



Transcend<sup>9</sup>



Emerge<sup>LED</sup>



Wahoo Fitness App  
Connectivity and Tracking

PREMIUM FITNESS EQUIPMENT SINCE 1981

## ES700 ELLIPTICAL

TRUE's ES700 Elliptical is engineered with commercial-grade materials and boasts a sleek, dynamic design made to inspire and engage. Tone your muscles and increase your endurance with a cross-trainer designed to give users the most natural movement available on an elliptical. TRUE's ES700 is equipped with all of the user-friendly interactive and patented TRUE features you need for your home fitness routine. Choose the 9" touchscreen console to experience the latest in Bluetooth technology and share your workout using the Wahoo Fitness RunFit app. The touchscreen also has six individual profiles with the ability to save six different workouts each. That is a total of 36 unique workouts giving you the ability to set up the ES700 Elliptical based on your desired goals



**ES700 ELLIPTICAL**

SKU: XES700

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 2.4 M
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Eddy Current Brake
	Maximum Workload	300 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	16" to 27"; 1/2" Increments / 41 cm to 69 cm; 1 cm increments
	Auto Stride™	Yes
	Footpad	Orthopedic Soft Step Cushioned Anti-Fatigue Material (Removable For Easy Cleaning)
	Exercise Arms	Ergonomic Multi-Grip Handle, Optional Rotating Handles Optional Ergonomically Designed Rotating Handles with Upper-Body Only Capability Height Adjustment
	Handrail Design	Extended Handrails with Molded Rubber, Moisture Resistant Grips
	Side Step Design	Non-Slip Rubber with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible, Bluetooth
	Connectivity	Wahoo Fitness App Tracking
	AVAILABLE CONSOLES	Display
Workouts*		Quick Start, Manual, Hill Intervals, Rolling Hills, Cardio Challenge, Walk and Run Intervals, Speed Intervals, 5K, 10K, Half Marathon (13.1 mi/21.1 K)
Saved Workouts*		Console Saves Last Ten Workouts
Six (6) User Profiles*		Up to six (6) Save Workouts Each - If Activated
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	TRUE Lock™	Standard
REGULATORY APPROVALS		ETL UL1647, CSA
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	49" L x 32.5" W x 64.2" H / 124.46 cm x 82.55 cm x 163.06 cm
	Active Footprint	75" L x 32.5" W / 190.5 cm x 82.55 cm
	Q-Factor	2" / 5 cm
	Machine Weight	272 lbs. / 124 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	7" / 18 cm
	Portability	2 Front Transport Wheels & Removable Handles
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Parts	7 Years
	Console	Transcend <sup>9</sup> 3 Years, EmERGE <sup>7</sup> 7 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

