

TRUE

COMMERCIAL

TRAVERSE



HIGH INTENSITY
TRAINING

Most Comprehensive Workout Available

With the side-to-side motion of the TRUE Traverse, users will get a workout like no other --sculpting your core and lower body better than any elliptical or other cardio fitness piece on the market. The TRUE Traverse provides a smooth motion for a better workout in less time. With unique programming features, such as the Skate and Ski workout, users will activate more muscle groups than on other cardio machines. The TRUE Traverse is manufactured with the same high quality and craftsmanship that TRUE has been known for in the fitness industry for over thirty-four years. Experience the **HIGH INTENSITY TRAINING** provided by the new TRUE Traverse today.



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|--------------------------------|-------------------------------|---|
| TECHNICAL SPECIFICATIONS | Power Source | 110V (220V option available) |
| | Cord Length | 12' (3.7M) |
| | Drive System | Core Drive™ |
| | Total Body Workout | Cardio 360™ |
| | Resistance Source | Electromagnetic Eddy Current Brake |
| | Maximum Workload | 600 Watts |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel |
| | Quick Stride Buttons | 13", 17", 21", 25", 30" (Transcend16, Transend10, Escalate9) |
| | Adjustable Stride Range | 13" to 30" (1" increments) |
| | Footpad | Soft Step Cushioned Anti-Fatigue Material |
| | Multi Grip Exercise Arms | Ergonomic Multi-Grip Handles with Stride and Workload Quick Keys |
| | Handrail Design | Center Contact Heart Rate Grips |
| | Side Step Design | Brushed Aluminum with Textured Pattern |
| | Contact Heart Rate Monitoring | Yes |
| Wireless Heart Rate Monitoring | Polar® Compatible | |
| AVAILABLE CONSOLES | | Transcend16, Transcend10, Escalate15, Escalate9, Emerge |
| Cardio 360™ | Upper Body Isolation | Yes |
| | Lower Body Isolation | Yes |
| | Total Body | Yes |
| SAFETY | Side Steps | Standard |
| | Extended Handrails | Standard |
| | Activity Guard (removable) | Standard |
| REGULATORY APPROVALS | | ETL UL1647, CSA, CE, EN957, FCC |
| EXTRAS | Accessories | Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder |
| PHYSICAL SPECIFICATIONS | Footprint | 78"L x 36"W (197cm x 91 cm) |
| | Active Footprint | 85"L x 36"W (214cm x 91 cm) |
| | Q-Factor | 1.9" (4.8 cm) |
| | Machine Weight | 425 lbs / 193 kg (estimate) |
| | Shipping Weight | 475 lbs / 215 kg (estimate) |
| | Maximum User Weight | 400 lbs. (181 kg) |
| | Step-Up Height | 5" (13 cm) |
| Portability | | 2 Front Transport Wheels |
| WARRANTY | Warranty Classification | Commercial (all dues paying facilities, regardless of usage) |
| | Frame | Lifetime |
| | Parts | 3 Years |
| | Labor | 3 Years |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

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