



Transcend⁹



Emerge^{LED}



Wahoo Fitness App
Connectivity and Tracking

PREMIUM FITNESS EQUIPMENT SINCE 1981

ES700 RECUMBENT BIKE

The TRUE ES700 Recumbent Bike is engineered for comfort, safety and efficiency. The self-generating bike includes the latest technology available on TRUE products. The 9" touchscreen allows up to six custom profiles so everyone can save their own workouts. The Wahoo Fitness App lets your entire family monitor and share their workouts. The ES700's walk-through design accommodates users of all fitness levels, while an ergonomic-enhanced reclining seat offers one of the most comfortable rides in the industry. A small footprint and no need to connect to power allow you to maximize your workout space.



ES700 RECUMBENT BIKE

SKU: RES700

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 2.4 M
	Drive Motor	Single Stage Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Eddy Current Brake
	Resistance Levels	25 (Emerge), 30 (Transcend ⁹)
	Workload Range	40-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Reclining Fatigue Resistant Elastic Mesh Seat Back with Conforming Lumbar Support and 24 Position Settings
	Handlebar Design	Two Positions with Moisture Resistant Sleeves
	Quick Access Control	Multi-Function Thumb Controls
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar [®] Compatible, Bluetooth
	Connectivity	Wahoo Fitness App Tracking
CONSOLE	Display	Emerge ⁹ , Transcend ⁹
	Workouts*	Quick Start, Manual, Hill Intervals, Rolling Hills, Cardio Challenge, Walk and Run Intervals, Speed Intervals, 5K, 10K, Half Marathon (13.1 mi/21.1 K)
	Saved Workouts*	Console Saves Last Ten Workouts
	Six (6) User Profiles*	Up to six (6) Save Workouts Each - If Activated
SAFETY		Reinforced Walk-Through Design
REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	58" L x 26" W x 50.5" H / 147.32 cm x 66.04 cm x 128.27 cm
	Machine Weight	163 lbs. / 74kg
	Maximum User Weight	350 lbs. / 159 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Parts	10 Years
	Console	Transcend ⁹ 7 Years, Emerge 10 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

