

effortless, one-handed adjustments through all 31 height increments. The detailed instructional placard clearly illustrates 20 common exercises from beginning to end, making utilizing this machine a breeze for any user.



TRUE is Impacting Fitness. TRUE has a thirty-four year history making the world's most premium cardio equipment. Now, we are taking that same manufacturing and design quality and bringing it to you in the new FORCE strength line. All of the features you have come to associate with TRUE are found in the FORCE line...quality, durability, craftsmanship and superior aesthetics. Welcome to the new TRUE.

FUNCTIONAL TRAINER

Key Features:

- Dual weight stack design allows users to train or rehabilitate each arm using different resistance levels or allows for two simultaneous users.
- Unique twist and roll pulley handles allow for effortless one-handed adjustments through 31 heights clearly marked 1-31.
- Instruction placards include illustrations of beginning and ending positions for 20 common exercises.
- · Multi-grip pull-up bar enhances versatility.
- Integrated accessory tray with water bottle holder adds convenience.
- · Standard accessories include long bar, short bar, lined ankle strap and triceps rope .

Product Dimensions L x W x H

44.5" x 66.25" x 84.75" 113 cm x 168 cm x 215 cm

Product Weight (including weight stacks)

681 lbs / 309 kg

Weight Stack

430 lbs / 195 kg

2 x 215 lbs / 2 x 99.5 kg / 15 lbs top plate + 10 lbs increments

Warranty

10 YEARS: Frames, welds, cams, and weight plates

5 YEARS: Bushings, pivot bearings, gas-shocks, pulleys, and guide rods

1 YEAR: Cables, rubber grips

6 MONTHS: Upholstery, hardware, and all other parts not mentioned

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.













