

SCB1000

ProClub Line Counter Balanced Smith Machine



SCB1000 **ProClub Line Counter Balanced**

Counter-balanced to a comfortable 13 pounds, the SBC1000 allows any size user to start with an appropriate amount of resistance, then handles up to 1,200 pounds with ease. Its 0° reverse pitch and silky smooth vertical carriage ensure freedom of biomechanically correct movement as you move safely and efficiently through routines that can include bench press, chest press, military press, squats, lunges, curls, shoulder shrugs and dozens of other muscle-massing exercises.

Dimensions 84"H x 50"L x 86"W

Special Features

- Commercial rated
- Super-smooth vertical movement up and down the carriage
- Safe guided motion to keep you from losing your balance and eliminate the need for a spotter
- Ergonomically designed oval, 11-gauge steel
- Case hardened rods and high quality bearings ensure smooth performance at any weight
- Six Olympic weight plate storage posts to safely suspend plates off the floor for easy access