

# TRUE<sup>®</sup> CARDIO

## ES700

### R E S I D E N T I A L



PREMIUM FITNESS EQUIPMENT SINCE 1981

## ES700 ELLIPTICAL

The ES700 elliptical is engineered with commercial-grade materials and boasts a sleek, dynamic design made to inspire and engage. Tone your muscles and increase your endurance with a cross-trainer designed to give users the most natural movement available on an elliptical. The ES700 delivers a comfortable, low-impact, and safe total body workout unlike any other on the market. TRUE's ES700 is equipped with all of the user-friendly interactive and patented TRUE features you need for your home fitness routine. Make the ES700 elliptical your own with multiple console options.





## ES700 ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' (2.4M)
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Eddy Current Brake
	Maximum Workload	300 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	16" to 27"; 1/2" Increments (41 cm to 69 cm; 1 cm increments)
	Auto Stride™	Yes
	Footpad	Orthopedic Soft Step Cushioned Anti-Fatigue Material (Removable For Easy Cleaning)
	Exercise Arms	Ergonomic Multi-Grip Handle, Optional Rotating Handles Optional Ergonomically Designed Rotating Handles with Upper-Body Only Capability Height Adjustment
	Handrail Design	Extended Handrails with Molded Rubber, Moisture Resistant Grips
	Side Step Design	Non-Slip Rubber with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES		Escalate®, Emerge
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	TRUE Lock™	Standard
REGULATORY APPROVALS		ETL UL1647, CSA
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	49"L x 32.5"W (124 cm x 83 cm)
	Active Footprint	75"L x 32.5"W (191 cm x 83 cm)
	Q-Factor	2" (5 cm)
	Machine Weight	272 lbs. (124 kg)
	Maximum User Weight	350 lbs. (159 kg)
	Step-Up Height	7" (18 cm)
	Portability	2 Front Transport Wheels & Removable Handles
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Parts	7 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

