



www.prismfitnessgroup.com

Smart In-Home Bootcamp

Prism Fitness Group's Bootcamp package offers a range of our Smart Products to suit every lifestyle and fitness aspiration, perfect for small studios, personal trainers, or corporate fitness locations. Along with product, we'll provide you with a boot camp workout of your own!

Bootcamp includes:

- (1) 20lb, 30lb and 40lb Fitness Cables
- (1 pair) Quick Flip Handles
- (1) Smart Speed Jump Rope
- (1) 6lb Self-Guided Medicine Ball
- (1) Medium Strength Mini Bands
- (1) 65cm Self-Guided Stability Ball
- (1) LG Portable Kettlebell
- (1) Smart Self-Guided Roller
- (1) Smart 6mm Exercise Mat

