING:** To reduce the risk of electrical shock, always unplug this TRUE product before cleaning or attempting any maintenance activity. Do not handle the plug with wet hands.

 **WARNING:** To reduce the risk of burns, fire, electric shock, or injury, it is imperative to connect each product to a properly grounded 110V electrical outlet. A risk of electrical shock may result from improper connection of the equipment's grounding conductor. Check with a qualified electrician if you are unsure about proper ground techniques. Do not modify the plug provided with this product. If it will not fit an electrical outlet, have a proper outlet installed by a qualified electrician. Your TRUE Fitness product must be properly grounded to reduce risk of shock if the equipment malfunctions. Your equipment is equipped with an electrical cord, which includes an equipment grounding conductor and a grounding plug. The plug must be inserted into an outlet that has been properly installed and grounded in accordance with all local codes and ordinances. A temporary adapter cannot be used to connect this plug to a two-pole receptacle in North America. If a properly grounded 15 amp outlet is not available, a qualified electrician must install one.

 **WARNING:** Do not move the equipment by lifting the console. Do not use the console as a handlebar during a workout.


 **WARNING:** This product contains chemicals known to the state of California to cause cancer and birth defects or other reproductive harm.

 **WARNING:** Keep equipment stable on flat ground.


CHAPTER 1: SAFETY INSTRUCTIONS

 **WARNING:** Replace warning labels that may be worn, damaged, or missing.

 **WARNING:** Replace any non-working or damaged components, remove the unit from service until repair is performed.

 **WARNING:** To reduce the risk of burns, fire, and electric shock or injury to persons, follow these instructions:

- This appliance should never be left unattended when plugged in.
- Do not use any type of extension cord with this product.
- Unplug it from the outlet when not in use and before any servicing.
- Do not operate the equipment while being covered with a blanket, plastic, or anything that insulates or stops airflow.

 **WARNING:** Risk of personal injury-crushing hazard when equipment is in operation - Keep feet, hands, and fingers away from moving parts.

 **CAUTION:**

- Do not use typing or web surfing features at excessive speeds. Always stabilize yourself by holding a stationary handle when using typing or web surfing features (Varies by console option).
- Health related injuries may result from incorrect or excessive use of exercise equipment.
- Do not use the contact heart rate grips as a handlebar during a workout.
- Any changes or modifications to this equipment could void the product warranty.
- To disconnect plug remove from electrical outlet.
- The UC900 bike is self-generated and does not require the use of an electrical outlet with the LED console. Optional TFT or touch screen consoles require 110V AC input and 9V DC 1.5Amp output for console operation only.
- Use a TRUE AC power cord or AC/DC adapter only
- Note the plug configuration for the power adapter may vary by country.
- The batteries within self-generated equipment contain materials that are considered hazardous to the environment. Federal law requires proper disposal of these batteries.
- Position this product so the power cord plug is accessible to the user.
- Keep the power cord away from heated surfaces. Do not pull the equipment by the power cord or use the cord as a handle. Do not run the power cord along the side or under the bike.
- If the bike power supply cord is damaged it must be replaced by the manufacturer, an authorized service agent, or a similarly qualified person to avoid a hazard.
- Do not use this product in areas where aerosol spray products are being used or where oxygen is being administered. Such substances create the danger of combustion and explosion.
- Always follow the console instructions for proper operation. Close supervision is necessary when used near children under the age of 15, or disabled persons.
- Do not use this product outdoors, near water, while wet, or in areas if high humidity including extreme temperature changes.
- Never operate a TRUE product with the air openings blocked. Keep air openings free of lint, hair or any obstructing material.
- Never insert objects into any openings in this product. If an object should drop inside, turn off the power, unplug the power cord from the outlet and carefully retrieve it. If the item cannot be reached, contact TRUE Customer Service.
- Never place liquids of any type directly on the unit except in the accessory tray or bottle holders. Containers with lids are recommended.
- Wear shoes with rubber or high traction soles. Do not use shoes with heels, leather soles, cleats or spikes. Make sure no stones are embedded in the soles. Do not use this product in bare feet. Keep all loose clothing, shoelaces and towels away from moving parts.
- Do not reach into or underneath the unit, or tip it on its side during operation.

CHAPTER 1: SAFETY INSTRUCTIONS

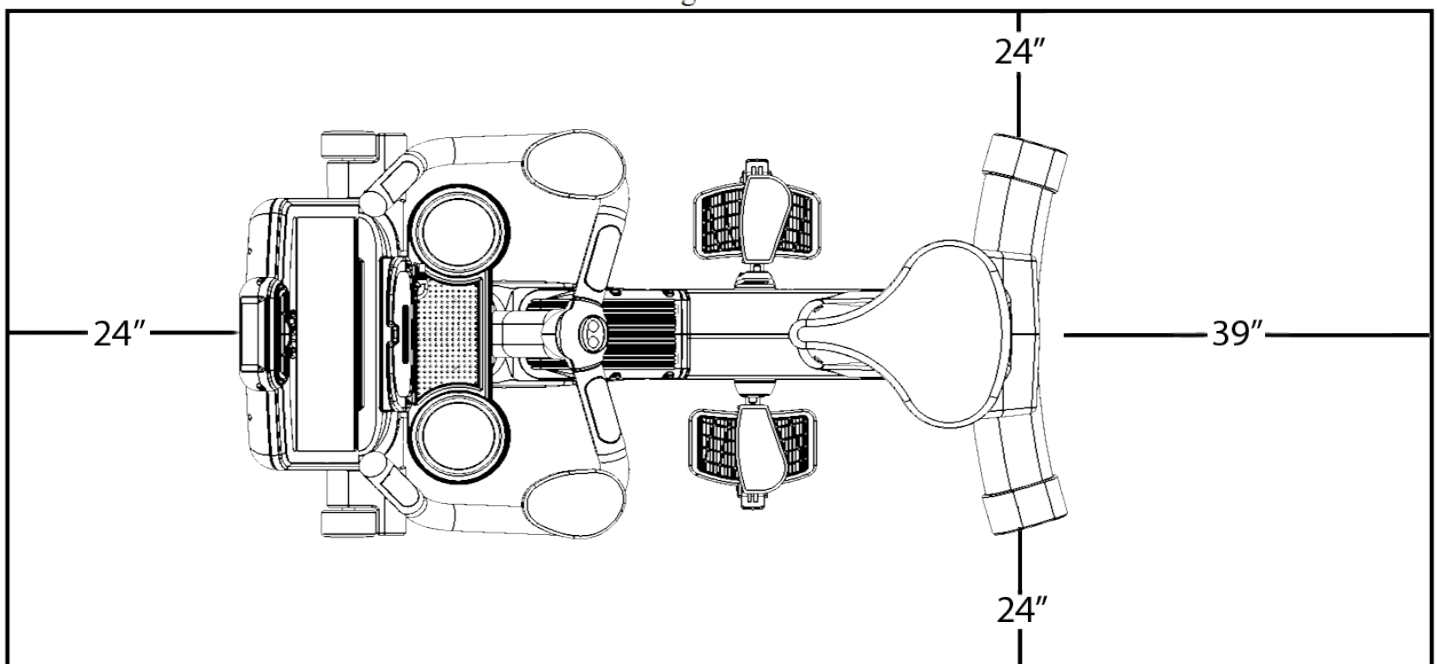
⚠ CAUTION:

- Use correct ergonomic positioning while operating the bike.
- Do not allow animals on or near the equipment while in operation.
- Do not exceed maximum user weight of 400 lbs (181 kg).
- Avoid exiting bike while the pedals are still in motion.
- Do not use if you have a cold or fever.
- When using this exercise machine, basic precautions should always be followed.
- Use this bike only for its intended use as described in this manual.
- Do not use attachments not recommended by the manufacturer.
- Allow only trained personnel to service this equipment.
- Avoid the possibility of bystanders being struck or caught between moving parts by making sure that they are out of reach of the bike while it is in motion.
- Allow only one person at a time on the bike while it's operating.
- It is the sole responsibility of the owner/operator to ensure regular and scheduled maintenance is performed.
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children shall not play with the appliance.
- Cleaning and user maintenance shall not be made by children without supervision.

SPACE REQUIREMENTS:

TRUE's recommendation is to leave a 39" (0.99m) safety zone at rear of bike. The sides of the bike should be at least 24" (0.6m) away from the wall or obstructions. (See Fig 1)

Fig 1



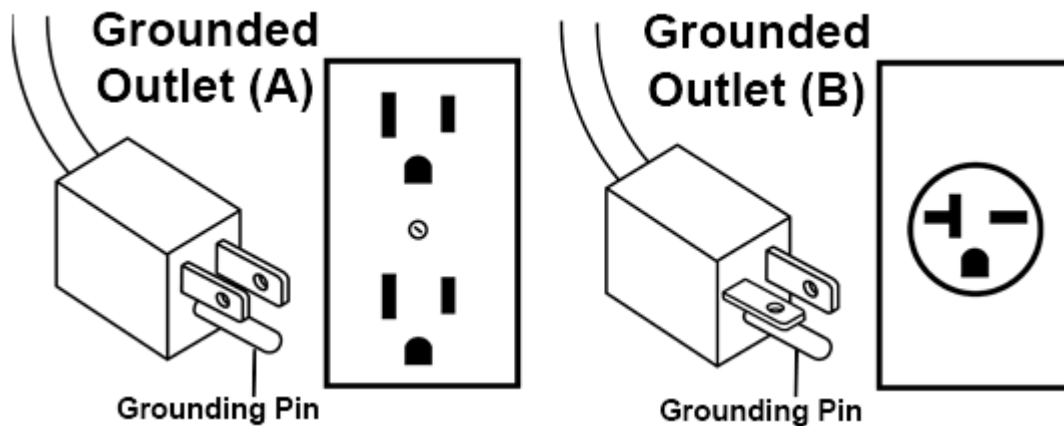
CHAPTER 1: SAFETY INSTRUCTIONS

GROUNDING INSTRUCTIONS:

This product must be grounded, if it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER:

- Improper connection of the equipment-grounding conductor can result in a risk of electric shock.
- Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by a qualified electrician.
- Do not remove the motor cover or you may risk injury due to electric shock.
- 120-Volt: This model is for use on a nominal 120-V circuit and has a grounding plug that looks like the plug illustrated in figure A. Make sure the product is connected to an outlet having the same configuration as the plug. No adaptor should be used with this product.
- 230-Volt: This model is for use on a circuit having a nominal rating more than 120-V and is factory-equipped with a specific electric cord and has a grounding plug that looks like the plug illustrated in figure B. Make sure that the product is connected to an outlet having the same configuration as the plug in Figure B. No adapter should be used with this product. If the product must be reconnected for use on a different type of electric circuit, the reconnection should be made by qualified service personnel.



CHAPTER 1: SAFETY INSTRUCTIONS

POWER REQUIREMENTS FOR **TRUE** PRODUCTS

NOTE: Read and understand all instructions on this sheet and in the Owner's manual before plugging any TRUE power cord into an electrical outlet. This information sheet will help you identify the voltage and cords you need where you live and will outline requirements for:

- Grounded, dedicated lines
- Voltage
- Power cords
- Power adapters
- Extension cords

!DANGER: Improper connection of the equipment-grounding conductor can result in risk of electric shock. Check with a qualified electrician or service provider if you are in doubt as to whether the equipment is properly grounded or installed on a dedicated line. Seek a qualified electrician to perform any modifications to the cord or plug. TRUE is not responsible for injuries or damages as a result of cord or plug modification.

!CAUTION: Place cords away from heat (such as baseboards). Use care to arrange any cord so it doesn't become an obstacle.

Extension Cords

Do not use an extension cord to supply power to any TRUE product.

Grounded, Dedicated Line

TRUE equipment must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. TRUE cords (except for cycle adapters) have an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances where you live. Do not use a ground plug adapter to adapt the power cord to a non-grounded outlet. Do not use a GFCI outlet or GFCI circuit breaker. A dedicated line will assure that adequate power is available for safe operation over the life of your TRUE Product.

Voltage

Voltage required for your unit is located on the serial number decal (usually on the front of the unit). Depending on where you live voltage requirements differ.

For example, in the United States some TRUE treadmills require a circuit rated 115 VAC, 60 Hz and 20 amps. See Figure 1. However, a home typically has 15 amp outlets. In this case, contact an electrician to install a 20 amp dedicated line prior to use. See Figure 2.

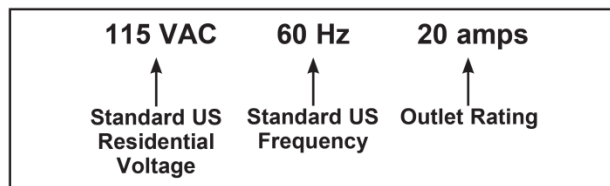


Figure 1

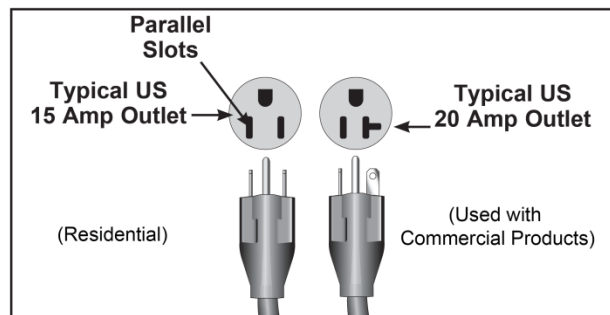


Figure 2

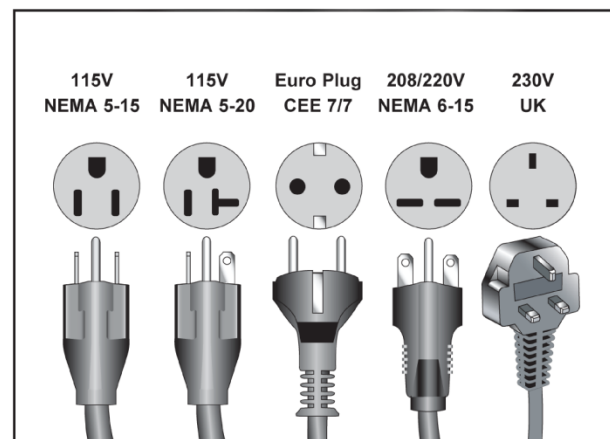


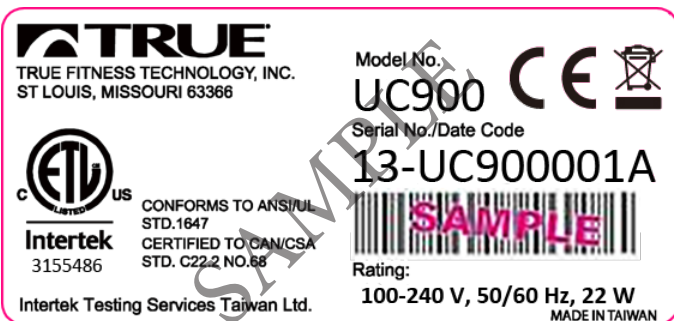
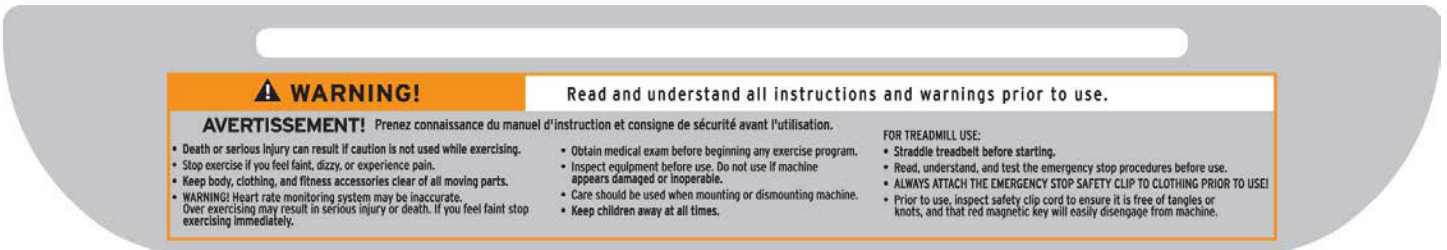
Figure 3

CHAPTER 1: SAFETY INSTRUCTIONS

WARNING DECALS:

⚠ WARNING: Replace warning labels that may be worn, damaged, or missing.

To replace any worn or missing decals contact TRUE FITNESS by visiting www.truefitness.com or contact customer service at 800-883-8783.



COMPLIANCES:

This equipment complies with all applicable codes and regulations. For a complete list of compliances, please visit www.truefitness.com.

*The Transcend Touchscreen and Escalate9 console have passed ITS testing and are EN957 compliant.

PROPER TRAINING POSITION:

- Once seated, users should place their feet on the pedals (A).
- When pedaling, The user should be able to extend their legs fully while pedaling; if users do not have enough room to fully extend their legs, they should adjust their seat position (B) until their legs are able to comfortably extend. Additionally, if users legs feel overly stretched when they're extended, the seat needs a lower adjustment.
- During a workout the users hand should grasp the handlebars (C).



CHAPTER 2: ASSEMBLY GUIDE

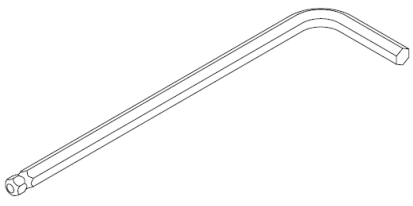
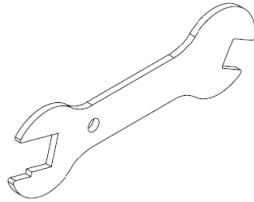
IMPORTANT SAFETY INSTRUCTIONS

- **Read and understand all instructions and warnings prior to use.**
- Obtain a medical exam before beginning any exercise program. If at any time during exercise you feel faint, dizzy, or experience pain, stop and consult your physician.
- Obtain proper instruction prior to use.
- This unit is intended for commercial use only.
- Inspect the unit for incorrect, worn, or loose components and do not use until corrected, replaced, or tightened prior to use.
- Do not wear loose or dangling clothing while using the unit.
- Care should be used when mounting or dismounting the unit.
- Read, understand, and test the emergency stop procedures before use.
- Disconnect all power before servicing the unit.
- Do not exceed maximum user weight of 400 lbs.
- Keep the top side of the moving surface clean and dry.
- Keep children and animals away.
- Use caution when moving and assembling unit.
- All exercise equipment is potentially hazardous. If attention is not paid to the conditions of equipment usage, death, or serious injury could occur.
- Save these instructions.

*Should you need technical assistance in assembly of your TRUE Fitness product, contact TRUE Fitness Technical Support at 1-800-883-8783.

PRE-ASSEMBLY CHECKLIST:

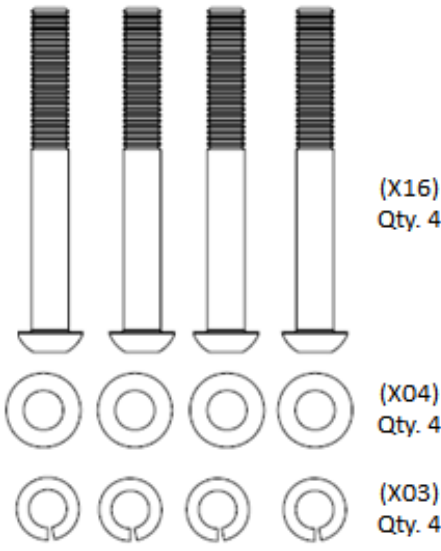
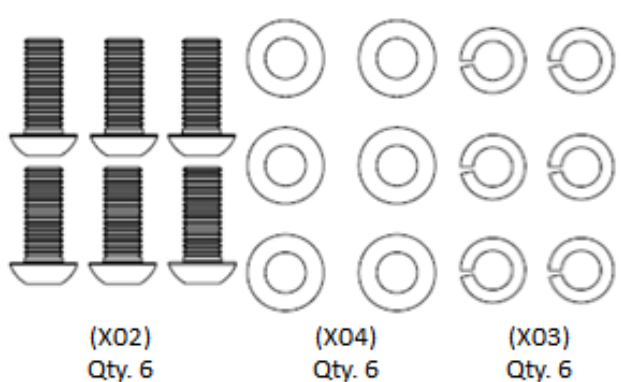


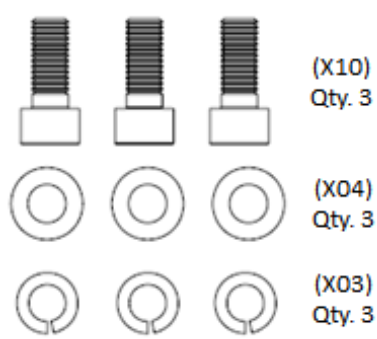

Provided Tools:

<p>Hex Wrench (6 mm)</p>	
<p>Wrench (Combination 13/15/17 mm)</p>	

CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

Provided Hardware:

<p>STEP 1 & 2 (FRONT & REAR STABILIZER BARS)</p>  <p>(X16) Qty. 4</p> <p>(X04) Qty. 4</p> <p>(X03) Qty. 4</p>	<p>STEP 5 (FRONT MAST)</p>  <p>(X02) Qty. 6</p> <p>(X04) Qty. 6</p> <p>(X03) Qty. 6</p>
<p>STEP 6 (MAST BOOT)</p>  <p>(X11) Qty. 2</p>	<p>STEP 11 (STORAGE TRAY)</p>  <p>(X33) Qty. 4</p>
<p>STEP 8 (HANDLEBAR)</p>  <p>(X10) Qty. 3</p> <p>(X04) Qty. 3</p> <p>(X03) Qty. 3</p>	<p>STEP 12 (CONSOLE COVERS)</p>  <p>(X06) Qty. 4</p> <p>(X05) Qty. 2</p>

CHAPTER 2: ASSEMBLY GUIDE

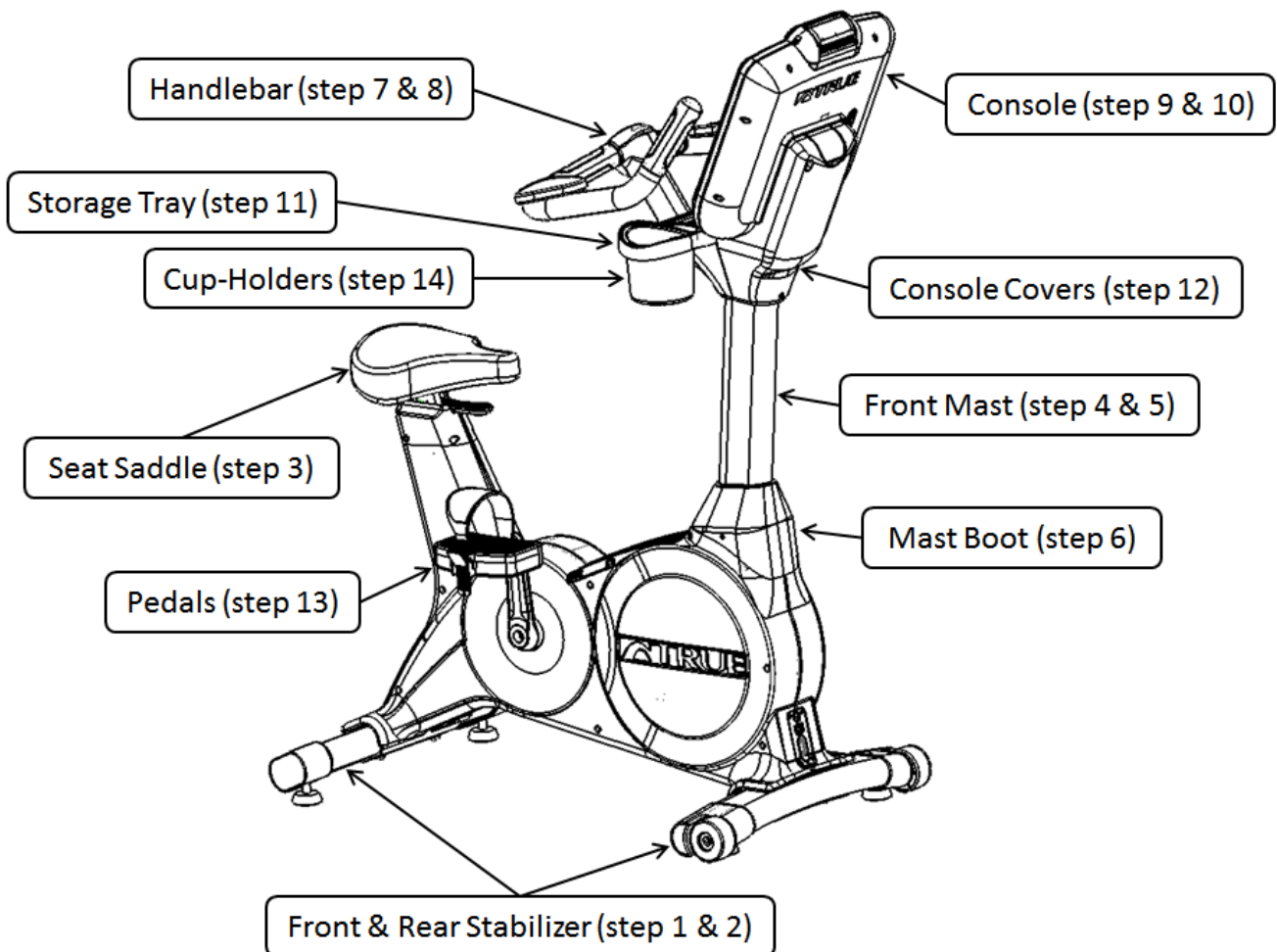
ASSEMBLY STEPS:

⚠ CAUTION:

- Use caution when assembling bike. It is recommended that at least two people unpack and assemble bike.
- Remove all bike components from packaging.
- For each step use hardware in the corresponding bag

Sub-Assembly Identification:

- Use the image below as a reference for where the provided sub-assemblies will be located in the complete bike assembly.



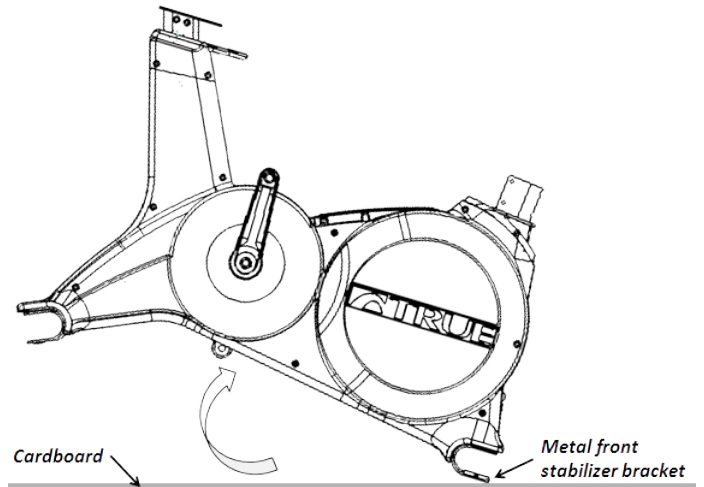
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 1 Rear Stabilizer Bar:

a) Rotate the frame forward on the Front Stabilizer bracket (metal).

*At least one person should hold the frame, while another person completes the remaining Rear Stabilizer installation steps.

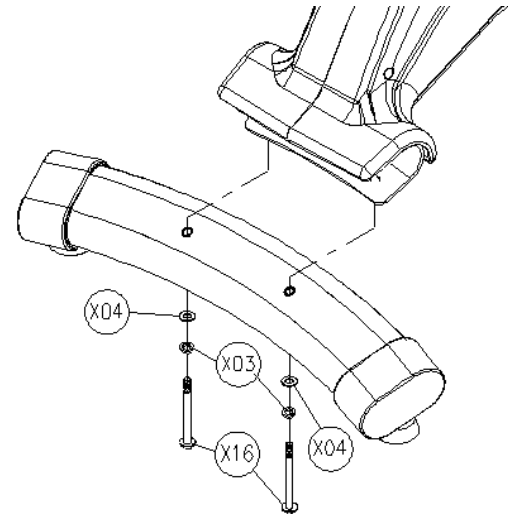


b) For each screw, install through split washer and then flat washer.

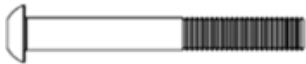
c) Insert Rear Stabilizer into the metal bracket.

d) Install each screw through the bottom of the metal bracket, then through the Rear Stabilizer.

e) Tighten using the provided hex wrench.



Hardware Required:



2 M8 x 70 bolts



2 M8 Washers

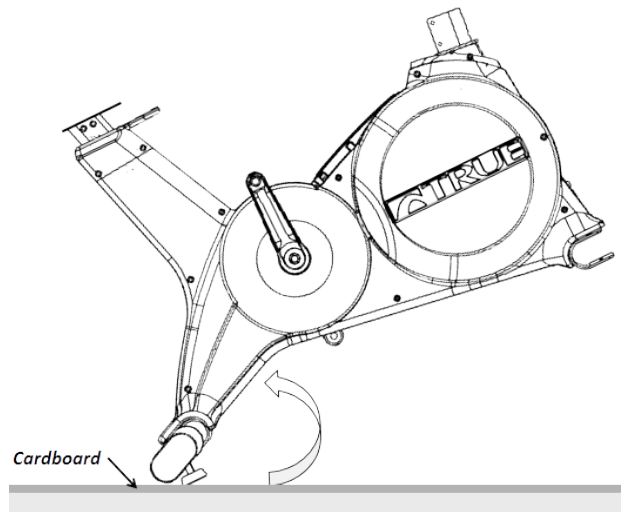


2 M8 Lock Washers

Step 2 Front Stabilizer Bar:

a) Rotate the frame backwards on the Rear Stabilizer.

*At least one person should hold the frame, while another person completes the remaining Front Stabilizer installation steps.



CHAPTER 2: ASSEMBLY GUIDE

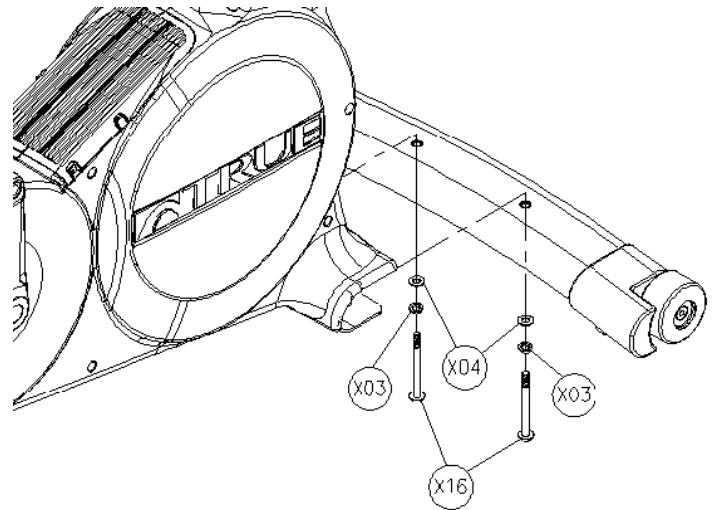
ASSEMBLY STEPS:

Step 2 Front Stabilizer Bar:

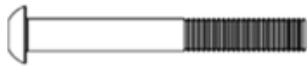
b) For each screw, install through split washer then flat washer

c) Insert Front Stabilizer into the metal bracket Install each screw through the bottom of the metal bracket, then through the Front Stabilizer

d) Tighten using the provided hex wrench



Hardware Required:



2 M8 x 70 bolts



2 M8 Washers



2 M8 Lock Washers

Step 3 Seat Saddle:

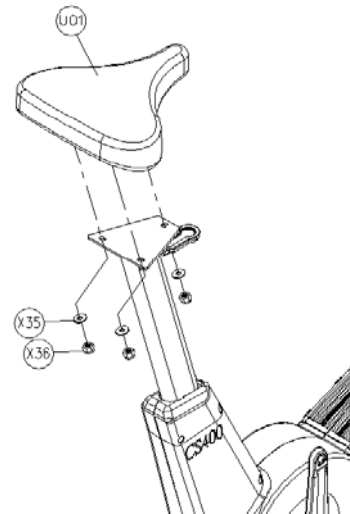
a) Remove the flat washers and nuts from the 3 threaded rods on the bottom of the Seat Saddle

b) Insert Seat Saddle onto the Seat Post Mounting Plate.

Note: The threaded rods on the bottom of the Seat Saddle will align with the 3 openings on the Seat Post Mounting Plate.

c) For each threaded rod, install flat washer followed by nut.

d) Tighten using the provided wrench.



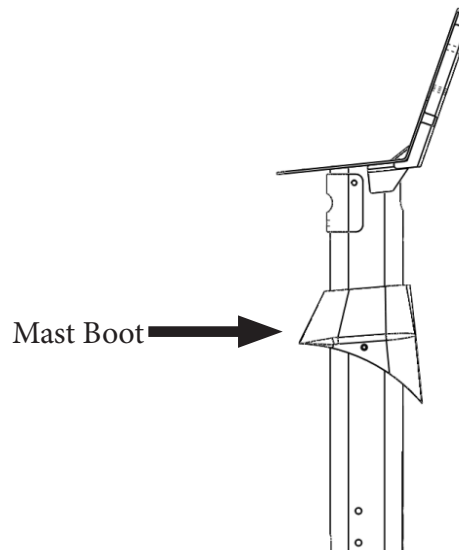
Hardware Required:

*Included with seat saddle.

Step 4 Preparation:

a) Install the Mast Boot (including rubber gasket) onto the Front Mast tube.

b) Verify that the Mast Boot is installed in the correct orientation as shown.



CHAPTER 2: ASSEMBLY GUIDE

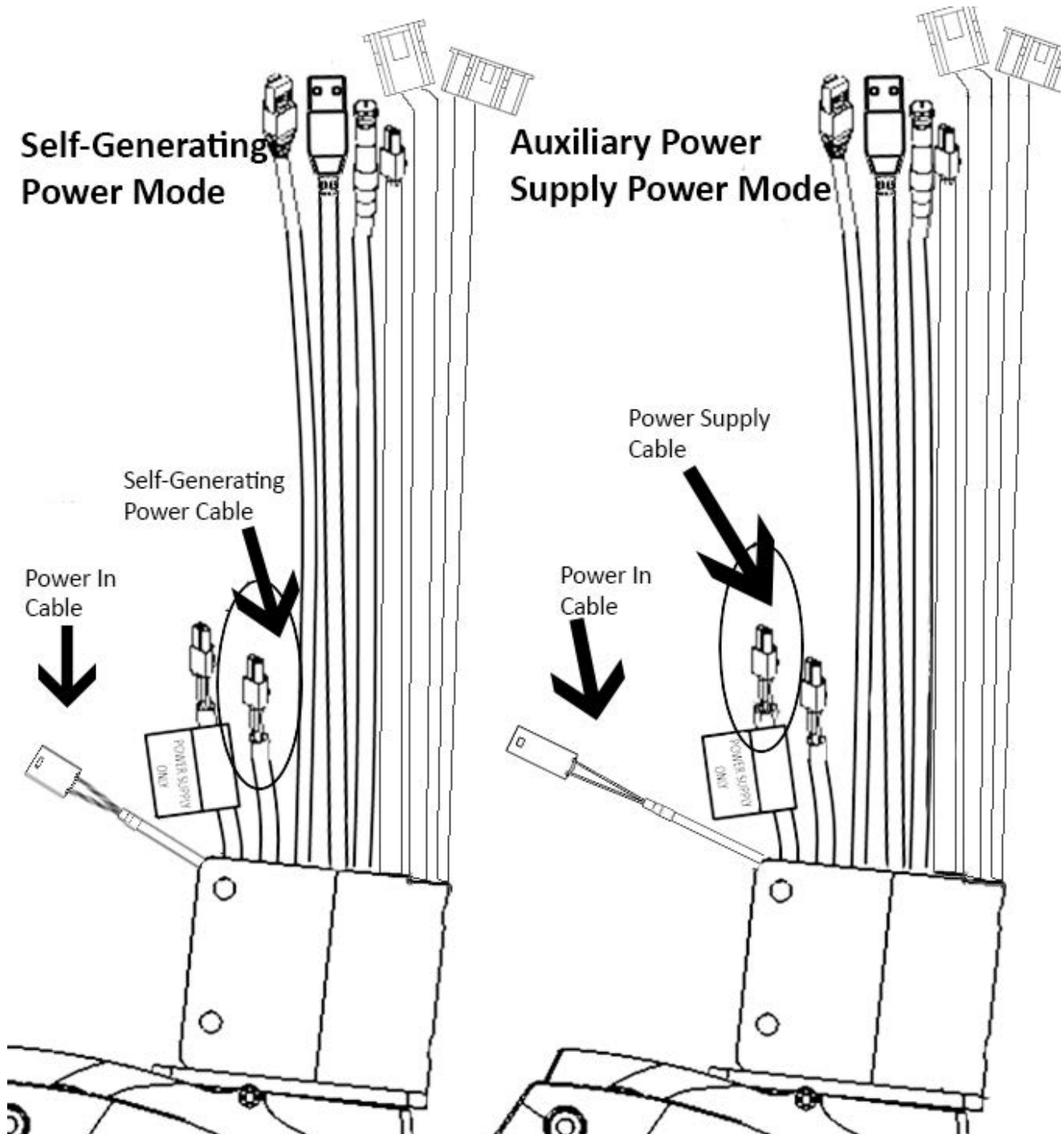
ASSEMBLY STEPS:

Step 4 Preparation:

Prior to routing the front mast cables, it is very important that the following cable connection is confirmed.

IMPORTANT:

If this connection is not made, the console will not be able to turn on.



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 4 Front Mast Cable Routing:

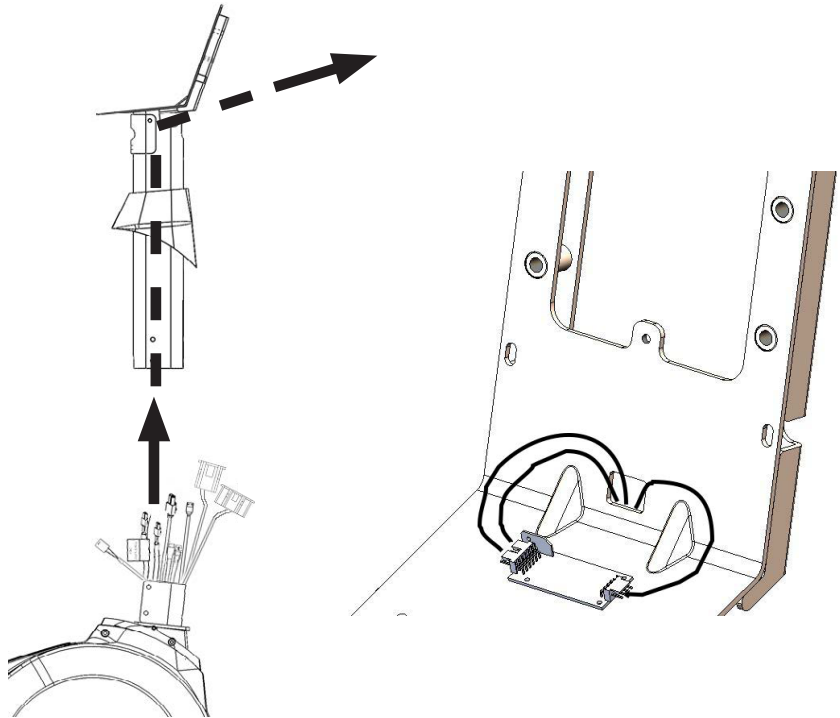
*Complete the power supply installation on page 22 prior to completing this step if this unit will be paired with a touchscreen or 15" TFT console.

a) Pull the cable bundle coming from the base of the unit through the front mast using the pull tie provided with the mast.

Note: The Heart Rate cables are shown in this step for illustration, but are not installed until Step 7 (Handlebar Cable Routing).

NOTE: This connector is only used for the touchscreen or 15" TFT console installation.

If installing a touchscreen or 15" TFT console, please refer to "Power Supply Installation, Step A" before proceeding with "Front Mast Cable Routing, Step 4".



Step 5 Front Mast:

a) For each screw, install through split washer then flat washer.

b) Insert the Front Mast onto exposed bike frame U-bracket; pay special attention not to pinch any wires between the Front Mast and the frame.

c) Verify that the Front Mast is in the correct orientation.

d) Secure the Front Mast to the bike frame by tightening all 6 screws with the provided hex wrench.

e) Verify that the Front Mast is secured tightly to the bike frame; tighten screws if necessary.

Hardware Required:



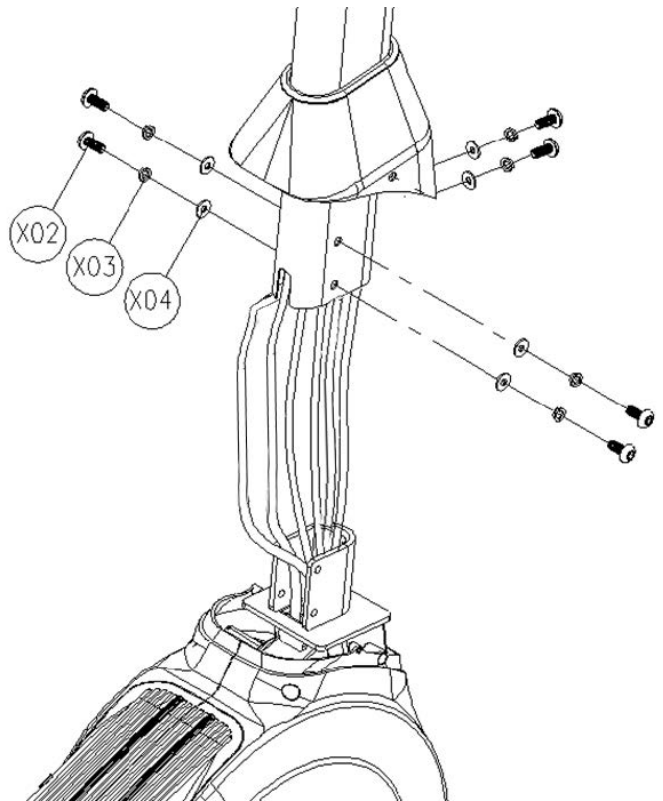
6 M8 x 20 Bolts



6 M8 Washers



6 M8 Lock Washers



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

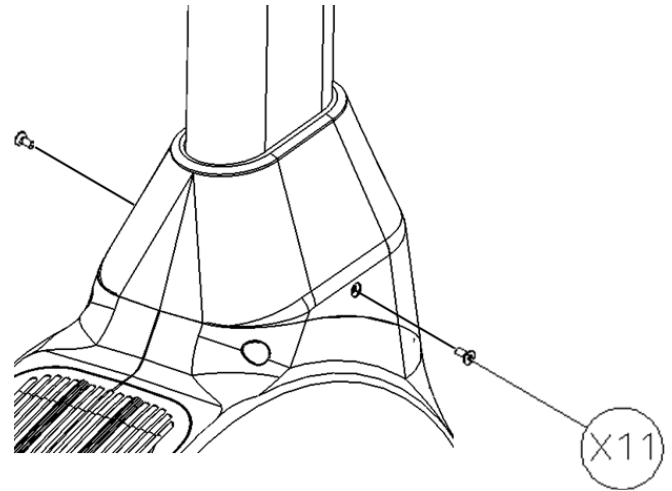
Step 6 Mast Boot:

- a) Pull down the Mast Boot
- b) Attach the Mast Boot to the plastic shrouds by tightening both screws with a Phillips head screwdriver (not provided).

Hardware Required:

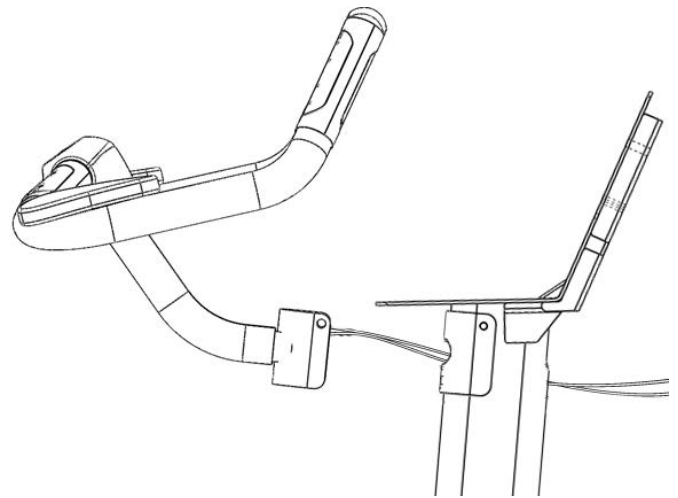


2 M4 x 10 bolts



Step 7 Handlebar Cable Routing:

- a) While at least one person holds the handlebar, another person should direct the handlebar cables through the front mast.



Step 8 Handlebar:

- a) Insert the handlebar u-bracket onto the front mast.
DO NOT PINCH CABLES.
- b) For each screw, install through lock washer, then flat washer.
- c) Secure the handlebar to the front mast by tightening all 3 screws with the provided hex wrench.

Hardware Required:



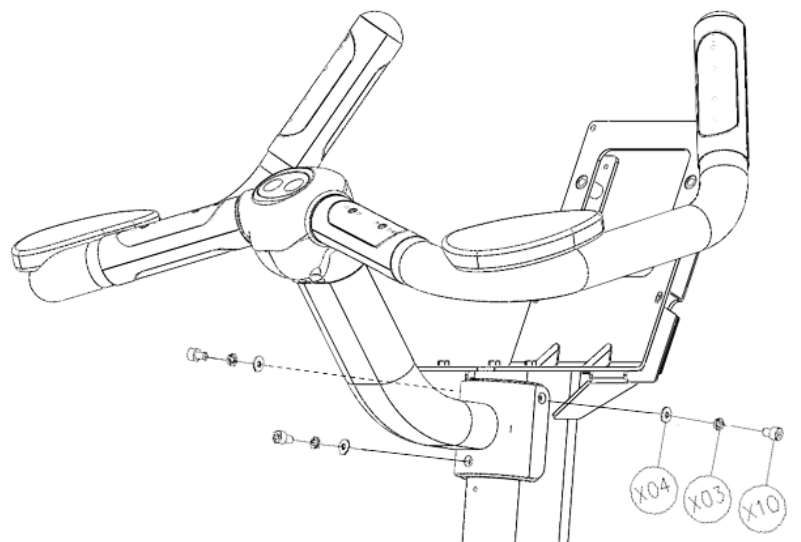
3 M8 x 70 bolts



3 M8 Washers



3 M8 Lock Washers



CHAPTER 2: ASSEMBLY GUIDE

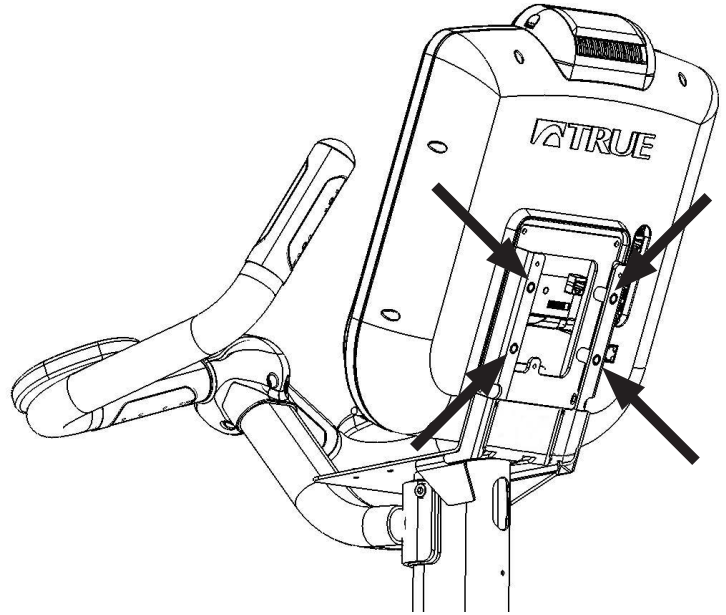
ASSEMBLY STEPS:

Step 9 Console Mounting:

- a) The screws used to attach the Console are provided in the Console packaging.
- b) Align the back of the Console with the Front Mast Console Mounting Plate.
- c) Attach the Console to the Mounting Plate by tightening all 4 screws with a Phillips head screwdriver (not provided).

Hardware Required:

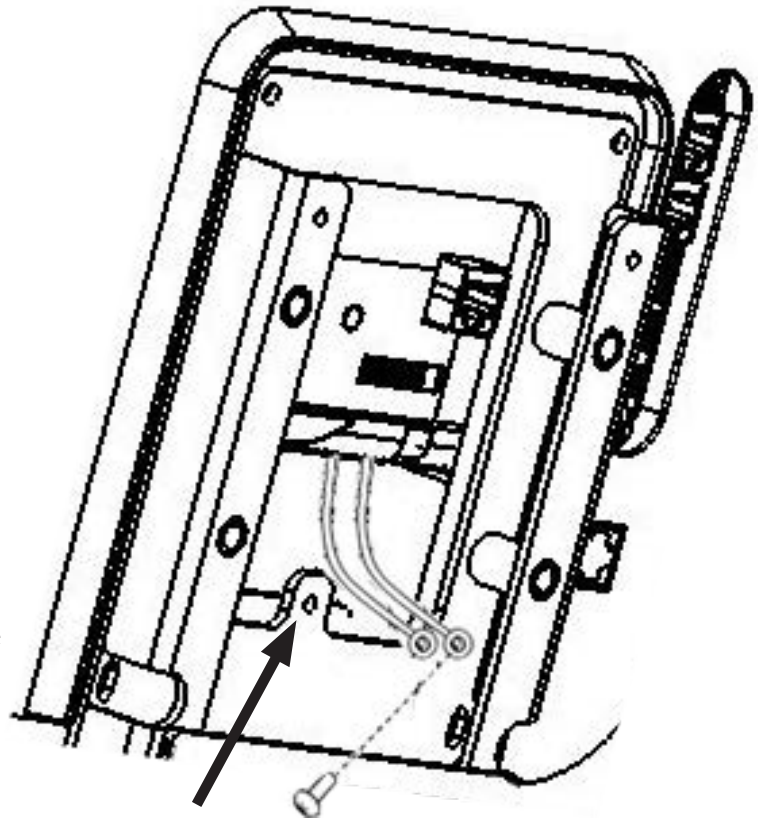
*Included with console



Step 10 Cable Connections:

- a) Locate the Ground Screw; pre-installed into the Front Mast Mounting Plate.
- b) Remove the Ground Screw with a Phillips head screwdriver (not provided).
- c) Insert the shaft of the Ground Screw through the metal rings attached to the console ground wire and heart rate board ground wire.
- d) Re-attach the Ground Screw to the Front Mast Mounting Plate.
- e) Verify that the metal Ground Rings are compressed between the head of the Ground Screw and the Front Mast Mounting Plate.

Note: Confirm the console ground wire and the Heart Rate Board ground wire are both secured to the console front mast with the ground screw.



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 11 Storage Tray:

a) Insert the Storage Tray on top of the Front Mast Mounting Plate; pay special attention to make sure that the plastic lip of the Storage Tray is tucked underneath the bottom of the Console

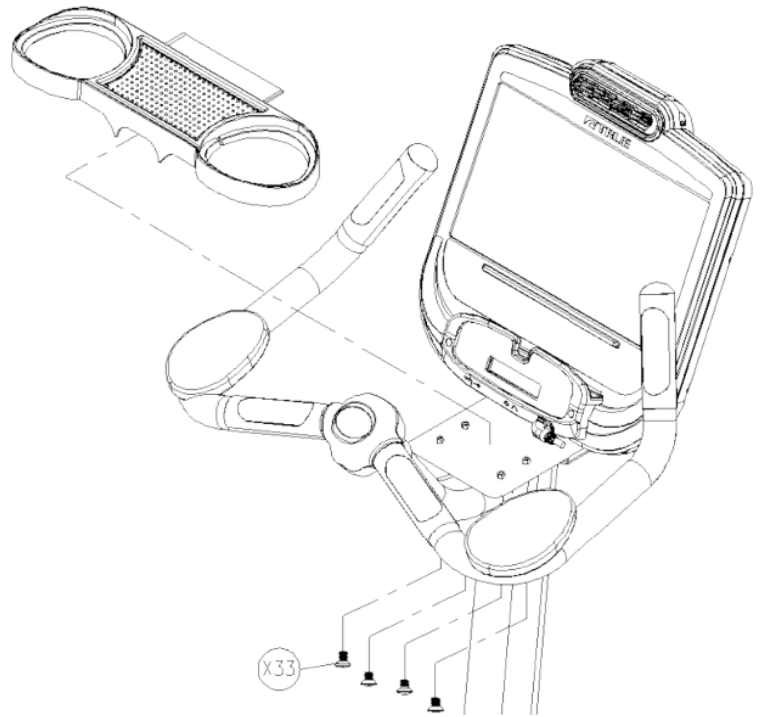
b) Attach the Storage Tray to the Mounting Plate by tightening all 4 screws with a Phillips head screwdriver (not provided)

Hardware Required:



4 M5 x 8 bolts

Note: Use caution when attaching the storage tray to the front mast mounting plate so that the heart rate board and respective cables are not damaged.



Step 12 Console Covers:

NOTE: For all hardware, tighten using a phillips head screwdriver (not provided).

a) Attach the front cover (P13) to the front mast tube using a single (X06) screw; make sure the front cover (P13) aligns with the storage tray plastic around the handlebar.

b) Attach the back cover (P22) to the console mounting plate using two (X06) screws; top screw hole locations.

c) Attach the back cover (P22) to the front cover (P13) using two (X05) screws; the longer screws.

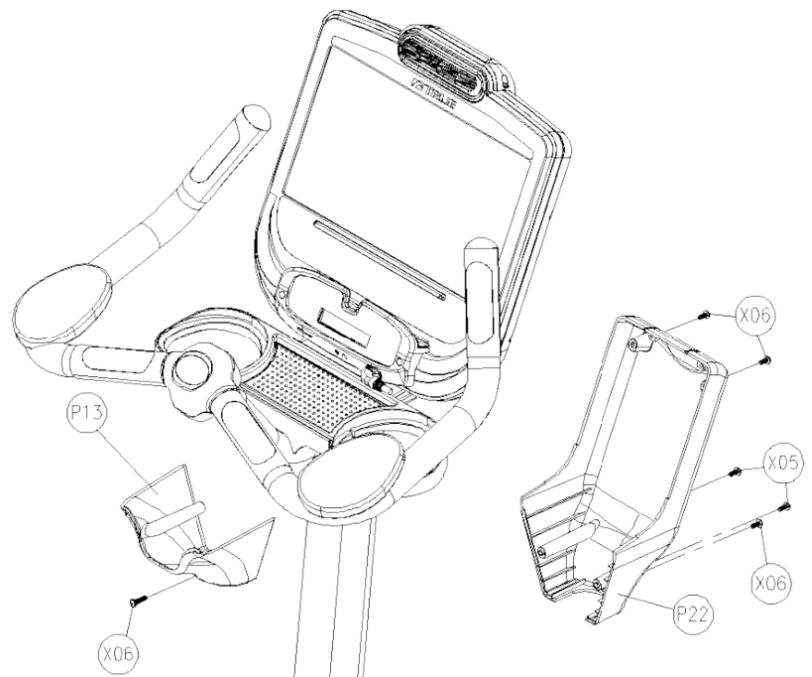
d) Attach the back cover (P22) to the front mast tube using the remaining single (X06) screw.



2 M5 x 20 bolts



4 M5 x 15 bolts



CHAPTER 2: ASSEMBLY GUIDE

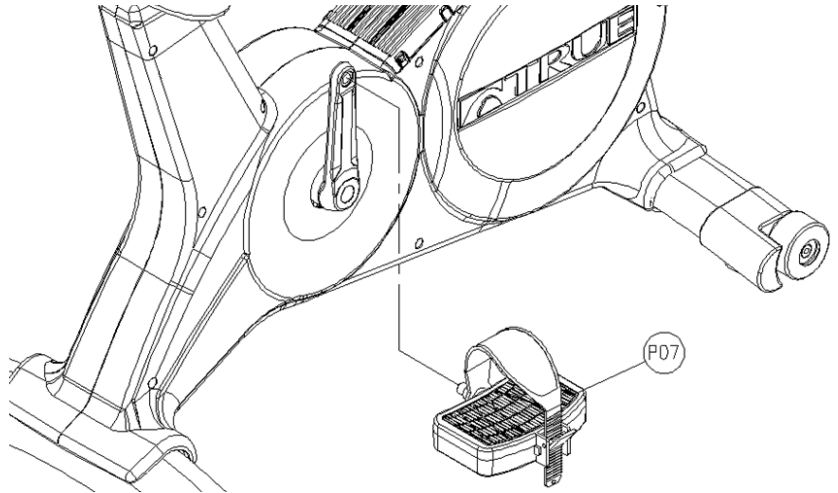
ASSEMBLY STEPS:

Step 13 Pedals:

a) Align the Left Pedal with the Left Crank and the Right Pedal with the Right Crank; pedals should be clearly labeled on the Pedal Strap

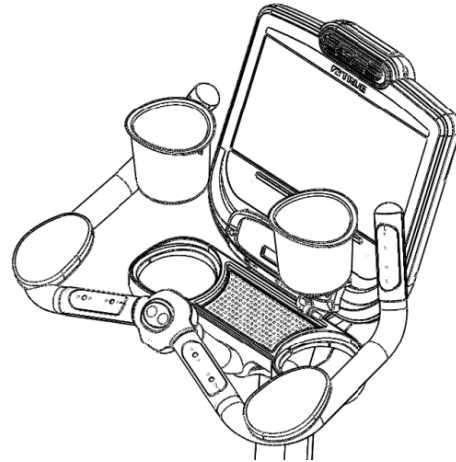
b) Secure each pedal to the appropriate crank using the provided wrench

NOTE: The left pedal is reverse-threaded (turn counter-clockwise to tighten)



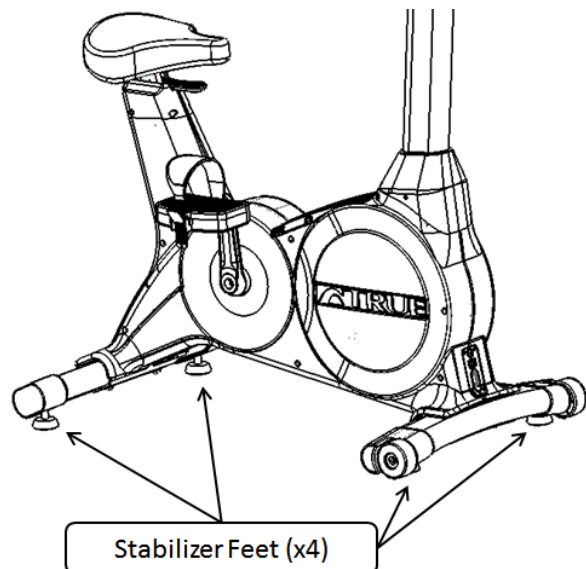
Step 14 Cup Holders:

a) Insert the cup holders into the storage tray as shown.



Step 15 Unit Leveling (if necessary):

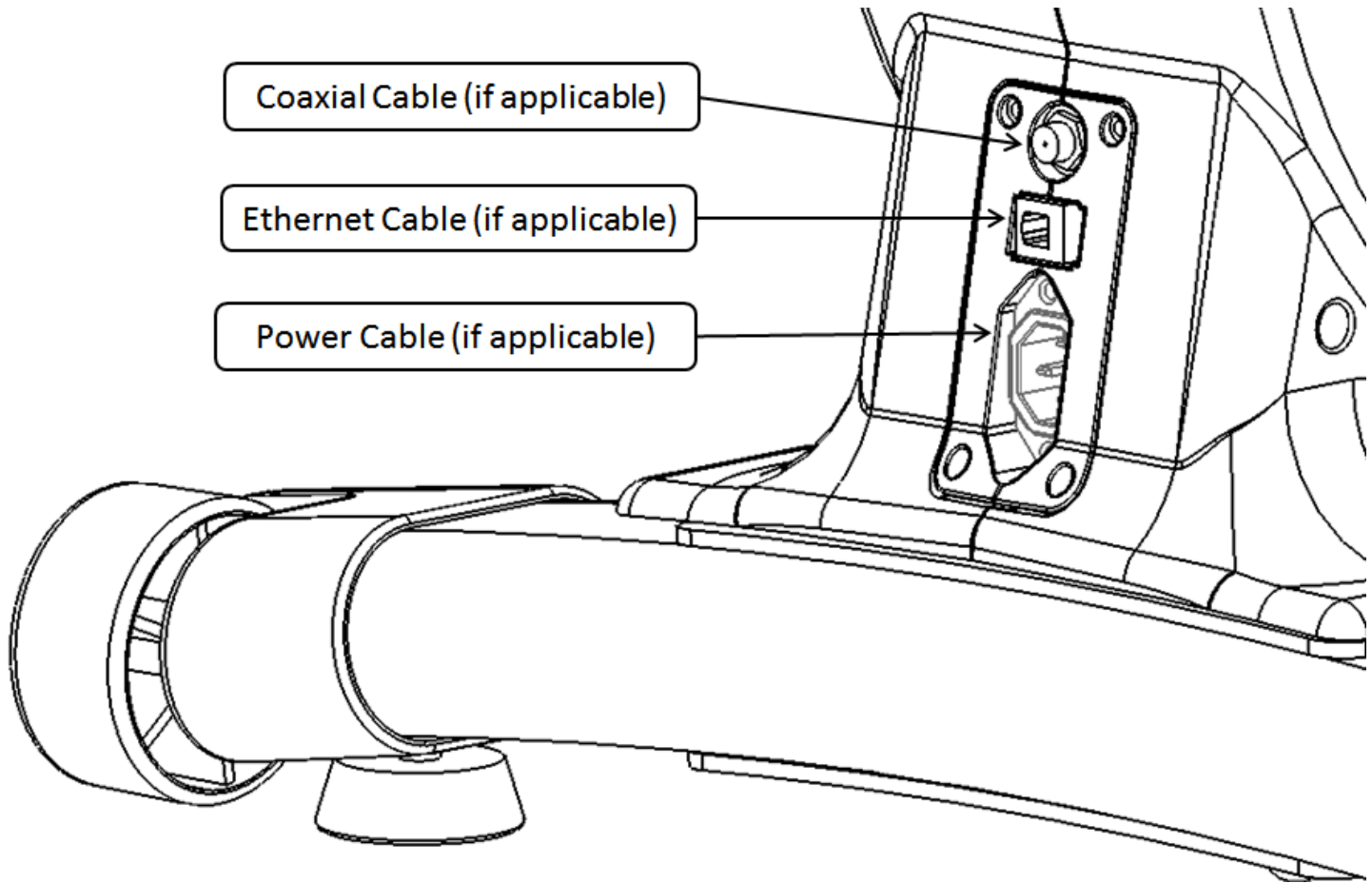
a) Turn feet (4x, located on the front and rear stabilizer) to adjust the levelness of the unit.



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 16 Final Unit Connections:



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

IMPORTANT:

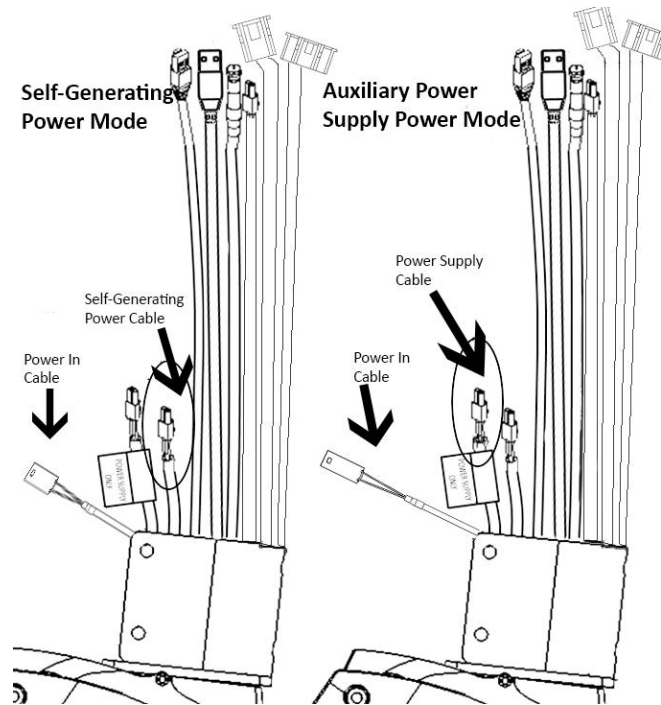
The following steps are only required if this unit will be paired with a touchscreen console or 15" TFT Console.

Auxiliary Power Supply Installation Step A (cable routing):

IMPORTANT:

Prior to routing the front mast cables, it is very important that the following cable connection is confirmed.

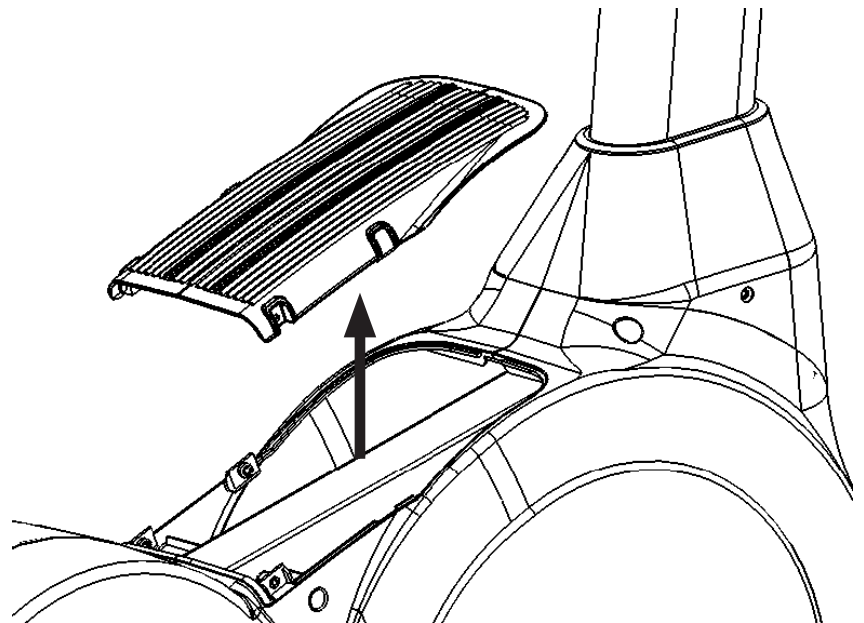
If this connection is not made, the console will not be able to turn on.



Auxiliary Power Supply Installation Step B (remove access plastic):

a) Remove the Access Plastic screws (quantity 3) with a Phillips head screwdriver (not provided).

b) Remove the Access Plastic.



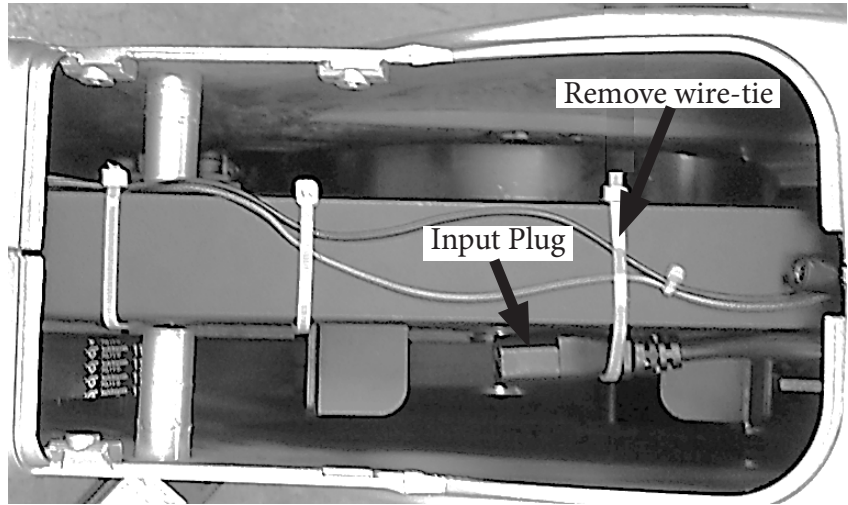
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Auxiliary Power Supply Installation Step C (remove wire tie):

a) Remove the wire-tie shown in the provided This will release the Power Supply Input Plug.

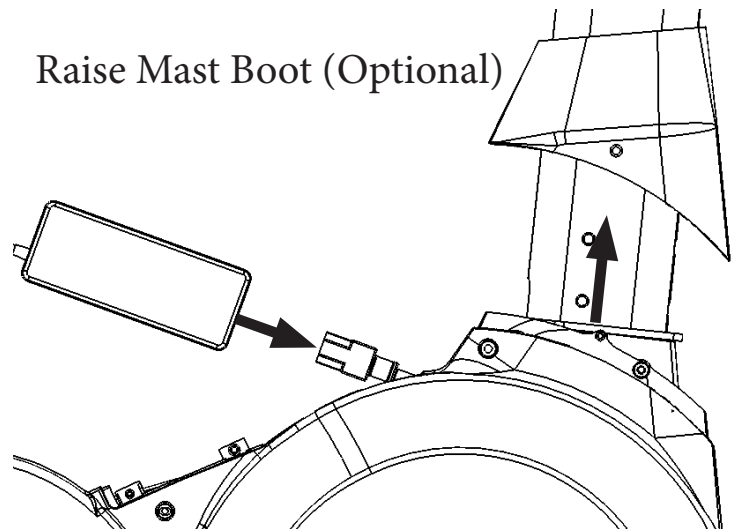
* Use caution not to drop the loose wire-tie into the machine after it has been removed



Auxiliary Power Supply Installation Step D (input plug connection):

a) Connect the input plug to the power supply.

NOTE: If necessary, the mast boot (installation step # 6) can be removed to allow more access to the power supply cable connections.



Auxiliary Power Supply Installation Step D (ouput plug connection):



CHAPTER 2: ASSEMBLY GUIDE

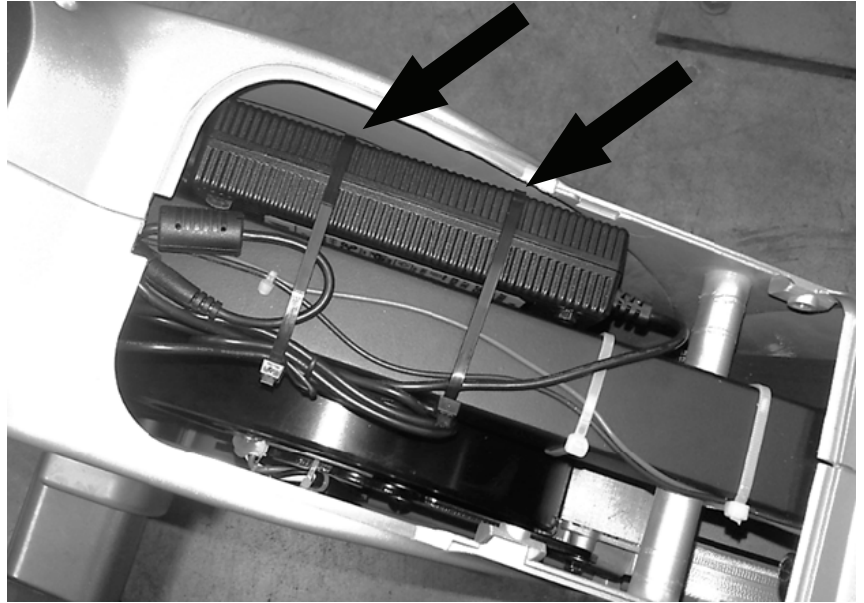
ASSEMBLY STEPS:

Auxiliary Power Supply Installation Step E (secure power supply):

a) Secure the power supply to the square frame tube using 2 wire-ties (positions shown).

***Wire-ties should also secure the extra power supply cables.**

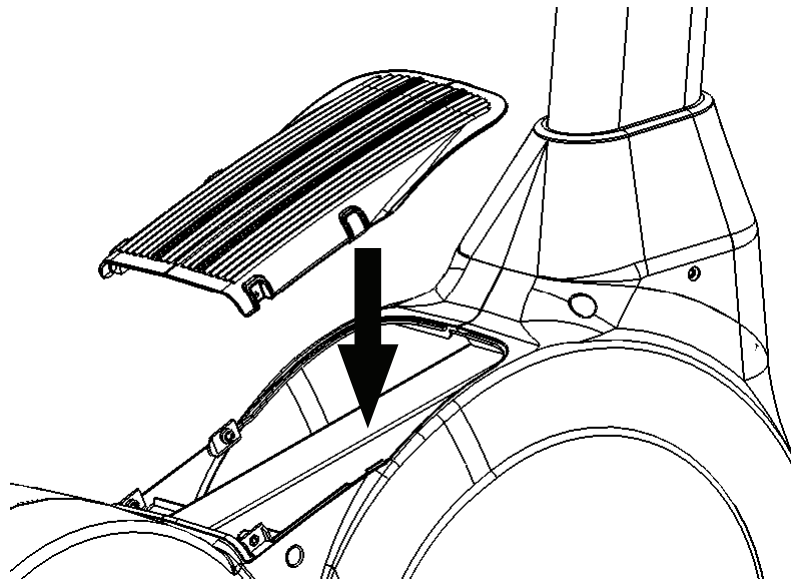
b) Verify that there is no interference between the wire-ties or cables and the moving brake flywheel.



Auxiliary Power Supply Installation Step F (secure access plastic):

a) Insert the Access Plastic.

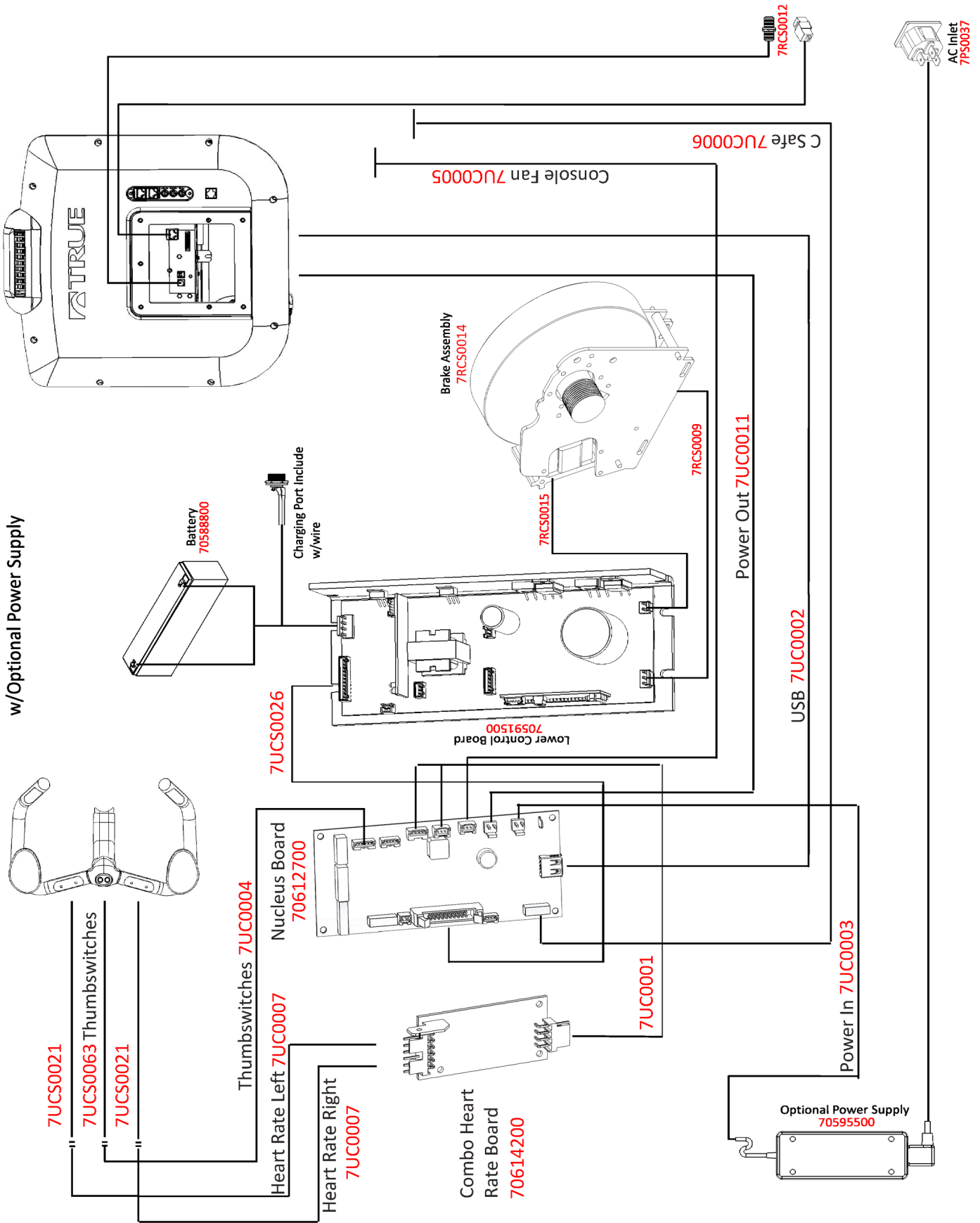
b) Re-install the Access Plastic screws (quantity 3) with a Phillips head screwdriver (not provided).



CHAPTER 2: ASSEMBLY GUIDE

WIRING DIAGRAMS:

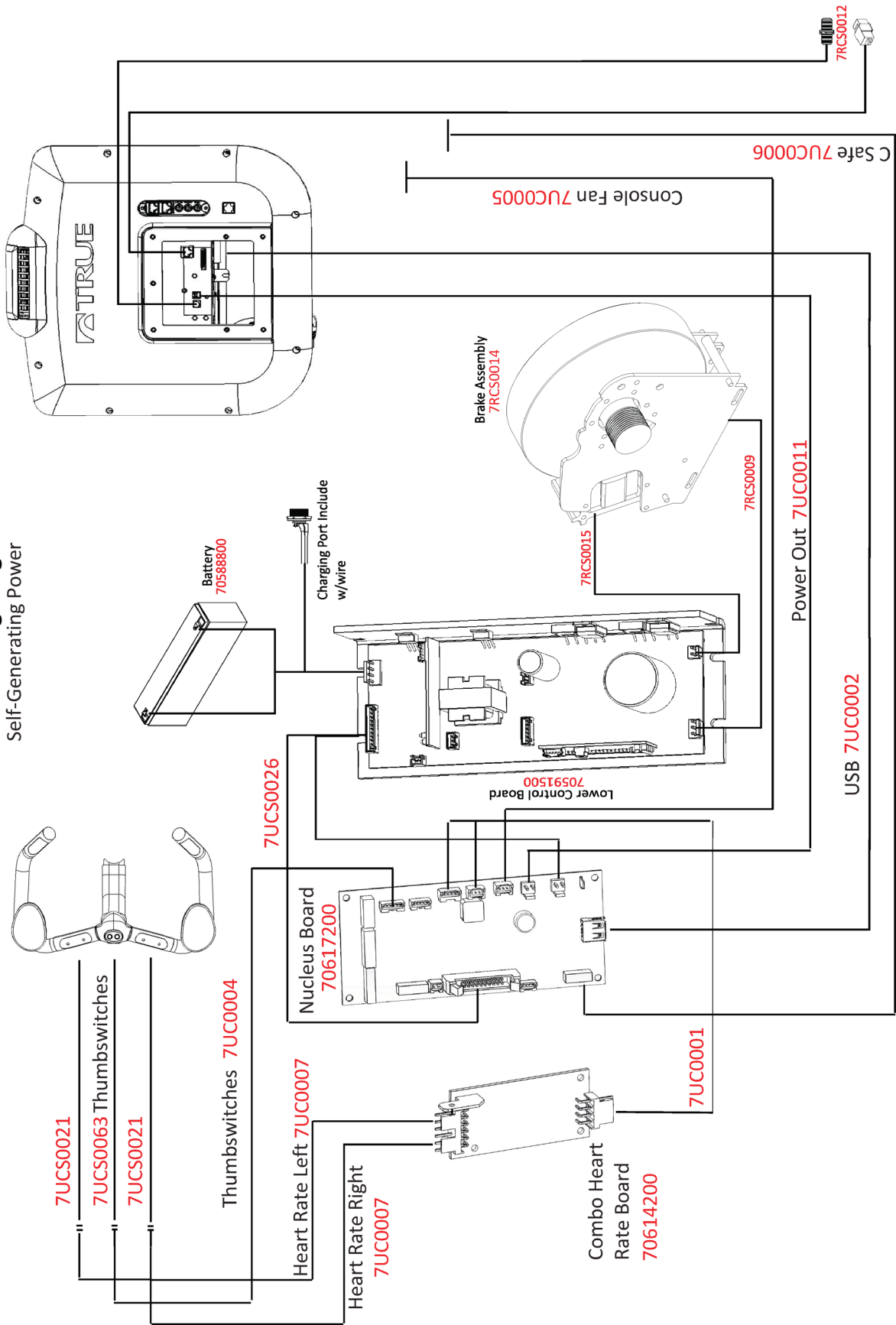
UC900 Wiring Diagram
w/Optional Power Supply



CHAPTER 2: ASSEMBLY GUIDE

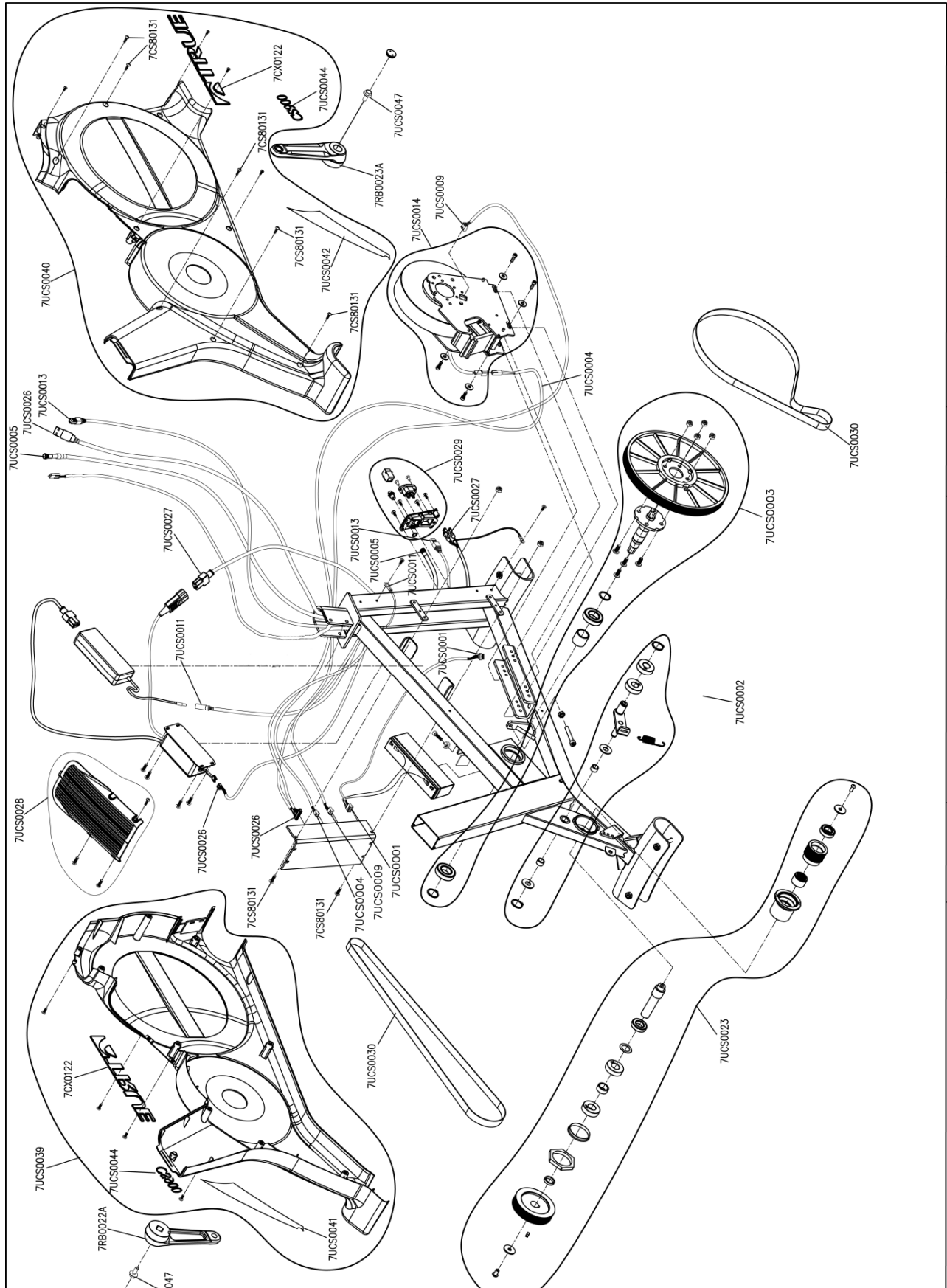
WIRING DIAGRAMS:

UC900 Wiring Diagram
Self-Generating Power



CHAPTER 2: ASSEMBLY GUIDE

EXPLODED DIAGRAM:



CHAPTER 3: PRODUCT OVERVIEW

BIKE OVERVIEW:



CHAPTER 3: PRODUCT OVERVIEW

BIKE OVERVIEW:

Console Assembly:

The console allows the user to set up a workout program and control the bike during a workout (For console overview and operation instructions refer to the owner's manual for the selected console option).

Quick Access Keys:

Allows the user to make fast, convenient adjustments the workout intensity.

Contact Heart Rate Pads:

Allows the user to check their heart rate without wearing a wireless chest strap.

Seat Adjustment Handle:

Used to adjust the vertical position of the seat to a comfortable position for the user.

Bottle Holder:

Holds an average size drink bottle for convenient use during a workout.

Pedals:

Moving part of the bike that provides resistance to the lower body during a workout.

Leveling Feet:

An adjustable system used to aid in the leveling the bike.

Battery Charge Port:

An external port used to charge the unit's internal battery.

Coaxial Port:

Delivers television signal to the unit.

Ethernet Port:

Used to provide a network connection for compatible console options.

Power Cord:

Delivers power from the wall outlet to the bike.

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY UC900 UPRIGHT BIKE

Save Time and Register Online!
Activate Multiple Warranties at truefitness.com

All TRUE® Fitness products are distributed by TRUE and are warranted to the original registered product purchaser and the parts of the TRUE product (the "Product") listed below, under normal use and service, shall be free of manufacturing defects in workmanship and materials only for the period of time beginning from the original date of purchase set forth below:

Frame*	Lifetime
Parts Transcend Touchscreen Escalate ¹⁵ Console Electrical Wear Items Cosmetics	3 Year 3 Year 3 Year 3 Year 6 Months
Labor Parts Cosmetics	3 Years 6 months
Device Connectivity Headphone Jack & USB Port	90 Days Parts, No Labor

NOTE: Warranty valid for USA and Canada only.
NOTE: Failure to register this product will result in no servicing or authorization of parts to be shipped.
NOTE: Buying after-market products from a 3rd party will result in voided warranty.
NOTE: This product is intended for Commercial use which includes facilities where usage is in excess of 8 hours per day. This includes all dues-paying facilities (regardless of usage) as well as many non-dues-paying facilities. If this product will not be used in this particular setting, please contact TRUE as this warranty is void.

Frame: The frame is warranted for defects in material and workmanship for as long as the original purchaser owns the Product. The frame is warranted for labor and freight (for parts shipped from TRUE) for three years from date of purchase.* This limited warranty on structural frame does not include paint or coatings.

Parts: The upright bike electrical parts and wear items are warranted for defects in material and workmanship for three years with three years labor warranty. The Transcend touchscreens and Escalate¹⁵ consoles are warranted for defects in material and workmanship for three years with three years labor warranty. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions

and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance.* TRUE Fitness shall not warrant the performance of the heart rate system on its products, as the heart rate system performance varies, based on user's physiology, age, method of use and other factors.* This limited warranty shall not apply to software version upgrades.

Cosmetics: The upright bike cosmetic parts are warranted for defects in material and workmanship for six months with labor warranty to match the parts warranty period. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance. This limited warranty will apply to but may not be limited to plastic covers, shrouds, caps, badges, overlays, paint, coatings, and grips.

Device Connectivity: Device Connectivity elements; headphone jack and USB Port are warranted for defects in material and workmanship for 90 days with no labor warranty.

Labor: Labor is covered for a period of three years from the date of purchase unless otherwise expressed within this limited warranty as long as a TRUE authorized service provider performs the service. Service that requires over 50 miles of travel may be subject to additional charges. Reasonable and necessary maintenance guidelines can be found in the owner's manual.

Claims Procedure: TRUE Limited Warranty service may be obtained by contacting the authorized TRUE dealer from whom the Product was purchased. If the dealer from whom the Product was purchased is no longer an authorized TRUE dealer, then TRUE Limited Warranty service may be obtained by contacting TRUE directly at:

TRUE Fitness, Service Department
865 Hoff Road, St. Louis, MO 63366
1.800.883.8783
Hours of operation 8:30am - 5:00 pm CST

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY UC900 UPRIGHT BIKE

Save Time and Register Online!
Activate Multiple Warranties at truefitness.com

1. THIS LIMITED WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS AND YOU MANY ALSO HAVE OTHER RIGHTS, WHICH VARY FROM STATE TO STATE.

2. This Limited Warranty can be processed only if the Warranty Registration Form is completed on-line; or if the attached form is filled in, signed by the original purchaser and mailed to TRUE within 30 days of purchaser's receipt of this Product. The serial number must be intact on the Product for this Limited Warranty to be valid.

3. This Limited Warranty applies to the product only while the Product remains in the possession of the original purchaser and is not transferable.

4. This Limited Warranty becomes VALID ONLY if the Product is initially assembled/installed by a TRUE authorized dealer/ technician (if anyone other than a TRUE authorized dealer/ technician initially assembles and installs the Product, this Limited Warranty will be void unless the written authorization of TRUE is first obtained).

5. This Limited Warranty does not cover damage or equipment failure resulting from or caused by improper assembly/ installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance (as referenced in the owner's manual.)

6. This Limited Warranty applies only to the cost of repair or replacement of parts and does not include labor (beyond the above warranty period), transportation, service, return and freight charges associated therewith except as expressly specified herein.

7. This Limited Warranty shall not apply to: Service calls to correct installation of the equipment or instruction to owners on how to use the equipment; or any labor costs incurred beyond the applicable labor warranty period.

8. This Limited Warranty, which is given expressly and in lieu of all other express warranties, constitutes the only warranty made by TRUE.

9. ANY IMPLIED WARRANTY, INCLUDING WITHOUT LIMITATION THE WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, IS LIMITED IN DURATION AND REMEDY TO THE TIME PERIOD COVERED BY THE LIMITED WARRANTY. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

10. THE REMEDIES DESCRIBED ABOVE ARE YOUR SOLE AND EXCLUSIVE REMEDIES AND TRUE'S ENTIRE LIABILITY FOR ANY BREACH OF THIS LIMITED WARRANTY. TRUE'S LIABILITY SHALL UNDER NO CIRCUMSTANCES EXCEED

THE ACTUAL AMOUNT PAID BY YOU FOR THE PRODUCT, NOR SHALL TRUE UNDER ANY CIRCUMSTANCES BE LIABLE FOR ANY CONSEQUENTIAL, INCIDENTAL, SPECIAL OR PUNITIVE DAMAGES OR LOSSES, WHETHER DIRECT OR INDIRECT. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU.

NOTE TO AUTHORIZED WARRANTY LABOR PROVIDERS:

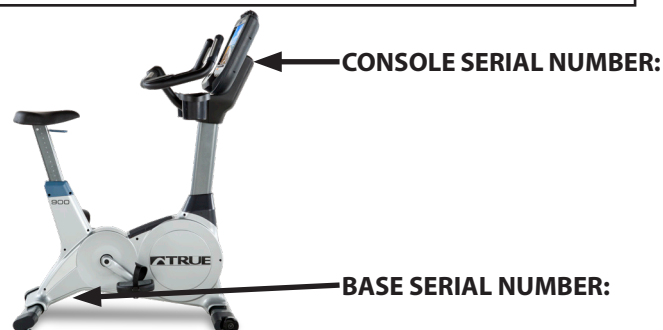
Warranty labor reimbursement or warranty parts rights may not be transferred to, reassigned to, a third party without the express written consent of TRUE. Even jobbing out warranty labor requires TRUE's written approval.

UC900 UPRIGHT BIKE SERIAL NUMBERS:

The UC900 upright bike comes with two serial numbers; one on the base and one on the display console (see diagram below). The serial number on the base is on the crossbar under the running surface. The console serial number is located on the bottom right side of each console. Please write down your serial numbers below and keep for your records.

CONSOLE SERIAL NUMBER:

BASE SERIAL NUMBER:



SAMPLE SERIAL NUMBER STICKER:

TRUE
TRUE FITNESS TECHNOLOGY, INC.
ST LOUIS, MISSOURI 63368

Model No. UC900

Serial No./Date Code
13-UC900001A

Rating:
100-240 V, 50/60 Hz, 22 W
MADE IN TAIWAN

ETL US
Intertek
3155486

CONFORMS TO ANSI/UL
STD.1947
CERTIFIED TO CAN/CSA
STD. C22.2 NO.68

Intertek Testing Services Taiwan Ltd.

Keep this page for your records

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY UC900 UPRIGHT BIKE

Thank you for purchasing a TRUE product. To validate the TRUE product warranty the fast and easy way, please go on-line now to truefitness.com and register your product. The information you provide will never be distributed to any other individuals or agencies for any purpose. If you prefer to mail your warranty card, have the owner of the product complete the information below and return it to TRUE Fitness within 30 days from the date of equipment installation.

Please Note: Failure to register this product will result in no servicing or authorization of parts to be shipped.

To mail your warranty information, please fill in the information below and mail to: Service Dept., TRUE Fitness, 865 Hoff Road, St. Louis, MO 63366 (or save postage and register online at www.truefitness.com)

Commercial Warranty Registration

**PLEASE PROVIDE BOTH SERIAL NUMBERS BELOW.
REQUIRED FOR WARRANTY REGISTRATION:**

CONSOLE SERIAL NUMBER:

BASE SERIAL NUMBER:

Model Type _____

Date of Purchase _____

Your Company Name _____

Contact First Name _____

Contact Last Name _____

Address _____

City _____ State _____ ZIP _____

Email Address _____ Website _____

Phone _____ Fax _____

1. Where did you first learn about TRUE?

- a. Dealer b. Website
 c. Advertisement d. Referral
 e. Current Customer f. Other _____

2. Why did you purchase a TRUE product?

- a. Design/Appearance b. Dealer Suggestion
 c. Price/Value d. Quality Construction
 e. Performance f. TRUE Reputation
 g. Other _____

3. Please indicate your type of facility:

- a. Apartment/Condo b. Corporate Fitness Center
 c. Municipality d. Health Club/Gym/Spa
 e. Hotel/Resort f. Military Base
 g. Student Rec Center h. Other

4. What other types of equipment does your company currently own?

- a. Treadmill Brand _____
 b. Bike Brand _____
 c. Elliptical Brand _____
 d. Free Weights/Gym Brand _____

5. How many people use your facility on a daily basis?

- a. <25 b. 25-75
 c. 76-150 d. 150+

6. Do you plan to purchase more fitness equipment in the next 6-12 months?

- Yes No

7. If you answered "yes" to question 6, what type do you plan to purchase?

- a. Treadmill b. Elliptical
 c. Stationary Bike d. Free Weights
 e. Gym f. Other _____

8. Would you recommend TRUE to other club owners?

- Yes No

9. You are a valued TRUE customer and your suggestions allow us to continually improve your experience. Is there anything else you would like us to know? Please explain: