

# TRUE<sup>®</sup>

## FUSE XL

### PARAMOUNT SERIES



PREMIUM FITNESS EQUIPMENT

# FUSE XL

## PARAMOUNT SERIES

A modern and comprehensive 16 piece strength conditioning system designed to meet the space, budget, and performance demands of today's commercial fitness facilities.

### LAT PULLDOWN - 1100

#### KEY FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Five position thigh pad accommodates wide range of users.
- Unilateral arms diverge to maximize articulation of the shoulder and allow for a complete range of motion.



### BICEPS CURL - 0600

#### KEY FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Unique offset-pivot design and counterbalanced arm assembly allow user to choose the range of motion best suited to their individual needs.
- Multi-grip curl bar offers a variety of wrist positions for exercise variation.

### TRICEPS PUSHDOWN - 1500

#### KEY FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- 20° fixed angle contoured back pad provides support and proper alignment during exercise.
- Handles easily adjust between wide and narrow positions.



## PEC FLY/REAR DELT - 1000

### KEY FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Seven position arm adjustment provides full range of motion for both Pectoral Fly and Rear Deltoid movements.
- Dual-position handles with angled grips pivot to replicate fluid dumbbell movements.
- Weight stack conveniently located for easy access and to minimize floor space requirements.



## CHEST PRESS - 0900

### KEY FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Three position handles accommodate wide range of users.
- Unilateral arms converge to maximize articulation of the shoulder and allow for a complete range of motion.

## SHOULDER PRESS - 0700

### KEY FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Three position seat back adjusts to accommodate wide range of users.
- Unilateral arms converge to maximize articulation of the shoulder and allow for a complete range of motion.
- Standard and neutral grips for exercise variation.



## FUSE XL USER AMENITIES



4 Bar Linkage Seat  
Adjustments with Gas  
Cylinder Assist

ADJUSTMENT GUIDE		
HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1

Height Adjustment Guide  
on Select Machines



QR Code Linked to Online  
Instructional Videos



Accessory Tray  
with Cup Holder



Integrated  
Towel Holder



## **SEATED LEG CURL - 0200**

### **KEY FEATURES**

- Five position seat back uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Seven position start range limiter allows users to choose the range of motion best suited to their individual needs
- Four position thigh pad assembly accommodates a wide range of users.
- Five position ankle pad adjusts easily and provides proper support and comfort throughout the entire range of motion.
- Ergonomically located handles with contoured grips for proper support during exercise.

## **LEG EXTENSION - 0100**

### **KEY FEATURES**

- Five position seat back uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Four position start range limiter allows users to choose the range of motion best suited to their individual needs
- Five position ankle pad adjusts easily and provides proper support and comfort throughout the entire range of motion.
- Ergonomically located handles with contoured grips for proper user support and alignment during exercise.



## **LEG PRESS - 0300**

### **KEY FEATURES**

- Nine position seat assembly adjusts easily using ergonomically designed paddle handle.
- Three position back pad accommodates wide range of users.
- Large molded platform angled at 10° maximizes hip extension while maintaining neutral ankle position.

## **SEATED ROW - 1200**

### **KEY FEATURES**

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Eight position chest pad accommodates wide range of users.
- Unilateral arms diverge to maximize articulation of the shoulder and allow for a complete range of motion.
- Handles rotate freely for exercise variation.



## **ABDOMINAL - 1400**

### **KEY FEATURES**

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments.
- Four position adjustable roller pad with dual hand grips allows users to determine range of motion best suited to their individual needs.
- Contoured lumbar pad encourages pelvic stabilization and isolation of abdominal region.
- Low seat frame and open design for ease of entry and exit of machine.

## **LOW BACK EXTENSION - 1300**

### **KEY FEATURES**

- Four position adjustable roller pad and angled lumbar pad for proper alignment and support throughout entire range of motion.
- Dual position foot rests provide torso stabilization for wide range of users.
- Low seat frame and open design for ease of entry and exit of machine.



**TRUE FITNESS UNDERSTANDS THAT PREMIUM COMMERCIAL FITNESS EQUIPMENT CAN MEAN THE DIFFERENCE BETWEEN ADDED VALUE AND ADDED EXPENSE.**

All TRUE machines offer TRUE's signature smooth movement, quiet operation, and rugged durability. Intelligent engineering ensures that TRUE commercial fitness equipment delivers maximum durability in an economical footprint to maximize valuable real estate in your workout facility.

# FUSE XL PARAMOUNT SERIES

## CONVENIENT AND USER-FRIENDLY

4 bar linkage seat adjustments with gas cylinder assist, QR code linked to online instructional video, full color step-by-step exercise chart, unique height adjustment guides and accessory tray with integrated cup holder and towel holder.

## AESTHETIC AND FUNCTIONAL DESIGN

Low profile, space efficient foot prints with easy entry and exits, molded and contoured pads, and numbered adjustment labels at all adjustment points for precise positioning.

## PREMIUM PARTS AND RUGGED CONSTRUCTION

Military spec lubricated cables, solid steel pivot axles with lifetime lubricated sealed bearings for friction free movement, high grade frame bolts and zinc plated hardware to prevent corrosion and heavy duty magnetic selector pin.

## WEIGHT STACK AND INCREMENTAL ADDER-WEIGHT OPTIONS

Fully enclosed and accessible weight stack from seated position with choice of 10lb (4.5kg) or 15lb (6.8kg) increments and optional integrated increment weight system allows user to adjust resistance in either 5lbs (2.3kg) or 7.5lbs (3.4kg) with a simple flip of lever.

## UNILATERAL CONVERGING AND DIVERGING MOVEMENTS

Greater muscle recruitment and more efficient workouts through full articulation of shoulder and elbow joints; available on Shoulder Press, Chest Press, Lat Pulldown, and Seated Row machines.

## COMMERCIAL QUALITY AND RELIABILITY

Backed by 35 years in the industry, structural testing of 500,000 cycles at or above maximum catalog weight, meets ASTM and EN-957 Industry Standards, and supported by a worldwide network of authorized Sales and Service Representatives.

## CUSTOMIZABLE COLOR OPTIONS

Powder coat finish available in standard white or silver finish with additional custom color options and 12 standard vinyl seat options with additional custom color options.  
Contact your sales representative for more information

### FUSE XL PRODUCT LINE

Seated Leg Curl • Leg Extension • Leg Press • Biceps Curl  
Shoulder Press • Chest Press • Pec Fly/Rear Delt  
Lat Pull Down • Seated Row • Low Back • Abdominal  
Triceps Pushdown

### COMING SOON

Inner/Outer Thigh • Lateral Raise  
Rotary Torso • Horizontal Leg Curl

