

# TRUE

COMMERCIAL

# SPECTRUM



HIGH INTENSITY  
TRAINING

## ***The Most Versatile Cardio Machine On The Market***

A stepper, elliptical and runner all in one machine --- that's the new TRUE Spectrum. The TRUE Spectrum provides versatility for every user with 1" stride adjustments from 13" to 30", providing the most comprehensive total-body workout on the market today. With quick keys, users can go from a stepping motion to a full-stride running motion in a push of a button, to work out a variety of muscle groups in one cardio session. With this HIGH INTENSITY TRAINING machine, TRUE is revolutionizing the cardio market. Manufactured with the highest quality components and rigorous testing, the TRUE Spectrum stands up to the TRUE standards known in the fitness industry for over thirty-four years.





# C O M M E R C I A L

TECHNICAL SPECIFICATIONS	Power Source	110V (220V option available)
	Cord Length	12' (3.7M)
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Electromagnetic Eddy Current Brake
	Maximum Workload	600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Quick Stride Buttons	13", 17", 21", 25", 30" (Transcend16, Transend10, Escalate9)
	Adjustable Stride Range	13" to 30" (1" increments)
	Footpad	Soft Step Cushioned Anti-Fatigue Material
	Multi Grip Exercise Arms	Ergonomic Multi-Grip Handles with Stride and Workload Quick Keys
	Handrail Design	Center Contact Heart Rate Grips
	Side Step Design	Brushed Aluminum with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES		Transcend16, Transcend10, Escalate15, Escalate9, Emerge
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	Activity Guard (removable)	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957, FCC
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	78"L x 36"W (197cm x 91 cm)
	Active Footprint	85"L x 36"W (214cm x 91 cm)
	Q-Factor	1.9" (4.8 cm)
	Machine Weight	425 lbs / 193 kg (estimate)
	Shipping Weight	475 lbs / 215 kg (estimate)
	Maximum User Weight	400 lbs. (181 kg)
	Step-Up Height	5" (13 cm)
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

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