

CASCADE RECUMBENT EXERCISE BIKE



Bi-directional Resistance – pedal forward and backwards with resistance even at very low rpms especially effective for hip and knee rehab

The Cascade Recumbent Exercise Bike is a fixed gear design that gives you a more comfortable and realistic pedal stroke with 16 levels of smooth magnetic resistance. This lets you get a smooth pedal stroke as you exercise instead of the drag you feel in pedaling traditional recumbent exercise bikes.

Other great features include an easy on and off walk through design, a breathable mesh seat back, a reclining seat for more comfort, and contact and wireless heart rate with an HR strap included.

CASCADE RECUMBENT EXERCISE BIKE – KEY PRODUCT FEATURES



16 Levels of Smooth Magnetic Resistance

Precision flywheel and smooth magnetic resistance deliver a smooth, quiet workout.



Easy Step Through Frame Design

This allows for easy on/off access to seat and makes it easy for anyone to use which can be valuable in physio centers.



Comfortable Adjustable Reclining Seat

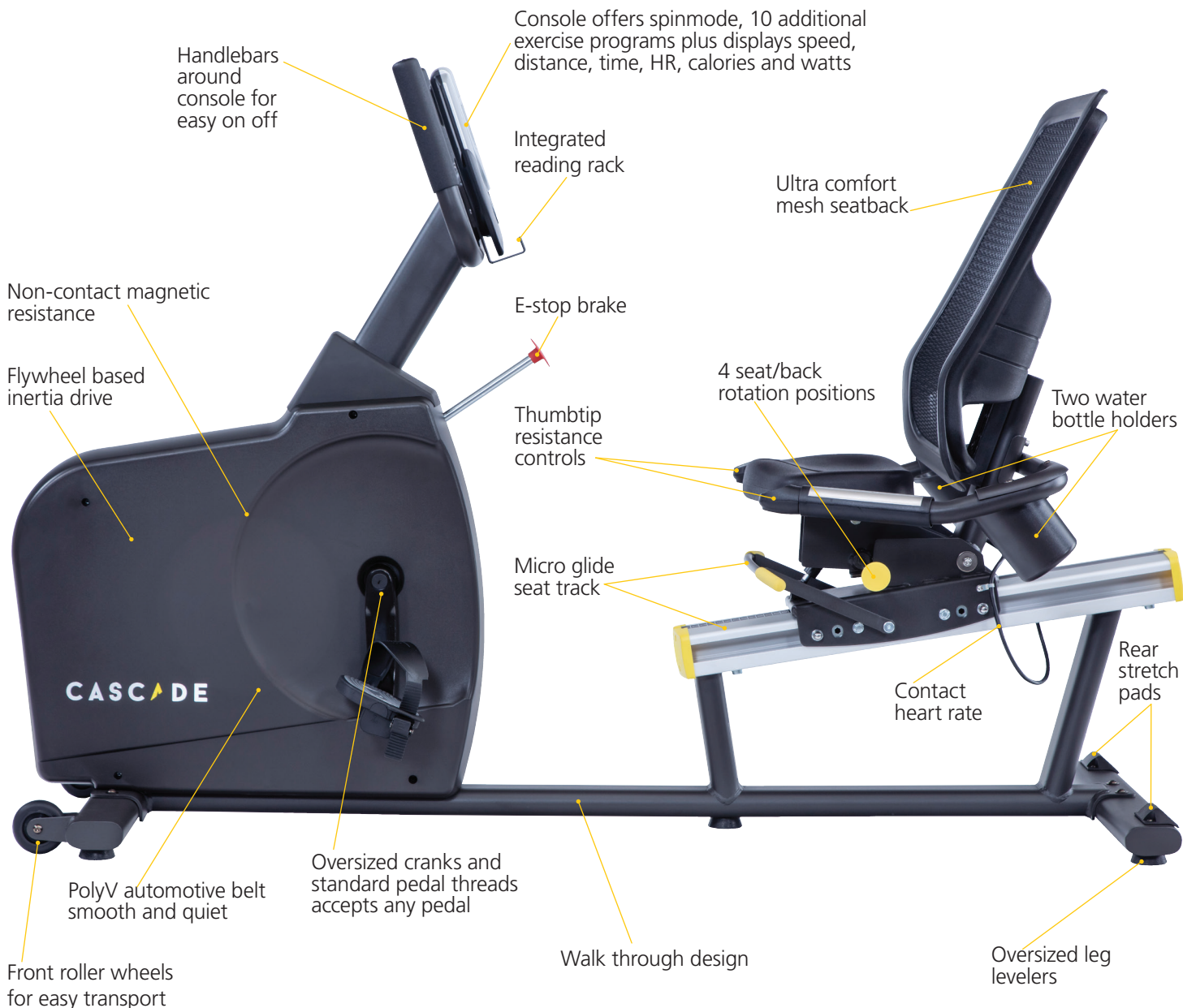
Seat adjusts to 4 comfortable incline positions with a breathable mesh seat back.



11 Training Programs

Console offers 11 exercise programs plus displays speed, distance, time, HR, calories and watts.

RECUMBENT FEATURES



KEY SELLING POINTS

- Smooth magnetic bi-directional resistance
- Comfortable, adjustable reclining seat
- Easy step through frame
- Spinmode/manual for group cycling classes
- Commercial quality – extremely durable

WARRANTY

Frame	Lifetime
Parts	5 years
Wearables	2 years
Electronics	2 years
Labor	1 year

SPECIFICATIONS

Length	67" (170 cm)
Height	44" (111.7 cm)
Width	29.4" (75 cm)
Weight	133 lbs (60 kg)
Max User Weight	350 lbs (159 kg)