

MX SELECT - REVOLUTIONISING IN-HOME STRENGTH TRAINING

The MX SELECT series is revolutionising in-home strength training. Our unique rack and pinion design (international patents pending¹), challenges traditional selectorised dumbbell and barbell systems, offering a stylish yet compact design that looks and feels exactly like the free weight systems used in commercial gyms.

MX55 X REPETITION NEVER FELT SO GOOD

X

If you love weight training, the MX55 selectorised dumbbells are the ultimate 'must have' for the home gym. Not only do they look good, they deliver all the prostyle features you would expect from gym quality fixed dumbbells, including safety, durability and rapid weight selection.

The pro-style quality of the MX55 handset enables you to hit every major muscle group at your own convenience, in a compact amount of space. Move from 10-55lbs at the click of a dial to get a full body workout with seamless weight transition between reps.

The set's sleek form and unique safety features will motivate you to push your limits even further. Experience it for yourself – build a better, stronger, leaner body with an MX55 progressive lifting program.



A DESIGN SO COMPACT IT FITS PERFECTLY INTO YOUR LIFESTYLE

The MX55 is a high-end system that offers outstanding value and performance in the selectorised dumbbell category. The MX55's solid steel core handset features an 'industry first' rack and pinion system, to replicate and equal the performance of a fixed commercial-grade 10-piece dumbbell set.



Key Features

Steel craftsmanship – looks, feels and functions just like a pro-style dumbbell
Perfect balance – length of weight shortens evenly each side, as less weight is selected
Quiet smooth operation – changing weight does not involve handling the weight
No protruding knobs or ends – selector dials recess into collars after weight selection
Open handle design – biomechanical and ergonomic precision
Unique rack and pinion design – securely locks weight plates into an immovable position
Exceptional value – price per pound is close to the average for most models
Easy to handle – can be removed and replaced at 180 degrees

WEIGHTS AND DIMENSIONS

10-55 lbs in 5 lb increments (4.5-24.9 kg in 2.25 kg increments)

15.94" (40.5 cm) long - end to end at 55 lbs (24.9 kg)/out of stand

9.58" [24.3 cm] long - end to end at 15 lbs (6.8 kg)/out of stand

Handle length - 5.21" (13.2 cm) (inside dimensions) by 1.125" (2.9 cm) diameter

System footprint in stand - 18.74" L X 22" W X 30.675"H (47.6 cm L X 55.9 cm W X 77.9 cm H)

Total weight with stand – 137.5 lbs (62.3 kg)

Distance from outside of handle to outside of weight – approx. 4" (10.2 cm)

1 International Patents Pending: (1) Rack and Pinion Drive System. (2) Dual Interlocking Weight Plates. (3) Retainer Design – All highly intelligent and tested design attributes that integrate to deliver the most durable and safest Selectable Weight System available.

In development...

MX80 AN INDUSTRY-FIRST SELECTORISED BARBELL & EZ CURL SYSTEM

A first of its kind, MX80 will challenge your perception of traditional barbell training. From deadlifts to upright rows and arm curls, MX80 combines a range of fixed bar options in one compact, heavy duty package (international patents pending²]. Replacing 26 fixed weight bars or 1140 lbs, the selectorised barbell and EZ curl rack will be the envy of lifting enthusiasts.



Key Features

Steel craftsmanship - looks, feels and functions just like a fixed weight barbell Exceptional function - with heavy duty steel cores and high quality knurling Perfect balance - length of weight shortens evenly each side, as less weight is selected Quiet smooth operation - changing weight does not involve handling the weight No protruding knobs or ends - selector dials recess into collars after weight selection Unique rack and pinion design - securely locks weight plates into an immovable position Exceptional value - price per pound is close to the average for most models Great for group training - the compact system allows for multiple sets in one room

2 International Patents Pending: [1] Rack and Pinion Drive System. [2] Dual Interlocking Weight Plates. [3] Retainer Design - All highly intelligent and tested design attributes that integrate to deliver the most durable and safest Selectable Weight System available.



VARIABLE WEIGHT SYSTEMS



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