### TUFFSTUFF FITNESS INTERNATIONAL

# OWNER'S MANUAL Maintenance & Assembly Instructions

**IMPORTANT:** KEEP THIS MANUAL FOR FUTURE REFERENCE



## **NOTICE**

#### It is the Purchaser's/Owner's obligation:

- 1. To disclose and post all Rules & Regulations, Danger, Warning and Caution labels affixed on the machine to their customers/users.
- 2. Equipment to be installed by TFI Authorized Dealer or a service company approved by TFI.
- 3. Provide trained personnel, supervision and correct usage of the equipment.
- 4. Provide scheduled inspection, maintenance & repairs and must be performed by TFI Authorized Dealer or a service company approved by TFI.
- 5. Must use only genuine TFI replacement parts.
- 6. **A WARNING** Machine must be anchored to a solid and level surface.

**CG-9503 Multi-Press** 

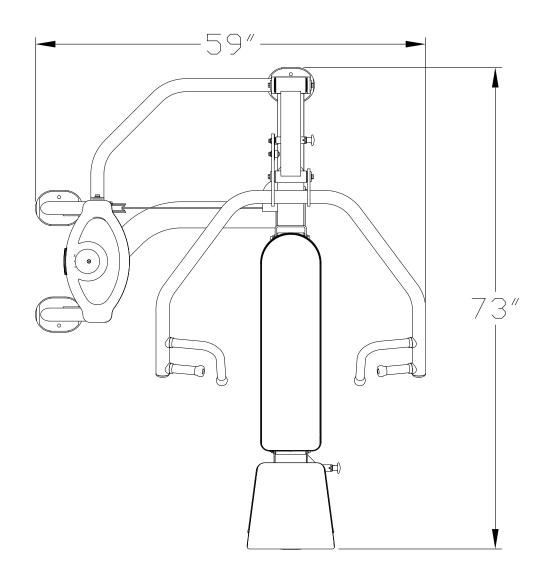
## **Table of Contents**



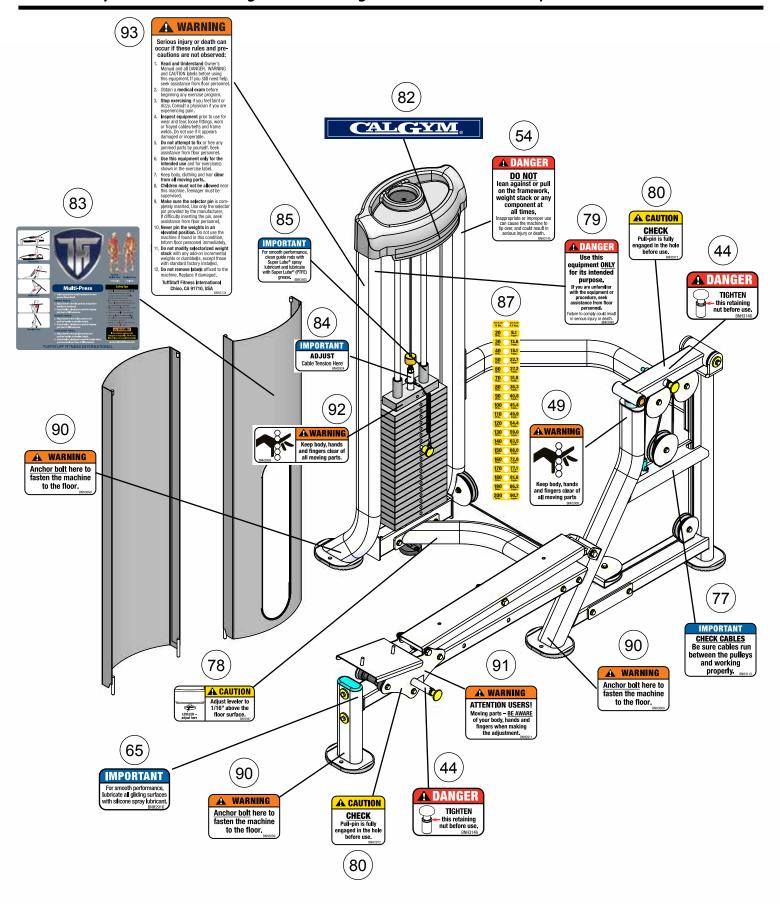
Overhead Specifications	Page 3
Danger, Warning, & Caution Labels Information	Page 4-7
Anchoring Unit	Page 8
Important Safety Instructions	Page 9
Registration, Service & Assembly	Page 10
Inspection/Maintenance	Page 11
Cable Inspection	Page 12
Step 1	Page 13
Step 2	Page 14
Step 3	Page 15
Step 4	
Step 5	Page 18-19
Step 6 Cable Routing	Page 20-21
Step 7	Page 22
Step 8	Page 23
Parts List	Page 24
Pre-Assembled Components	
Notes	Page 27
Warranty	Page 28

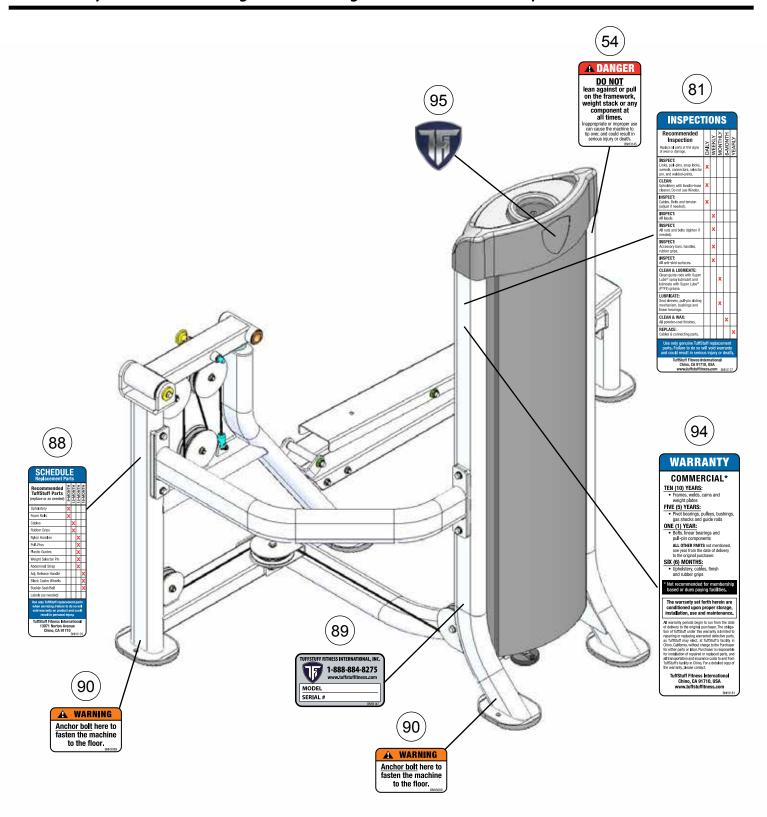
TuffStuff Fitness International Inc. continually engages in research related to product improvements. Please take the time to carefully read through this owner's manual thoroughly. Instructions contained in this owner's manual are not intended to cover all details or variations possible with equipment, or to cover every contingency that may be met in conjunction with assembly, installation, operation, maintenance or troubleshooting of the equipment. Even though we have prepared this owner's manual with extreme care, neither the manufacturer nor the author can accept responsibility for any errors in, or omission from, the information given. Should additional information be required, or should situations arise that are not covered by this owner's manual, the matter should be directed to Customer Service at TuffStuff Fitness International Inc. in Chino, California.





L 73" X W 59" X H 59" MAX-LOAD WEIGHT LIMIT -200 lbs





CG-9503 MULTI-PRESS www.tuffstuffitness.com

5

94

### WARRANTY

#### **COMMERCIAL\***

#### TEN (10) YEARS:

 Frames, welds, cams and weight plates

#### FIVE (5) YEARS:

Pivot bearings, pulleys, bushings, gas shocks and guide rods

#### ONE (1) YEAR:

Belts, linear bearings and pull-pin components

ALL OTHER PARTS not mentioned, one year from the date of delivery to the original purchaser.

#### SIX (6) MONTHS:

 Upholstery, cables, finish and rubber grips

Not recommended for membership based or dues paying facilities.

The warranty set forth herein are conditioned upon proper storage, installation, use and maintenance.

All warranty periods begin to run from the date of delivery to the original purchaser. The obliga-tion of TuffStuff under this warranty is limited to repairing or replacing warranted defective parts, as TuffStuff may elect, at TuffStuff's facility in Chino, California, without charge to the Purchaser for either parts or labor. Purchaser is responsible for installation of repaired or replaced parts, and all transportation and insurance costs to and from TuffStuff's facility in Chino. For a detailed copy of the warranty, please contact:

> **TuffStuff Fitness International** Chino, CA 91710, USA www.tuffstuffitness.com

## 88

SCHEDULE Replacement Parts										
Recommended TuffStuff Parts (replace or as needed)	HTNOM-6	12-MONTH	15-MONTH	18-MONTH						
Upholstery	X									
Foam Rolls	X									
Cables		X								
Rubber Grips		X								
Nylon Handles			X							
Pull-Pins			X							
Plastic Guides			X							
Weight Selector Pin			X							
Abdominal Strap			X							
Adj. Release Handle				X						
Black Caster Wheels				X						
Buckle Seat/Belt				X						
Labels (as needed)										
Use only TuffStuff replac when servicing, Failure void warranty on produc	to d	o s(	wi	l						



TuffStuff Fitness International

13971 Norton Avenue

Chino, CA 91710

## 81

## INSPECTIONS

Recommended Inspection Replace all parts at first signs of wear or damage.	DAILY	WEEKLY	MONTHLY	HINOW-9	YEARLY
INSPECT: Links, pull-pins, snap locks, swivels, connectors, selector pin, and welded-joints.	x				
CLEAN: Upholstery with lanolin-base cleaner. Do not use Windex.	x				
INSPECT: Cables, Belts and tension (adjust if needed).	x				
INSPECT: All labels		X			
INSPECT: All nuts and bolts (tighten if needed).		x			
INSPECT: Accessory bars, handles, rubber grips.		x			
INSPECT: All anti-skid surfaces.		x			
CLEAN & LUBRICATE: Clean guide rods with Super Lube® spray lubricant and lubricate with Super Lube® (PTFF) grease			x		

Use only genuine TuffStuff replacement parts. Failure to do so will void warranty and could result in serious injury or death.

LUBRICATE:

linear bearings

REPLACE:

**CLEAN & WAX:** 

Seat sleeves, pull-pin sliding

mechanism, bushings and

All powder-coat finishes

Cables & connecting parts

TuffStuff Fitness International Chino, CA 91710, USA www.tuffstuffitness.com

## 93

## WARNING

#### Serious injury or death can occur if these rules and precautions are not observed:

- 1. Read and Understand Owner's Manual and all DANGER, WARNING and CAUTION labels before using this equipment. If you still need help, seek assistance from floor personnel.
- Obtain a medical exam before beginning any exercise program.
- Stop exercising if you feel faint or dizzy. Consult a physician if you are experiencing pain.
- Inspect equipment prior to use for wear and tear, loose fittings, worn or frayed cables/belts and frame welds. Do not use if it appears damaged or inoperable.
- Do not attempt to fix or free any jammed parts by yourself. Seek assistance from floor personnel.
- Use this equipment only for the intended use and for exercise(s) shown in the exercise label.
- Keep body, clothing and hair clear from all moving parts.
- Children must not be allowed near this machine. Teenager must be supervised.
- Make sure the selector pin is completely inserted. Use only the selector pin provided by the manufacturer. If difficulty inserting the pin, seek assistance from floor personnel.
- 10. Never pin the weights in an elevated position. Do not use the machine if found in this condition. Inform floor personnel immediately.
- 11 Do not modify selectorized weight stack with any add-on incremental weights or dumbbells, except those with standard factory installed.
- 12. Do not remove labels affixed to the machine. Replace if damaged.

**TuffStuff Fitness International** Chino, CA 91710, USA



## **A DANGER**

#### **Use this** equipment ONLY for its intended purpose.

If you are unfamiliar with the equipment or procedure, seek assistance from floor personnel.

Failure to comply could result in serious injury or death.

54

## ▲ DANGER

## DO NOT

lean against or pull on the framework, weight stack or any component at all times.

Inappropriate or improper use can cause the machine to tip over, and could result in serious injury or death.

85

### **IMPORTANT**

For smooth performance, clean guide rods with Super Lube® spray lubricant and lubricate with Super Lube® (PTFE) grease. BNH2925



#### **IMPORTANT**

### **CHECK CABLES**

Be sure cables run between the pulleys and working properly.



## **A** WARNING

Keep body, hands and fingers clear of all moving parts.

44

**TIGHTEN** 

this retaining

nut before use.



## IMPORTANT

For smooth performance, lubricate all gliding surfaces with silicone spray lubricant.



## **IMPORTANT**

#### **ADJUST**

Cable Tension Here

### WARNING

90

Anchor bolt here to fasten the machine to the floor.

## **A** WARNING

#### ATTENTION USERS!

Moving parts - BE AWARE of your body, hands and fingers when making the adjustment.

BNH3146 www.tuffstuffitness.com

## Carefully read ALL Danger, Warning & Caution labels posted on the machine



82)







87

TOP PLATE 4.5 kgs.







(86)

## **BE ALERT!**

THE FITNESS EQUIPMENT IN THIS FACILITY PRESENTS HAZARDS WHICH, IF NOT AVOIDED, COULD CAUSE SERIOUS INJURY OR DEATH.

Prior to using the equipment, READ the warning labels and instruction placards affixed to each machine.

If you are unsure on how to use a machine, seek the assistance of our floor personnel. We will be happy to instruct you on how to use the equipment properly.

Immediately report any piece of equipment that is not functioning properly to our floor personnel so that it may be evaluated and service promptly.

DO NOT ATTEMPT to use or fix any piece of equipment that is not functioning properly.

ASTM F1749-9

TUFFSTUFF FİTNESS İNTERNATİONAL, CHİNO, CA 91710

BNH3138

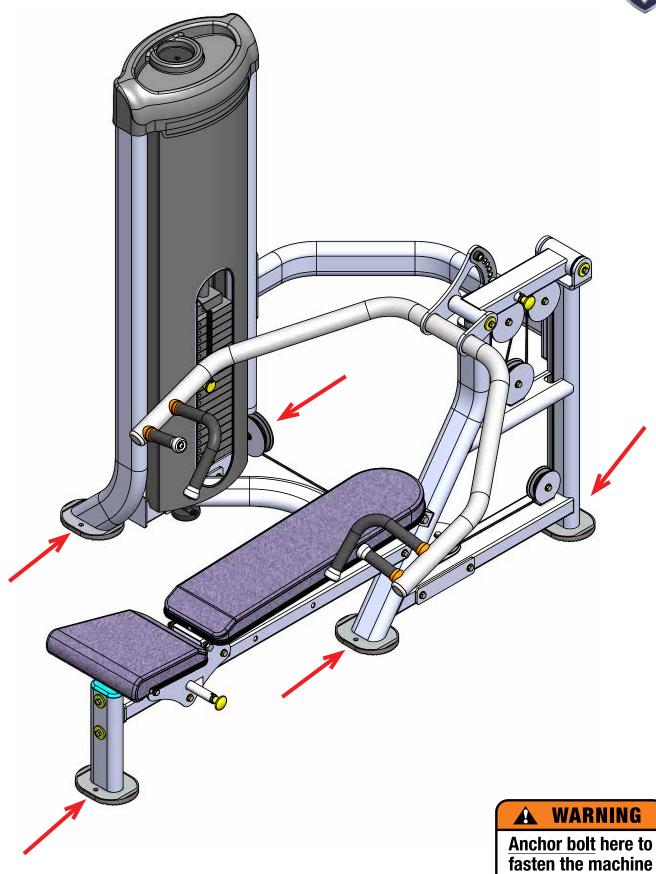
It is extremely important that the **Facility Sign** shown to the left be installed in plain view of the unit.

You should have received it along with this Owner's Manual. If you did not receive this Facility Sign with your order, you can obtain one at no cost to you from TuffStuff Fitness by contacting our service department at:

1 (888) 884-8275 service@tuffstuff.net service1@tuffstuff.net

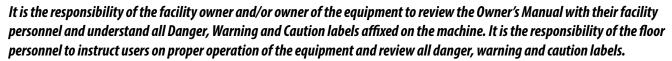
## **Anchoring Unit**

Holes on frame are provided for anchoring the unit to the floor. See anchoring hole location below.



to the floor.

## **Important Safety Instructions**



## **WARNING** SERIOUS INJURY OR DEATH CAN OCCUR IF THESE SAFETY PRECAUTIONS ARE NOT OBSERVED:

- 1. Obtain a medical exam before beginning any exercise program.
- Read and understand Owner's Manual and all Danger, Warning and Caution labels before using this equipment. If you still need help, seek assistance from floor personnel.
- 3. **Inspect the equipment** before each use for wear and tear, loose fittings, worn or frayed cables and frame welds. DO NOT USE if it appears to be inoperable or damaged.
- 4. Stop exercising if you feel faint or dizzy. Consult a physician if you are experiencing pain.
- 5. Use this equipment only for the intended use.
- 6. Keep body, clothing and hair clear from all moving parts. Do not attempt to free any jammed parts by yourself.
- 7. Always warm-up before and cool-down after weight training. Warm-up for 10-15 minutes with stretching and cardiovascular exercises. Cool-down should include light stretching exercises for 5-15 minutes.
- 8. Never hold your breath will limit the flow of oxygen to your brain and may cause dizziness. The most often used breathing pattern is inhaling during least resistance and exhaling during maximum resistance.
- Do not use accessories or accessory attachments that are not recommended by TFI.
- 10. Make sure selector pin is completely inserted. Use only the selector pin provided by the manufacturer.
- 11. Never pin the weights in an elevated position. Do not use the machine if found in this condition.

### **Facility Safety Guidelines and Practices**

- 1. Read and understand the Owner's Manual before assembling, servicing or using the equipment.
- 2. Equipment to be installed by TFI Authorized Dealer or Professional Service Company approved by TFI.
- 3. Make sure each machine is set up and operated on a solid level surface. Do not install equipment on an uneven surface.
- 4. Anchoring of equipment must be completed at time of installation and inspected prior to use. Failure to anchor the machine to the floor could cause the machine to tip or fall over due to incorrect usage and misuse, and could result in serious injury or death.

- Provide an adequate safety perimeter between the machine, walls and other equipment to ensure that the facility has proper clearance for usage and training.
- 6. Post and disclose all safety, rules and regulations on a bulletin board easily accessible to users.
- 7. Perform regular maintenance (see Inspection Label). Pay special attention to areas most susceptible to wear and tear, including but not limited to cables, pulleys and rubber grips.
- 8. **Do not** lean against or pull on the framework, weight stack or any component at all times.
- 9. **Children must not** be allowed near the equipment. Teenager must be supervised.
- 10. Replace immediately all parts at first sign of wear or damage. If unable to replace worn or damaged components/parts, remove machine from service until the repair is made.
- 11. Use only genuine TuffStuff replacement parts. Failure to do so will void warranty and could result in serious injury or death to the users.
- 12. **Do not remove** any decals affixed to the machine. Replace if damaged.
- 13. **Do not alter or modify** the original manufacturer's weight stack with any add-on incremental weights, weight plates or dumbbells except those with standard factory installed option.
- 14. Maintain a service contract with a TFI Authorized Dealer or a Professional Service Company approved by TFI. Keep a service log of all maintenance and repair activities. NOTICE: It is the sole responsibility of the owner or facility operator to ensure that regular maintenance is performed.

## **A DANGER**

**DANGER:** indicates an imminently hazardous situation which, if not avoided, will result in death or serious injury.



**WARNING:** indicates a potentially hazardous situation which, if not avoided, will result in death or serious injury.



**CAUTION:** indicates a hazardous situation which, if not avoided, could result in minor or moderate injury.

## **Registration, Service & Assembly**

Thank you for purchasing the CG-9503 Multi-Press. This machine is part of the TuffStuff line of quality strength training equipment. To maximize your use of the equipment, please study the Owner's Manual thoroughly.

### Registration

To avoid unnecessary delays on warranty parts and to insure that a permanent record of your purchase is on file with our company, be sure to register online at http://www.tuffstuffitness.com or mail to address shown below within 10 days of purchase.

#### **Obtaining Service**

Please use this Owner's Manual as your guide to all parts included in your shipment. When ordering parts, you must specify the part number and description from this owner's manual. **Use only genuine TuffStuff replacement parts when servicing the equipment.** Failure to do so will void warranty and could result in serious injury or death.

For information about product operation or service:

Phone: 909-629-1600 Toll Free 888-884-8275

Fax: 909-629-4967

E-mail: service@tuffstuff.net or service1@tuffstuff.net

Hours: M-F 8:00 - 4:30 PST

Or write to: TuffStuff Fitness International, Inc.

**Customer Service** 

13971 Norton Avenue, Chino, CA 91710

Retain this Owner's Manual for future reference when ordering service or parts. To assist you better, please be prepared to provide the following information:

Model Number
 Place of Purchase
 Serial Number
 Part # and Description

### **Required Tools**

The basic tools that you will need to assemble the CG-9503 but are not limited to:

- 3/4", 9/16", 1/2" combination wrenches
- · Adjustable wrench
- Ratchet wrench with 3/4", 9/16", 1/2" sockets
- Rubber mallet, measuring tape & utility knife
- Super Lube® spray lubricant and grease
- Windex or household glass cleaner

### **Assembly Requirements**

Follow these installation requirements when assembling the CG-9503. Use the overhead view on the Content Page to layout your floor plan before assembling.

Set up the CG-9503 on a clean, solid, flat surface. A smooth, flat surface under the machine helps keep it level.

Allow ample space around the machine for safe unrestricted use and easier access.

Insert all bolts in the same direction. For aesthetic appearance, insert all bolts in the same direction unless specified (in text or illustration) to do otherwise.

Leave room for adjustments. Do not fully tighten fasteners until instructed in the assembly steps to do so (to prevent any difficulty with alignment of parts during the assembly process). When not instructed, tighten fasteners such as bolts, nuts and screws so the unit is stable, but leave room for adjustments.

### **Assembly Tips**

Read all "Notes" on each page before beginning each step.

While you may be able to assemble the CG-9503 using the illustrations only, IMPORTANT safety notes and other tips are included in the text.

Some pieces may have extra holes that you will not use. Use only those holes indicated in the instructions and illustration.

**NOTE:** With so many assembled parts, proper alignment and adjustment is critical. While tightening the nuts and bolts,

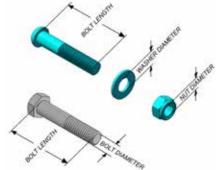
be sure to leave room for final adjustments.

**CAUTION:** Obtain assistance from TFI if you have difficulty

assembling the CG-9503. Please do not attempt to complete the assembly as this could result in equipment

failure and serious injuries to the users.

### **Symbols & Description**



Loosely Tighten Loosely Tighten

70%

Loosely tighten all hardware in this step. DO NOT Fully Tighten. Some component(s) may need pre-assembly and or alignment during the assembly process.

Fully Tighten

100%

**∽** Fully Tighten

Wrench tighten all hardware in this step.

## **Inspection/Maintenance**

www.tuffstuffitness.com BNH3137

Perform regular maintenance (see Inspection Label). Pay special attention to areas most susceptible to wear and tear, including but not limited to cables, pulleys and rubber grip. TFI recommends you maintain a service contract with a TFI Authorized Dealer or a Professional Service Company approved by TFI. Keep a service log of all maintenance and repair activities. Extra copies can be downloaded from our website www.tuffstuffitness.com

INSPECT			N.	S		INSPECTION / MAINTENANCE RECORDS							
						DATE	REPLACEMENT	REPAIRS	INSPECTED BY				
Recommended Inspection		Ţ	H	NTH	يز								
Replace all parts at first signs of wear or damage.	DAILY	WEE	MONTHLY	6-MONTH	YEARLY								
INSPECT: Links, pull-pins, snap locks, swivels, connectors, selector pin, and welded-joints.	x												
CLEAN: Upholstery with lanolin-base cleaner. Do not use Windex.	x												
INSPECT: Cables, Belts and tension (adjust if needed).	x												
INSPECT: All labels		x											
INSPECT: All nuts and bolts (tighten if needed).		x											
INSPECT: Accessory bars, handles, rubber grips.		x											
INSPECT: All anti-skid surfaces.		X											
CLEAN & LUBRICATE: Clean guide rods with Super Lube® spray lubricant and lubricate with Super Lube® (PTFE) grease.			x										
LUBRICATE: Seat sleeves, pull-pin sliding mechanism, bushings and			x										
linear bearings.  CLEAN & WAX:			$\vdash$				WARRANT	Y REPAIRS	1				
All powder-coat finishes.				X		DATE	REPLACEMENT	REPAIRS	INSPECTED BY				
REPLACE: Cables & connecting parts.					X								
Use only genuine TuffStuff replacement parts. Failure to do so will void warranty and could result in serious injury or death.  TuffStuff Fitness International Chino, CA 91710, USA													

## **Cable Inspection**

## **WARNING:**

THE FOLLOWING CONDITIONS MAY INDICATE A WORN CABLE. REPLACE IMMEDIATELY.



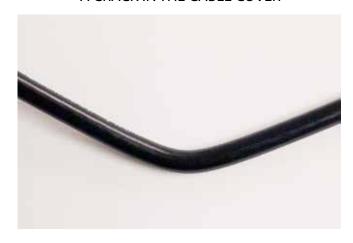
"NECKING", STRETCHED CABLE COVERING



A CRACK IN THE CABLE COVER



A TEAR IN THE CABLE COVER



A BREAK ON THE CABLE



**CABLE END SLIPPING OUT** 

## **IMPORTANT NOTE:**

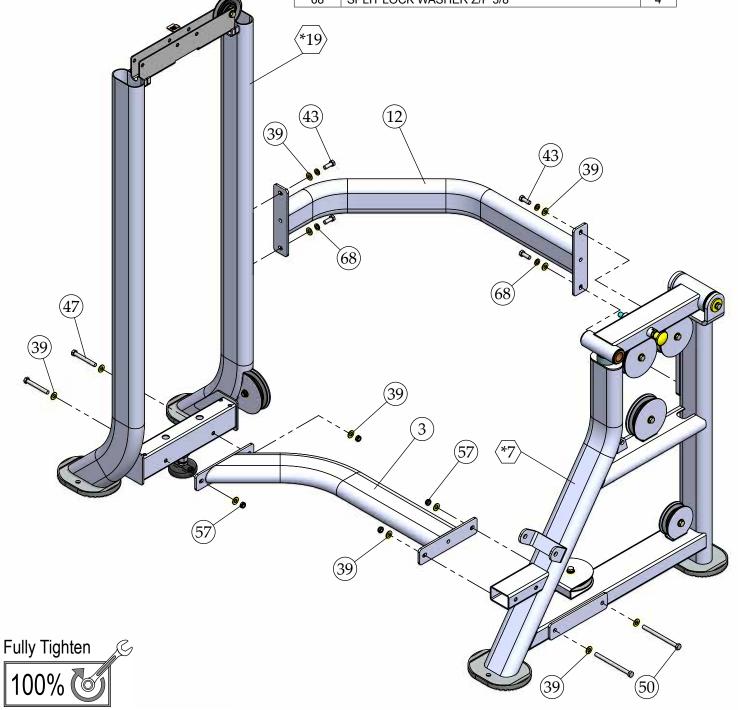
DAMAGED OR WORN CABLE (AS SHOWN ABOVE) MAY DAMAGE THE PULLEY(S). YOU MUST INSPECT THE PULLEYS AT THIS TIME FOR WEAR AND TEAR. REPLACE IF NEEDED.

## Step 1

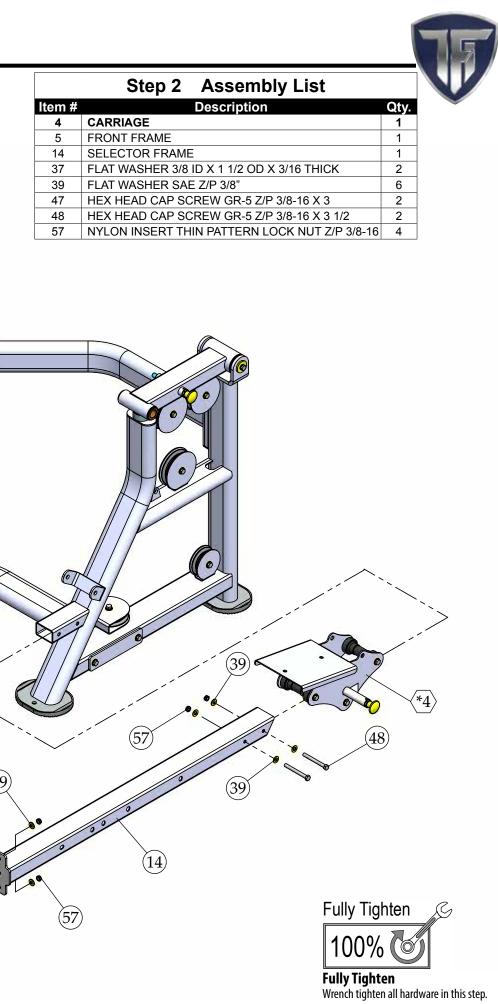
### **NOTE:**

- 1. It is strongly recommended that 2 people participate in the assembly of this unit.
- 2. Be sure to hold the weight stack frame perpendicular to floor before tightening the screws.

	Step 1 Assembly List	
Item #	Description	Qty.
3	BOTTOM CROSS BRACE	1
*7	MAIN FRAME	1
12	REAR CROSS BRACE	1
19	WEIGHT STACK FRAME	1
39	FLAT WASHER SAE Z/P 3/8"	12
43	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1	4
47	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 3	2
50	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 5	2
57	NYLON INSERT THIN PATTERN LOCK NUT Z/P 3/8-16	4
68	SPLIT LOCK WASHER Z/P 3/8"	4

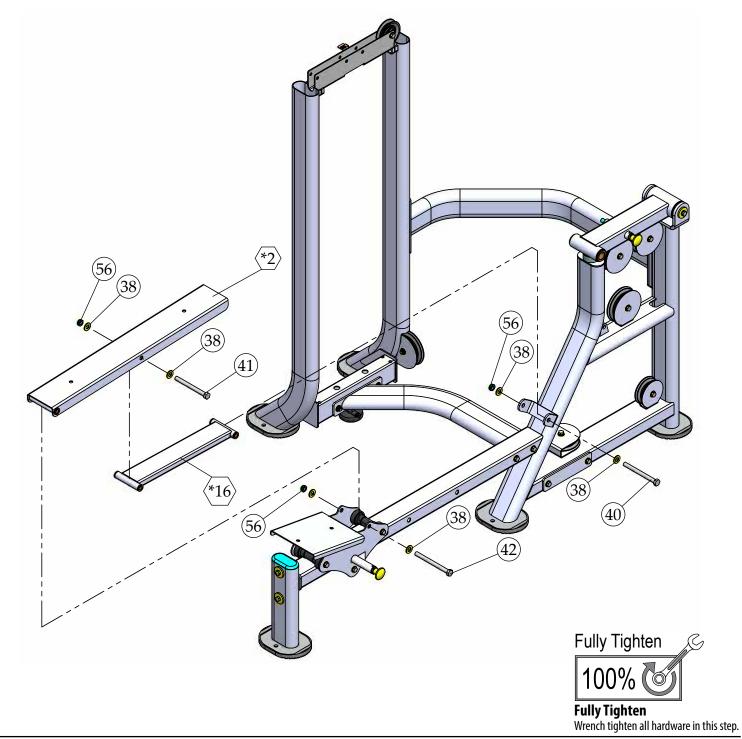


Fully Tighten
Wrench tighten all hardware in this step.

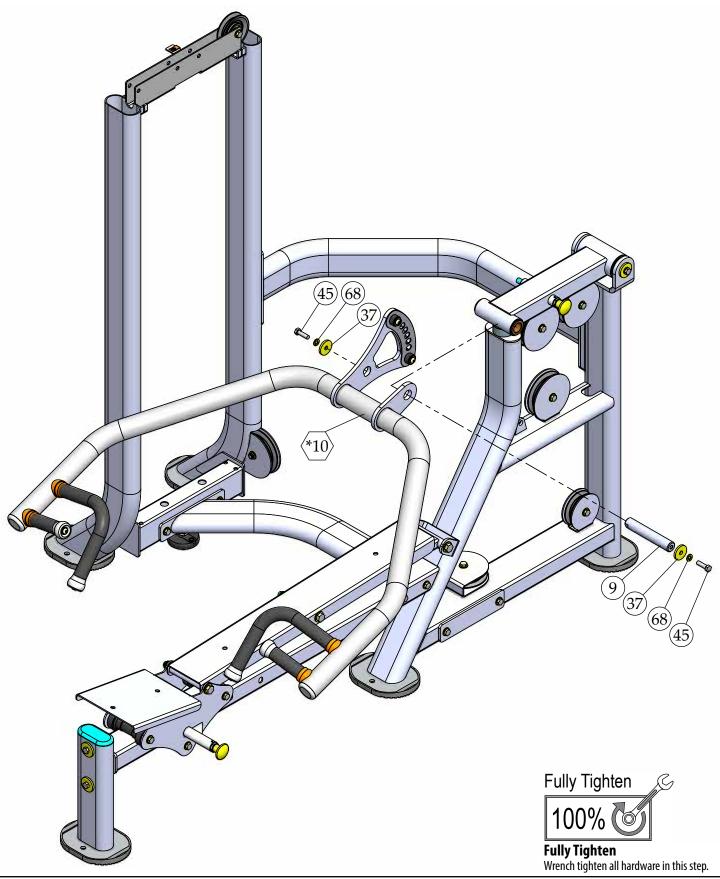




	Step 3 Assembly List	
Item #	Description	Qty.
*2	BACK PAD BRACKET	1
16	SUPPORT BAR	1
38	FLAT WASHER SAE Z/P 1/2"	6
40	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 1/2	1
41	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 1/4	1
42	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 3/4	1
56	NYLON INSERT THIN PATTERN LOCK NUT Z/P 1/2-13	3



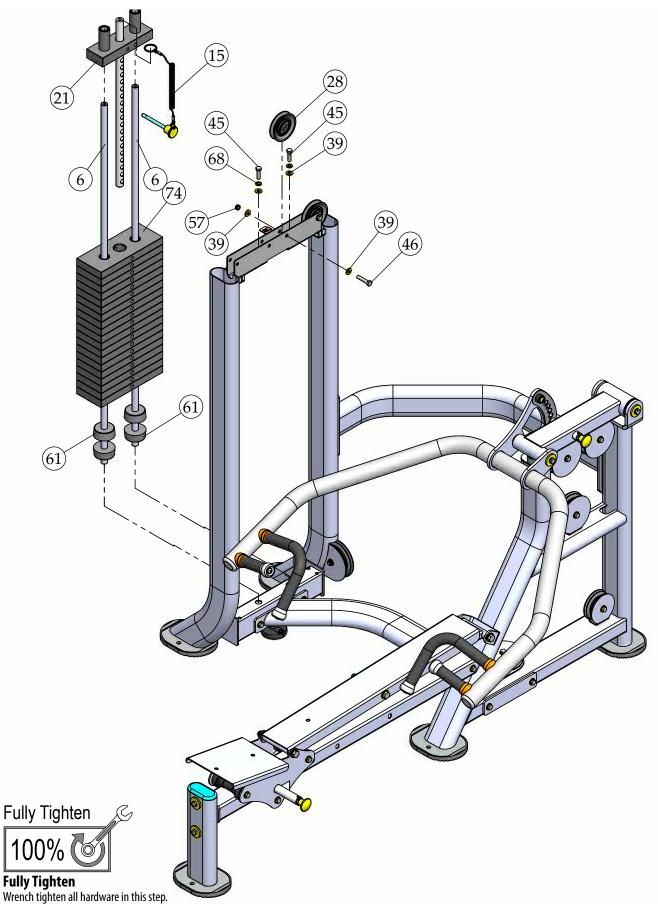






	Step 4 Assembly List	
Item #	Description	Qty.
9	PIVOT AXLE 1 RD X 5 3/4	1
10	PRESS BAR	1
37	FLAT WASHER 3/8 ID X 1 1/2 OD X 3/16 THICK	2
45	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1 1/4	2
68	SPLIT LOCK WASHER Z/P 3/8"	2

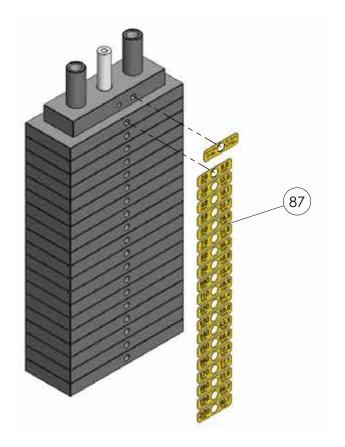




	Step 5 Assembly List	
Item #	Description	Qty.
6	GUIDE ROD 3/4 RD X 50 3/8	2
15	SELECTOR PIN W/COIL 3/8 X 4 GOLD KNOB	1
21	10 LB TOP PLATE W/ADJUSTABLE SELECTOR BAR	1
28	BLACK NYLON PULLEY 3/8 X 1 X 3 1/2	1
39	FLAT WASHER SAE Z/P 3/8"	4
45	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1 1/4	2
46	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1 3/4	1
57	NYLON INSERT THIN PATTERN LOCK NUT Z/P 3/8-16	1
61	RUBBER DONUT 3/4 X 2 1/2	4
68	SPLIT LOCK WASHER Z/P 3/8"	2
74	10 LB STEEL WEIGHT PLATE BLACK 4 X 10	19
87	LABEL-NUMBERS 10-200 LBS/KGS 7/8 X 3 YELLOW	1

#### NOTE:

1. TOP PLATE LABEL GOES ON HOLE OFF CENTER AS SHOWN. LABEL WILL COVER HOLE ON CENTER.



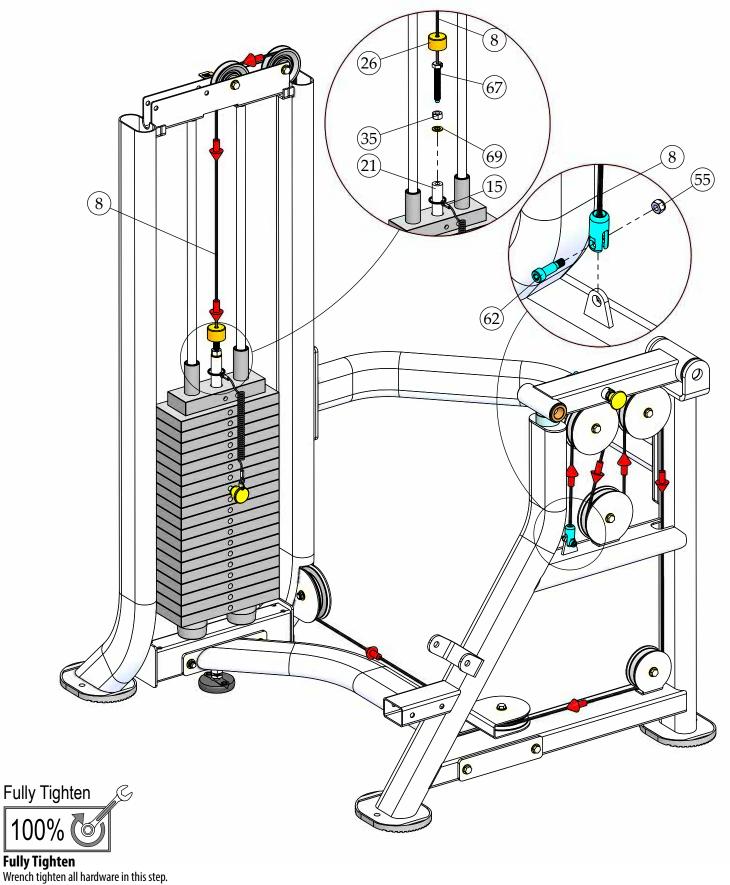
## Weight stack label and lubrication instructions

- 1. Wipe front surface of weight stack with rubbing alcohol and wipe dry.
- 2. Peel off back sheet (adhesive side) from label (#87) and make sure that the label remains attached to the application tape.
- 3. Line up left edge of label sheet with outside edge of weight holes.
- 4. Line up the first label to hole on top plate.
- 5. Make sure label is straight and slowly press into place.
- 6. Gently remove application tape and rub each label firmly against the weight stack.
- 7. Allow labels to stand for 2 days to allow adhesive to cure fully.
- 8. Open the lube package provided and apply a thin film of lubricant around the first 3 inches of the guide rods above the top plate.

9. After the cables are installed, do a set of reps to spread the lubricant thoroughly.

## **Step 6 Cable Routing**



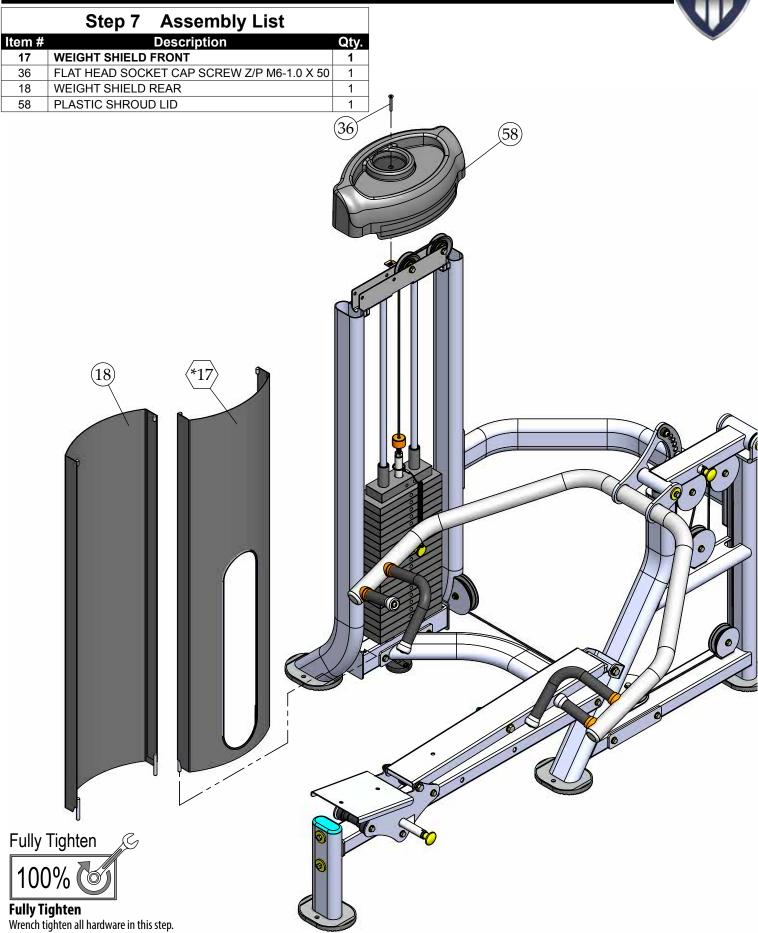




#### Step 6 Assembly List Description Item # Qty. MULTI-PRESS CABLE 1 BLACK NYLON BUMPER 26 1 FINISHED HEX NUT B-Z/P 1/2-13 35 1 NYLON INSERT LOCK NUT Z/P 5/16-18 55 1 SHOULDER BOLT Z/P 3/8 X 3/4 62 1 SPLIT BOLT GR-8 Z/P 1/2-13 X 3 1/2 (RND CUT) 67 1 SPLIT LOCK WASHER Z/P 1/2" 69 1

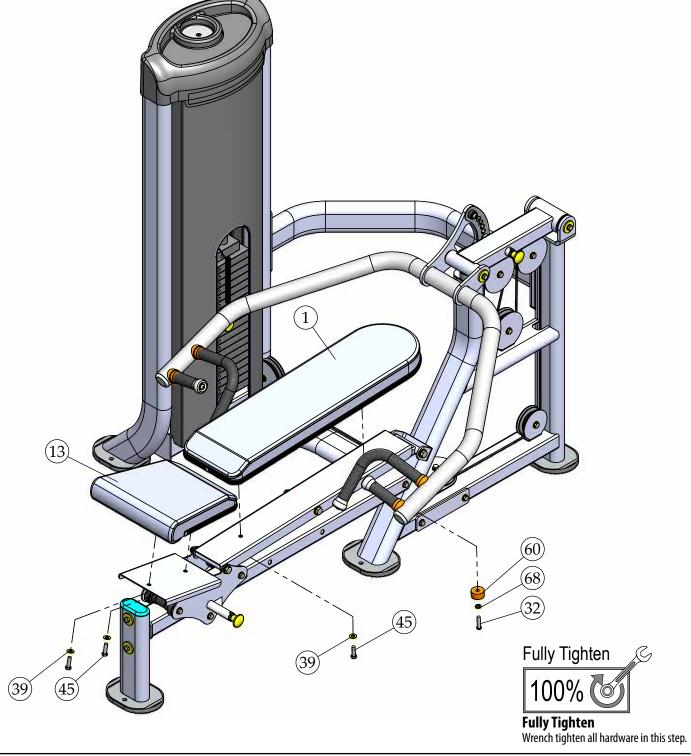
## Step 7







	Step 8 Assembly List	
Item #	Description	Qty.
1	BACK PAD	1
13	SEAT PAD	1
32	BUTTON HEAD SOCKET CAP SCREW GR-8 Z/P 3/8-16 X 1 1/2	1
39	FLAT WASHER SAE Z/P 3/8"	3
45	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1 1/4	3
60	RUBBER BUMPER W/WASHER 3/8 X 1 1/2	1
68	SPLIT LOCK WASHER Z/P 3/8"	1



## **Parts List**

\*4

\*10

CARRIAGE

PRESS BAR

FRONT FRAME

MAIN FRAME

COLOR CHART GRAY= SUB-ASSEMBLY PARTS BLACK= HARDWARE



UP8468X1

UP8470X1

BNH3393X1

0

0

## CG-9503 Parts List

Item No.	Description	Rev.	Part No.	Qty.	Item No.	Description Rev.	Part No.	Qt
1	BACK PAD	0	UP8479	1	51	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 5 1/2	BNH3680	3
2	BACK PAD BRACKET	0	UP8480	1	52	ROLLER WHEEL	BNH3685	(3)
3	BOTTOM CROSS BRACE	0	UP8481	1	53	LEVELER	BNH3662	1
4	CARRIAGE	0	UP8490	1	54	LABEL-DANGER DO NOT LEAN AGAINST, 1.75X2.375	BNH3145	
5	FRONT FRAME	0	UP8482	1	55	NYLON INSERT LOCK NUT Z/P 5/16-18	BNH2056	
6	GUIDE ROD 3/4 RD X 50 3/8	0	UP8461	2	56	NYLON INSERT THIN PATTERN LOCK NUT Z/P 1/2-13	BNH2027	
7	MAIN FRAME	0	UP8483	1	57	NYLON INSERT THIN PATTERN LOCK NUT Z/P 3/8-16	BNH2026	2
8	MULTI-PRESS CABLE	0	UP8484	1	58	PLASTIC SHROUD LID	BNH3393	
9	PIVOT AXLE 1 RD X 5 3/4	0	UP8463	2	59	PULL PIN 1/2 X 5 5/8 STIFF SPRING (YELLOW KNOB)	BNH4075	
10	PRESS BAR	0	UP8486	1	60	RUBBER BUMPER W/WASHER 3/8 X 1 1/2	BNH0514	
11	PRESS BAR PIVOT ARM	0	UP8487	1	61	RUBBER DONUT 3/4 X 2 1/2	BNH0068	
12	REAR CROSS BRACE	0	UP8488	1	62	SHOULDER BOLT Z/P 3/8 X 3/4	BNH2392	
13	SEAT PAD	0	UP8489	1	63	SHROUD LID RUBBER MAT LARGE	BNH3394	
14	SELECTOR FRAME	0	UP8491	1	64	SHROUD LID RUBBER MAT SMALL	BNH3395	Ì
15	SELECTOR PIN W/COIL 3/8 X 4 GOLD KNOB	0	UP3035	1	65	LABEL-IMPORTANT FOR SMOOTH PERFORMANCE	BNH2916	T
16	SUPPORT BAR	0	UP8492	1	66	SOCKET SET SCREW Z/P 10-32 X 1/8	BNH2088	Ť
17	WEIGHT SHIELD FRONT	0	UP8468	1	67	SPLIT HEX TAP BOLT GR-8 Z/P 1/2 -13 X 3 1/2 (RND CUT)	BNH2977	Ť
18	WEIGHT SHIELD REAR	0	UP8469	1	68	SPLIT LOCK WASHER Z/P 3/8"	BNH2520	Ť
19	WEIGHT STACK FRAME	0	UP8470	1	69	SPLIT LOCK WASHER Z/P 1/2"	BNH0572	Ť
20	SCRATCH PROTECTOR (CG-9503)	0	UP8504	1	70	SUPER LUBE TEFLON LUBRICANT 82340	BNH0704	Ť
21	10 LB TOP PLATE W/ADJUSTABLE SELECTOR BAR		BNH1982	1	71	U-STYLE TAPPED HOLE NUT M6	BNH3351	Ť
22	ALUMINUM CAP 1.040" RD (026-01M0937)		BNH3082	4	72	RUBBER GRIP 1 ID X .125 X 4 1/4	BNH1143	1
23	ALUMINUM INSERT CAP 2 RD WITH O-RINGS		BNH2695	2	73	RUBBER GRIP 1 ID X .125 X 14 1/2	BNH2234	T
24	ALUMINUM INSERT CAP ELLIPTICAL 100MM X 50MM		BNH2398	1	74	10 LB STEEL WEIGHT PLATE BLACK 4 X 10	BNH4345	1
25	BALL BEARING #W 516		BNH0628	2	75	NYLON SPACER 10MM ID X 25.4MM OD X 13MM	BNH3703	1
26	BLACK NYLON BUMPER		BNH3308	1	76	EDGE PROTECTOR CHROME 11 GA	BNH1724	1
	BLACK RUBBER HOUSING (CG-9500)		BNH3678	4	77	LABEL-IMPORTANT CHECK CABLES	BNH3113	1
	BLACK NYLON PULLEY 3/8 X 1 X 3 1/2		BNH0553	3	78	LABEL- CAUTION ADJUST LEVELER	BNH2967	T
29	NYLON PULLEY 3/8 X 1 X 4 1/2 BLACK		BNH0506	5	79	LABEL-DANGER USE THIS EQUIP. ONLY (COMM. LINE) 1.5 X 2.375	BNH3088	T
30	BRONZE BUSHING 1 X 1 1/4 X 3/4 X 1 1/2 X 1/8		BNH0527	2	80	LABEL-CAUTION CHECK PULL-PIN IS FULLY	BNH2912	1
31	BRONZE BUSHING SAE 841 (302033) .502X.628 X 1/2 X 7/8 X	X 1/8"	BNH0528	6	81	LABEL-INSPECTIONS RECOMMENDED INSPECTION	BNH3137	1
	BUTTON HEAD SOCKET CAP SCREW GR-8 Z/P 3/8-16 X 1		BNH3706	3	82	LABEL-CG-9500 SERIES PANTONE ON CHROME BASE 1.375 X 12.75	BNH3172	Ť
	BUTTON HEAD SOCKET CAP SCREW Z/P 3/8-16 X 1	-/-	BNH2033	4	83	LABEL-EXERCISE CHART (CG-9503)	BNH3190	t
34	ELLIPTICAL RUBBER SHOE		BNH3323	5	84	LABEL-IMPORTANT ADJUST CABLE TENSION HERE	BNH2924	t
35	FINISHED HEX NUT Z/P 1/2-13		BNH0206	1	85	LABEL-IMPORTANT FOR SMOOTH PERFORMANCE	BNH2925	t
36	FLAT HEAD SOCKET CAP SCREW Z/P M6-1.0 X 50		BNH3705	1	86	FACILITY SIGN BE ALERT! THE FITNESS EQUIPMENT	BNH3138	†
	FLAT WASHER 3/8 ID X 1 1/2 OD X 3/16 THICK		BNH1717	6	87	LABEL-NUMBERS 10-200 LBS/KGS 7/8 X 3 YELLOW & BLACK	BNH4069	t
	FLAT WASHER SAE Z/P 1/2"		BNH2031	6	88	LABEL-SCHEDULE REPLACEMENT PARTS	BNH3135	1
39	FLAT WASHER SAE Z/P 3/8"		BNH2030	49	89	LABEL-TFI SERIAL NO. 2.5 X 1.5	BNH3147	1
	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 1/2		BNH2066	1	90	LABEL-WARNING ANCHOR BOLT, 2 X 1 1/4"	BNH3089	-
41	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 1/4		BNH2114	1	91	LABEL-WARNING ATTENTION USERS!	BNH2911	†
42	HEX HEAD CAP SCREW GR-5 Z/P 1/2-13 X 5 3/4		BNH3260	1	92	LABEL-WARNING KEEP BODY, HANDS	BNH2926	†
43	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1		BNH2037	4	93	LABEL-WARNING_SERIOUS INJURY OR DEATH	BNH3134	†
44	LABEL DANGER CHECK RETAINING NUT 1.5 X 1		BNH3146	2	94	LABEL-COMMERCIAL WARRANTY	BNH3181	†
45	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1 1/4		BNH2038	10	95	TFI EMBLEM 4 HIGH X 4.23 WIDE BLUE AND CHROME	BNH3699	†
46	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 1 3/4		BNH2040	8	96	BLACK DELRIN STOPPER 2 OD X 1/2 ID X 7/8	BNH3707	t
47	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 3		BNH2046	4	97	HEX KEY ALLOY 4 MM	BNH3708	t
48	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 3 HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 3 1/2		BNH2107	2	98	HEX KEY ALLOY 7/32"	BNH0575	$\dagger$
49	LABEL-WARNING KEEP BODY, HANDS		BNH2908	1	98		BNH0375	1
50	HEX HEAD CAP SCREW GR-5 Z/P 3/8-16 X 5		BNH2051	2	100	HEX KEY ALLOY 1/4" HEX KEY ALLOY 3/32"	BNH0373	+
30		DE		1		OMPONENTS	D1V11U3/2	J
		T		1				7
em No.	Description BACK PAD BRACKET	Rev.	Part No.	Qty.		Description Rev. SUPPORT BAR 0	Part No.	+
*2	DACK I AD DRACKET	0	UP8480X1	1	*16	SUPPORT BAR 0	UP8492X1	J

24 www.tuffstuffitness.com CG-9503 MULTI-PRESS

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WEIGHT SHIELD FRONT

WEIGHT STACK FRAME

PLASTIC SHROUD LID

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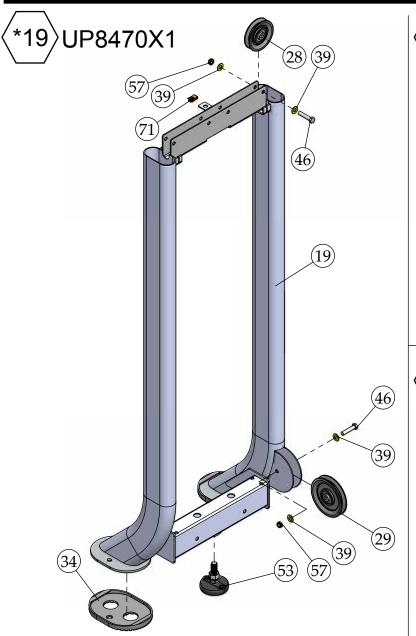
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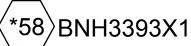
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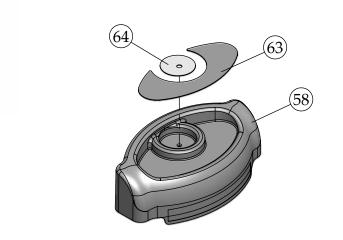
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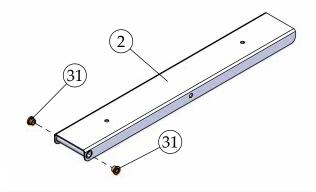
## **Pre-Assembled Components**



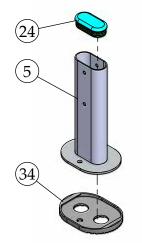


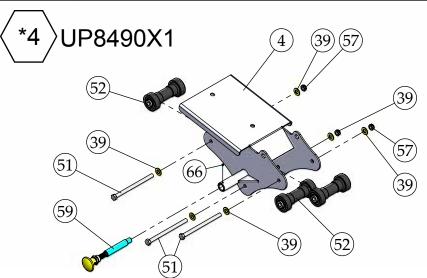


(\*2)UP8480X1

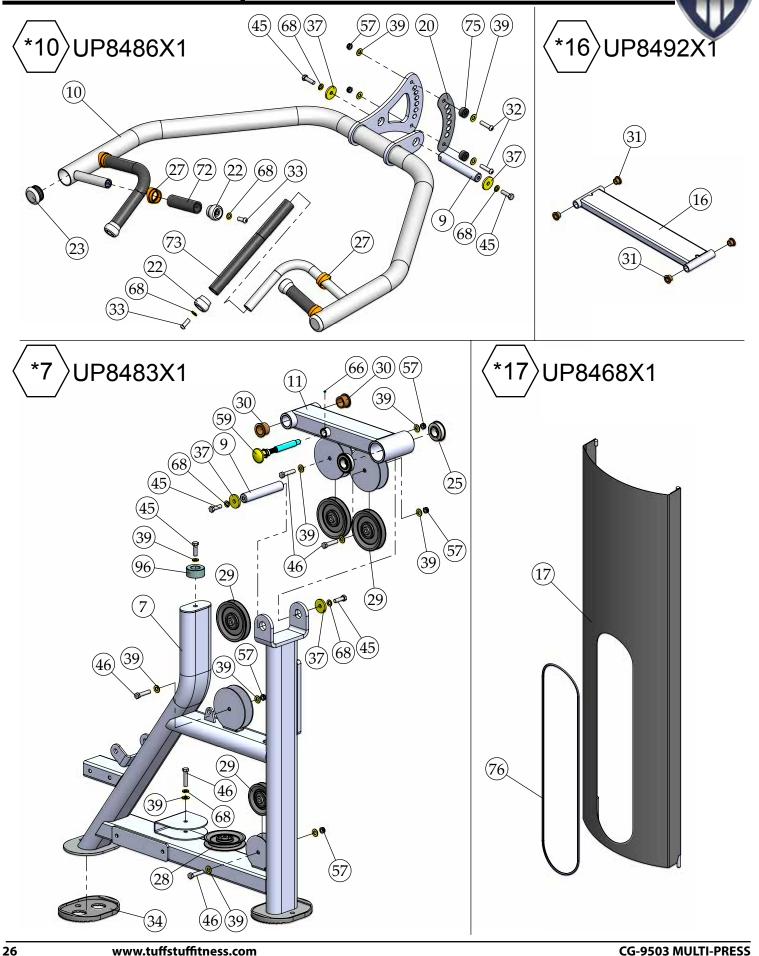


(\*5) UP8482X1





## **Pre-Assembled Components**



## **Notes**

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## **COMMERCIAL WARRANTY\***

This warranty applies only in the United States to the products manufactured or distributed by TuffStuff Fitness International Inc. (TFI) under the CALGYM brand name. TFI warrants to the original purchaser that CALGYM equipment will be free from defects in material and workmanship. All warranty periods begin to run from the date of purchase to the original purchaser. The warranty and remedies set forth herein are conditioned upon proper storage, installation, use and maintenance and conformance with any recommendations of TFI. This warranty does not cover products not manufactured by TFI or products which are altered without the express written consent of TFI.

### **COMMERCIAL WARRANTY\*:**

**TEN (10) YEARS:** Frames, welds, cams and weight plates.

**FIVE (5) YEARS:** Pivot bearings, pulleys, bushings, gas shocks and guide rods.

**ONE (1) YEAR:** Belts, linear bearings and pull-pin components.

All other parts not mentioned, one (1) year from the date of

purchase to the original purchaser.

**SIX (6) MONTHS:** Upholstery, cables, finish and rubber grips.

The obligation of TFI under this warranty is limited to repairing or replacing warranted defective parts as TFI may elect, at TFI's facility in Chino, California, without charge to the purchaser. Purchaser is responsible for installation of repaired or replaced parts, and all transportation and insurance costs on returned or replaced equipment to and from TFI's facility in Chino.

THE FOREGOING SHALL CONSTITUTE THE SOLE REMEDY OF THE PURCHASER AND THE SOLE LIABILITY OF TFI WITH REGARD TO WARRANTY, WHETHER EXPRESS OR IMPLIED BY OPERATION OF LAW OR OTHERWISE, INCLUDING BUT NOT LIMITED TO ANY IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS. TFI SHALL IN NO EVENT BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL LOSSES, DAMAGES, OR EXPENSES IN CONNECTIONS WITH EXERCISE PRODUCTS. TFI'S LIABILITY HEREUNDER IS EXPRESSLY LIMITED TO THE REPAIRS OR REPLACEMENTS OF WARRANTED DEFECTIVE PARTS.

This written warranty is the final, complete and exclusive agreement of the parties with respect to the quality or performance of the equipment and no action for breach of this written warranty or any implied warranty shall be commenced more than one (1) year after the accrual of the cause of action. No modification of this warranty or waiver of its terms shall be binding on either party unless approved in writing by an authorized representative of the party. Contact TuffStuff Fitness International, Inc. at 13971 Norton Avenue, Chino, CA 91710, before returning any defective equipment.

This warranty gives you specific legal rights and you may also have other rights, which may vary from state to state.

SERIAL#		
	Write your Serial number here for future reference	Purchase Date



## **TuffStuff Fitness International, Inc.**

<sup>\*</sup>Not recommended for membership based or dues paying facilities.