



# EFX® 443 ELLIPTICAL

Your lifestyle is fitness. And your equipment needs to go the distance. The Precision™ Series Ellipticals are commercial models for your home with the design and features favored by fitness center exercisers and owners. New technology uses your preferences and exercise data to deliver a personalized workout experience that promotes better results and saves you time. The Precision Series is club-proven reliability in an Elliptical personalized for your home.

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# **HIGHLIGHTS**

## CrossRamp® Technology

Precor CrossRamp technology adjusts the shape of the elliptical path your feet travel so you can target specific muscles or all major lower body muscle groups.

## **Proper Biomechanics and Variable Stride Geometry** ™

Our patented elliptical path perfectly mimics a natural running stride allowing exercisers to keep their heels down through all ranges of motion for a more comfortable, effective and ergonomically correct workout.

#### **Preset Workouts**

24 preset workouts help you tailor your exercise to your fitness goals and stay challenged. Built-in Work Out Accelerators suggest ways to get more out of your workout.

#### **Lower Body Focus**

Stationary handlebars focus your workout on the large muscles in your legs and glutes.

#### **Customizable Display**

Customize the capacitive touch display to show the data most important to you. USB port charges your mobile device. The on-screen music volume and play controls and console headphone jack are more secure than resting your music player on the console.

#### **Lever style Motion Controls**

Just like the Precor models in health clubs, lever style controls for CrossRamp® elevation and resistance are responsive, intuitive and easy to use while on the elliptical.

#### **Heart Rate Monitoring**

Maximize your workout results with touch sensor and wireless heart rate monitoring\*. Works with any Polar\* compatible wireless heart rate transmitter (included with purchase).

# **SPECIFICATIONS**

**CrossRamp® Movement:** Motorized variable

**CrossRamp® Elevation Range:** 15° - 40° **Handlebars:** Stationary

Heart Rate Monitoring \*: Touch sensor and wireless with any

Polar® compatible chest strap transmitter

Number of Workout Metrics: 27

**Preset Workouts:** 24 + 16 exerciser created

User IDs: 4

**Resistance System:** Electromagnetic **Resistance Levels:** 20

Console Display: 7" color LCD graphic display
CrossRamp & Resistance Controls: Lever style motion controls

 Dimensions (LxWxH):
 84 x 31 x 67 in

 213 x 79 x 171 cm

 Weight:
 240 lb / 109 kg

Power: 120V, 50/60 Hz
Warranty: Lifetime frame and welds
10-year parts and wear items
3-year console, 1-year labor

# **FEATURES**

Variable Stride Geometry™
Wireless Heart Rate
Transmitter Included
Personalized Suggested Workouts
Workout Accelerators
SmartRate® Target Heart Zone\*
Grab-It™ Console Design
Capacitive Touch Buttons
Large Center Storage Compartment
Additional Storage Compartments

Reading Rack
SmartGrip™ Mobile Phone and
Tablet Holder
USB Port and Device Charging
Headphone Jack
Music Volume and Play Controls
for Apple\* Devices
Software Upgrade Capable

#### **WATCH THE VIDEO**

<sup>\*</sup> The heart rate and SmartRate® features are intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.