

# XE795 Elliptical Trainer



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The Spirit **XE795** was designed with Comfort, Durability and Value in mind. The natural 20" stride length and narrow pedal spacing ensure an ideal stride motion, while the oversized/cushioned foot pedals, and cushioned ergonomic hand grips ensure comfort at the touch points.

The **XE795** is self-powered, meaning no cords to worry about. You can place this product anywhere. The large sealed roller bearings used with the pedal arms and handlebars, along with the dual roller wheels and aluminum tracks, assure a smooth and reliable workout. The frame has been constructed as one solid welded piece from front to back for added stability and durability, while minimizing noise.

### Additional Features:

- Generator Drive System requiring no external power source.
- Dual track and concave roller wheel system for added stability
- 40 levels of resistance to help customize your workout
- A bright blue backlit LCD with essential feedback data.
- Wireless Heart Rate makes for ideal monitoring during exercise



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User interface is key to a great experience with any product. From the soft ergonomically contoured handlebars, to the one touch program keys, to the conveniently located accessory tray, we focused on making everything comfortable and easy to use. Additional features include integrated speakers for your MP3 player; allowing you to listen to music without the need for headphones, and a body cooling fan that swivels to direct the breeze where you want it for a long and comfortable workout.

The XE795's large console includes a bright blue back-lit display for easy-to-read workout data. The display also features a workout profile, lap track, and scrolling message center to keep you informed. The console even features a heart rate % profile bar to keep you efficiently working out in your target training zone, and the muscle activation figure which lets you know which muscle groups are minimally and maximally activated during your workout.

## Equipment Specifications

CONSOLE	7.5" Blue Backlit LCD with muscle profile display, target heart rate display, swivel fan, and integrated speakers
PROGRAMS	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Calories, Fusion, 2 HR, 2 User
HEART RATE	Contact and Telemetric (Heart rate strap not included)
RESISTANCE	40 Levels
POWER	Self Generating
FLYWHEEL SYSTEM	30 lbs., Steel
FOOT PEDALS	Oversized and Cushioned, w/ 2-Degree Inversion; 2" Q Factor
DIMENSIONS	71" x 25" x 66"
FRAME	Commercial-Grade Structural Steel w/ durable Powder-Coat Paint
PRODUCT WEIGHT	229 lbs.
MAX USER WEIGHT	400 lbs.

## Warranty Information

RESIDENTIAL WARRANTY	Lifetime: Frame & Brake   10 Yrs: Parts   1 Yr: Labor
COMMERCIAL WARRANTY <small>(Up to 5 hours use or less in a non-dues paying facility)</small>	Lifetime: Frame   5 Yrs: Brake   3 Yrs: Parts   1 Yr: Labor

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