

The Most Versatile Cardio Machine On The Market

The revolutionary TRUE Spectrum is a stepper, elliptical and runner all-in-one machine. The Spectrum provides versatility for every user with 1″ stride adjustments from 13″ to 30″. The quick keys allow users to switch from a stepping motion to a full-stride running motion with the push of a button to engage more muscle groups in one cardio session. Unique programs like Cardio 360™ provide an option for a full body workout. Manufactured with the highest quality components and rigorous testing, the TRUE Spectrum provides a durable 3-in-1 fitness solution for the busiest commercial facilities.





TECHNICAL SPECIFICATIONS	Power Source	110V / 220V option available
	Cord Length	12' / 3.7M
	Drive System	
	Total Body Workout	
	Resistance Source	Electromagnetic Eddy Current Brake
	Maximum Workload	600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Quick Stride Buttons	13", 17", 21", 25", 30" / Transcend16, Escalate9
	Adjustable Stride Range	13" to 30" / 1" increments
	Footpad	Soft Step Cushioned Anti-Fatigue Material
	Multi Grip Exercise Arms	Ergonomic Multi-Grip Handles with Stride and Workload Quick Keys
	Handrail Design	Center Contact Heart Rate Grips
	Side Step Design	Brushed Aluminum with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES		Transcend ¹⁶ , Escalate ¹⁵ , Escalate ⁹ , Emerge
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	Activity Guard (removable)	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957, FCC
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	78" L x 36" W / 97cm x 91 cm
	Active Footprint	85" L x 36" W / 214cm x 91 cm
	Q-Factor	1.9" (4.8 cm)
	Machine Weight	425 lbs / 193 kg
	Shipping Weight	475 lbs / 215 kg
	Maximum User Weight	400 lbs. / 81 kg
	Step-Up Height	5" / 13 cm
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.















