



HERO PLYOMETRIC BOX

HERO Plyometric Box

Looking to take your workout literally to the next level? These Plyometric Boxes help increase your stamina through repetition of explosive exercises and height-challenging movements. Measurements on box are shown in BOTH inches, and cm.



HPB
(shown in inches)



HPB
(shown in centimeters)

HERO Battle Rope

If you want to get a cardio fix without putting on your running shoes, try getting the perfect HIIT workout using our new Battle Ropes by HERO. These heavy-duty, durable ropes are a MUST HAVE for those looking for a brand new way to get a full body workout. Experience what your body can do. Experience HERO by Hampton Fitness.



BR-30
(30' X 1.5")

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