



ALPINE RUNNER INCLINE TRAINER

The Alpine Runner Incline Trainer treadmill is the ultimate in incline training with an incline range of negative 3% to 30% and proven to burn more calories than the average treadmill. Patented features like HRC Heart Rate Control® and TRUE's low-impact Soft System®, combined with a patent-pending incline system engineered to reduce wear and tear, make it the ultimate training tool for both user and facility. Exclusive to the Alpine Runner with Envision¹⁶ console, Monument Workouts allow users to climb famous landmarks like the Eiffel Tower and Mount Everest. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.



SHOWN WITH
OPTIONAL STEP

ALPINE RUNNER INCLINE TRAINER

SKU: T11000

TECHNICAL SPECIFICATIONS	Power Source	120V/20A (NEMA 5-20R receptacle) 230V/15A (NEMA 6-15R receptacle)
	Cord Length	12' / 3.7M
	Drive Motor	5 HP AC Max Drive™
	Incline Motor	Compression Elevation Motor with 1200 lbs. of Thrust
	Speed Sensor	Optical
	Deck	Double Sided Thermally Fused Laminated 1" Medium Density Fiberboard
	Reversible Deck	Standard
	Belt	Siegling Multi-Ply Belt with PVC Coating
	Rollers	3" / 8 cm Diameter Rollers with Sealed Bearings
	Impact System	TRUE Soft System™ (neoprene shock absorbers, where neoprene is a synthetic material resembling rubber, but slower to deteriorate and more resistant to oil)
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Lubrication	TRUE Proprietary Lubricant "Silex"®
	Speed Range	0.5 - 12 MPH / 0.8-19 KMH
	Incline Range	-3% to 30%
	Decline Range	Yes (-3%)
	Bluetooth Heartrate Monitoring	Available on Envision® and Escalate® Consoles
	CSAFE	Yes
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES	Envision®, Escalate®, Emerge, Ignite	
ASSET TRACKING	EcoFit Compatible	
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
	High Incline Handrails	Standard
	Straddle Covers	Standard
	User Detection	User Present Detection™
REGULATORY APPROVALS	UL, CSA, CE, EN957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
OPTIONAL STEP	Robotically welded and reinforced steel frame, molded step with TRUE logo surface	
PHYSICAL SPECIFICATIONS	Footprint	71" L x 39.7" W x 71" H / 180 cm x 101 cm x 180 cm (With optional step 81" L x 39.7" W x 71" H / 205.7 cm x 101 cm x 180 cm)
	Running Surface	60" L x 22" W / 152 cm x 56 cm
	Machine Weight	592 lbs / 269 kg
	Shipping Weight	645 lbs / 293 kg
	Maximum User Weight	400 lbs / 181 kg
	Deck Step-Up Height	5" / 12.7 cm with step. 13.2" / 33.5 cm without step
	Portability	2 Rear Transport Wheels with Built in Rear Handholds
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Motor	5 Years
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



truefitness.com | 800.426.6570 | 636.272.7100

©2018 True Fitness Technology, Inc