



PRODUCT CATALOG

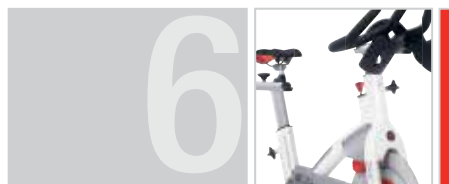
SPRING - 2014

PRIMAVERA/PRINTEMPS/FRÜHLING/VOORJAAR/春天/春

TABLE OF CONTENTS



4 AC PERFORMANCE PLUS™ WITH CARBON BLUE™



6 AC PERFORMANCE PLUS™



7 AC SPORT™



8 IC PRO™



9 MPOWER™ ECHELON CONSOLE



10 EDUCATION



13 GAUNTLET™



14 FREECLIMBER™



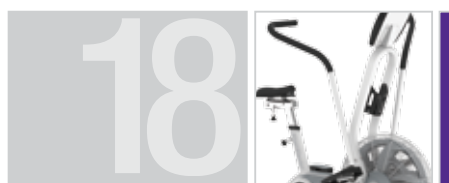
15 STAIRMASTER® CONSOLE OPTIONS



16 STEPMILL 3™



17 TREADCLIMBER 5™



18 AIRFIT™



19 TWISTLOCK™

A CYCLE OF EXCELLENCE.



More than 15 years ago, Schwinn launched a phenomenon with the first production bike designed specifically for indoor cycling. The bike set the standard for an entire industry – a standard that we've raised with each Schwinn innovation. Today, Schwinn bikes remain in a class by themselves. Our latest product line is a reflection of our renewed energy and continued commitment to intelligent design, quality manufacturing and authentic riding experiences. So take a look and see why the most demanding fitness enthusiasts in the world ride Schwinn.

AUTHENTIC
CYCLING

PERFORMANCE⁺ PLUSTM

with CARBON BLUETM



FEATURES

- Performance Plus handlebars support all rider needs, from comfort to high-performance
- Magnetic resistance brake allows for smooth, consistent control
- Schwinn Fit System enables versatile seat and handlebar adjustments for refined positioning



Triple LinkTM pedal

PEDAL FEATURES AND OPTIONS

- Triple LinkTM pedal compatible to accommodate Look Delta and SPD style cleats
- Standard with Double Link pedals with SPD and toe-clip combinations



MPowerTM Echelon Console Compatible
learn more on p9

TECHNICAL SPECS

Product Dimensions	50" L x 21" W x 51" H (127cm x 53cm x 130cm)
Product Weight	106 lbs (48.1 kg)
Max User Weight	350 lbs (159 kg)
Frame Finish	Aluminum
Frame Color	Pearl White
Seat Slider, Handlebars and Hardware Materials	Aluminum
Drive System	Belt Drive using Carbon Blue TM technology
User Compatible Size Range	Typically 4'11" to 6'8" (150 to 203 cm) tall
MPower TM Console Compatible	Yes

INNOVATION, UNCHAINED.

The future of indoor
cycling has arrived.



REAL BIKE FEEL
Toothed belt provides
the authentic cycling
feel of a Schwinn



**VIRTUALLY ZERO
MAINTENANCE BELT**
No lubrication, stretching
or adjustments



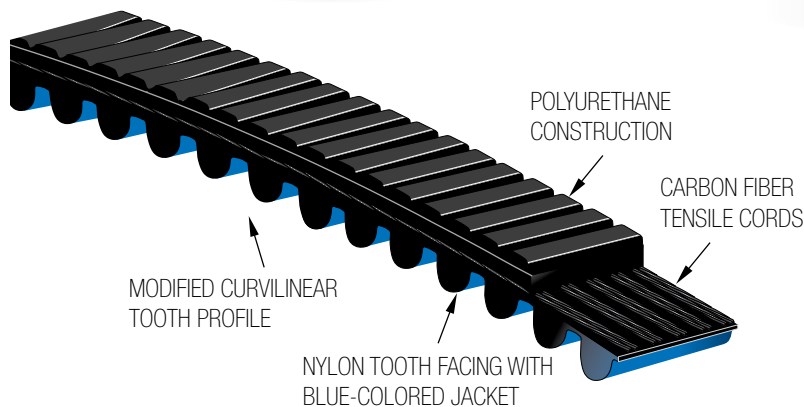
**GUARANTEED
DURABILITY**
Carbon fiber infused belt
backed by a 5-year warranty



CARBON BLUE™

Several years ago, a company named Gates introduced a concept never before seen on outdoor bikes – a belt drive that performed like a chain. Their innovative system – called Carbon Drive™ – features a carbon fiber reinforced belt with teeth for maximum durability and true bike performance. In just a few years, it has gone from a novelty system to a mainstream solution used on hundreds of outdoor bike models today.

Over the past year, we have worked with Gates to adapt this revolutionary technology to our A.C. Performance Plus bike. The result is a new belt-based drive system that combines the maintenance-free durability and performance of a belt with the authentic-ride feel of a chain. We call it Carbon Blue™ – those who ride it call it “incredible.”



WATCH THE VIDEO: SCHWINNCARBONBLUE.COM



FEATURES

- Performance Plus handlebars support all rider needs, from comfort to high-performance
- Magnetic resistance brake allows for smooth, consistent control
- Schwinn Fit System enables versatile seat and handlebar adjustments for refined positioning



Triple Link™ pedal

PEDAL FEATURES AND OPTIONS

- Triple Link™ pedal compatible to accommodate Look Delta and SPD style cleats
- Standard with Double Link pedals with SPD and toe-clip combinations



**MPower™ Echelon
Console Compatible**

learn more on p9

TECHNICAL SPECS

Product Dimensions	50" L x 21" W x 51" H (127cm x 53cm x 130cm)
Product Weight	106 lbs (48.1 kg)
Max User Weight	350 lbs (159 kg)
Frame Finish	Aluminum
Frame Color	Pearl White
Seat Slider, Handlebars and Hardware Materials	Aluminum
Drive System	Chain drive using forged steel crank and ISIS oversized bottom bracket
User Compatible Size Range	Typically 4'11" to 6'8" (150 to 203 cm) tall
MPower™ Console Compatible	Yes



FEATURES

- Performance handlebars support all rider needs, from comfort to high-performance
- Magnetic resistance brake allows for smooth, consistent control
- Schwinn Fit System enables versatile seat and handlebar adjustments for refined positioning



Triple Link™ pedal

PEDAL FEATURES AND OPTIONS

- Triple Link™ pedal compatible to accommodate Look Delta and SPD style cleats
- Standard with Double Link pedals with SPD and toe-clip combinations



MPower™ Echelon Console Compatible

learn more on p0

TECHNICAL SPECS

Product Dimensions	48" H x 43" L x 20" W (122cm x 109cm x 51cm)
Product Weight	126 lbs (57 kg)
Max User Weight	350 lbs (159 kg)
Frame Finish	Zinc-plated Steel Frame Construction
Frame Color	Deep Silver
Seat Slider, Handlebars and Hardware Materials	Stainless steel plated slider and posts
Drive System	Chain drive using forged steel crank and ISIS oversized bottom bracket
Smart Release™	Yes
User Compatible Size Range	Typically 4'11" to 6'8" (150 to 203 cm) tall
MPower™ Console Compatible	Yes



FEATURES

- Familiar design including classic, comfortable handlebars and pedals
- Brake pad resistance technology
- Dual frame-mounted water bottle holders



Triple Link™ pedal

PEDAL FEATURES AND OPTIONS

- Standard with classic flat pedals with cages to accommodate regular athletic shoes
- Triple Link™ pedal compatible to accommodate Look Delta and SPD style cleats

TECHNICAL SPECS

Product Dimensions	50" L x 22.5" W x 39" H (127cm x 57cm x 99cm)
Product Weight	130 lbs (59 kg)
Max User Weight	350 lbs (159 kg)
Frame Finish	Zinc plated steel frame construction
Frame Color	Silver
Seat Slider, Handlebars and Hardware Materials	Stainless steel plated
Drive System	Chain Drive using forged steel crank and ISIS oversized bottom bracket
User Compatible Size Range	Typically 4'11" to 6'8" (150 to 203 cm) tall
MPower™ Console Compatible	No



MPOWER™ ECHELON CONSOLE



The MPower™ Echelon Console, combined with the Watts Upgrade, offers a number of enhancements, making it a valuable and reliable tool in all types of cycling facilities.

- **User Metrics** – Watts, Time, Kcal, Cadence (RPM), Speed, Distance, and Telemetry Heart Rate are all measured.
- **Pre-Ride Calibration** – Riders are walked through a simple, two-step process that ensures consistent Watt measurement and feedback every time.
- **Data Capture** – Two ways to memorialize workout data: USB Memory Stick and ANT+ Wireless Devices.
- **Stage Reset** – “Stage” measurements can be reset during a ride, making it easy to track multiple in-class segments.
- **Readability** – Riders enjoy a large display and characters that are easy to read.
- **Functionality** – Push-button start-up and AVG/MAX values are accessible anytime during the ride with a separate, dedicated button.
- **Reliability** – The system does not rely on a wireless signal for communication, eliminating connectivity issues.
- **Serviceability** – A plug-and-play design allows for simplified installation, and the batteries are housed in a single location.
- **Gear Function** – Optional display component of resistance level with a numeric “gear” displayed on the console.

MPower™ Echelon Console is compatible with Schwinn AC bikes. The console can be used without the Watts Upgrade to measure Cadence (RPM), Time, Telemetry Heart Rate and Kcal (with compatible HR strap).

MORE THAN A GREAT RIDE. EXPERTISE.

SCHWINN MASTER INSTRUCTORS

educate thousands of instructors around the world every year.



The bikes in your cycling room are only as good as the instructors who teach on them. Schwinn Master Instructors develop cutting-edge programming and provide tools that help instructors elevate the class experience.

Learn more about creating the premier cycling experience

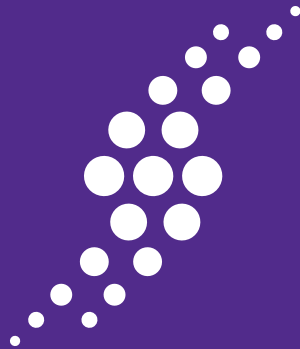
SchwinnEducation.com

360-823-1906





WE'LL NEVER STOP CLIMBING.



StairMaster®

Since the development of the first stepping machine in 1983, StairMaster has grown into a legendary name in the gym. Over the past 30 years, we've expanded our product line and with it, our reputation for performance, comfort and the most innovative climber experience in the gym. Today, we continue to elevate our standards, offering a wide range of high-quality solutions that deliver real workouts and real results. After all, the most demanding fitness enthusiasts won't settle for anything less – and neither will we.



FEATURES

- Ergo-bar hand grip provides contact heart rate and integrated stop button
- Dual oversized water bottle holders allow for easy access
- Step-up assist for easy mount or dismount
- Optional touch-screen console lets you choose from 11 of the world's most recognizable landmarks as a goal for your climb



3 Console Options Available
learn more on p15



SMV-1™ TV Compatible
learn more on p15

TECHNICAL SPECS

Product Dimensions	58" L x 34" W x 89" H (147cm x 86cm x 226cm)
Product Weight	343 lbs (156 kg)
Max User Weight	350 lbs (159 kg)
Power Requirements	Input Voltage 100-240 VAC 50/60 Hz 100 VA
Display	Three choices of display: 1) 10" Touch Screen Console with Integrated TV Tuner (TSE-1) 2) 10" Touch Screen Console (TS-1) 3) Backlit LCD Console (D-1).
TV Option	15.6" digital television with HD capabilities (SMV-1)
Workouts	The Landmark Challenge Program where users climb well-known landmarks from around the world like the Eiffel Tower, the Statue of Liberty and the Taj Mahal. Along with the Landmark Challenge, standard console programs that your members are familiar with are also included. *Landmark Challenge feature available on the TSE-1/TS-1 Console Only
Warm Bar Functions	Contact Heart Rate sensors and automatic stop button
Fitness tests	Multi-stage Fit Test, CPAT Fire Fit Test and WFI StepMill® Test
Drive System	Electronically controlled alternator, brake, and drive chain precisely control the stair speed, allowing a wide range of users to exercise smoothly within their comfort zones
Step Action	Revolving staircase with eight steps, 8" (20cm) high, 9" (23cm) deep and 22" (56cm) wide



FEATURES

- Ergonomically designed handrails provide natural movement that minimizes impact
- Integrated water bottle holder & accessory tray
- Contact and telemetry sensors provide heart rate feedback for optimized workouts
- Optional touch-screen console lets you choose from 11 of the world's most recognizable landmarks as a goal for your climb



3 Console Options Available
learn more on p15



SMV-1™ TV Compatible
learn more on p15

TECHNICAL SPECS

Product Dimensions	68" H x 43" L x 27" W (173cm x 110cm x 69cm)
Product Weight	155 lbs (70 kg)
Max User Weight	350 lbs (159 kg))
Power Requirements	Input Voltage 100-240 VAC 50/60 Hz 100 VA SC5 with D-1 console can be run without being plugged into an external power source.
Display	Three choices of display: 1) 10" Touch Screen Console with Integrated TV Tuner (TSE-1) 2) 10" Touch Screen Console (TS-1) 3) Backlit LCD Console (D-1).
TV Options	15.6" digital television with HD capabilities (SMV-1)
Workouts	10 programs - Quick Start, Manual, Fat Burner, Calorie Burner, Speed Intervals, Custom Intervals, Random Intervals, Heart Rate Intervals, Calorie Goal, Heart Rate Zone Trainer
Fitness Tests	Multi-stage Fit Test & CPAT Fire Fit Test
Drive System	Electronically controlled alternator with chain drive precisely controls the pedal descent, allowing a wide range of users to exercise smoothly within their comfort zones
Step Action	Patented, independent pedal geometry with four-bar linkage keeps pedals level, ensuring a safe, biomechanically correct movement
Step Range	1" to 14" (2.5cm to 36cm)
Step Rate	26 to 174 steps/minute
Heart Rate Monitoring	Polar® compatible wireless; contact sensors

CONSOLE OPTIONS

FOR THE GAUNTLET & FREECLIMBER



TS1/TSE-1

TSE-1 Console

- 10" touch screen console with integrated TV tuner
- Attractive and intuitive LCD display
- Integrated TV tuner allows television viewing during workout
- Landmark Challenge engages users as they watch their progress up well-known landmarks from around the world
- Integrated iPod/iPhone/iPad connectivity with video playback, audio controls and charging capabilities

TS-1 Console

- Provides all the same functionality of the TSE-1 display without the integrated TV tuner



D-1

D-1 Console

- Backlit LCD display
- User friendly interface with over 25 different workout combinations
- Includes CPAT firefighter test and heart rate control programs

SMV-1™ LCD DIGITAL TELEVISION

- Compatible with any StairMaster console option
- 15.6" digital LCD screen with 16:9 ratio
- Worldwide digital and analog tuner options
- Display designed specifically to handle the facility environment
- Integrated function key pad for direct access to channel selection



**FOR LIGHT
COMMERCIAL
& HOME**



FEATURES

- Compact design to fit 8-foot ceilings and standard doorways
- Easy-to-navigate console featuring motivating programs and features on a large, backlit LCD
- Low initial step for easy access and exit
- Light commercial and home use warranty



CONSOLE FEATURES AND OPTIONS

- Comes standard with a large backlit LCD display console pre-programmed with over 25 motivating workout combinations
- Track activity and receive feedback, including total workout time, calories burned, Watts produced and floors climbed
- Contact heart rate sensors on the handrails, and the included Polar® chest strap sensor, allow continuous monitoring of heart rate



SMV-1TM TV Compatible

learn more on p15

TECHNICAL SPECS

Product Dimensions	46" L x 29" W x 73" H (117cm x 74cm x 185cm)
Product Weight	223 lbs (101 kg)
Max User Weight	300 lbs (136 kg)
Power Requirements	Input Voltage 100-240 VAC 50/60 Hz 100 VA
Display	Backlit LCD Console
Workouts	Standard console programs
Drive System	Electronically controlled alternator, brake, and drive chain precisely control the stair speed, allowing a wide range of users to exercise smoothly within their comfort zones
Step Action	Revolving staircase with six steps, 6" (15cm) high, 9" (23cm) deep and 17" (43cm) wide

FEATURES

- Burns 2x the calories in the same time as walking on a standard flat treadmill at the same speed
- Easy-to-navigate, touchpad console featuring motivating programs
- Stationary back step for ease of entry/exit
- Built-in adjustable cooling fan and water bottle holders



CONSOLE FEATURES AND OPTIONS

- Several preset programs, adding variety and challenges to each workout — set goals for Time, Calories or Distance
- Two heart rate training programs, including Heart Rate Intervals
- Easily accessible Hot Bar® with one-finger speed and incline controls, integrated stop button and contact heart rate grips



SMV-1™ TV Compatible
learn more on p15

WATCH THE VIDEO: TREADCLIMBER5.COM

TECHNICAL SPECS

Product Dimensions	83" L x 36" W x 69" H (210cm x 91cm x 175cm)
Walking Surface	52" x 9" (132cm x 23cm) x 2
Product Weight	700 lbs (318 kg)
Max User Weight	350 lbs (159 kg)
Power Requirements	110-volt, dedicated NEMA 5-20 cord; 220-volt, dedicated NEMA 6-15 cord
Display	Intuitive display with LED technology; 20-character message window — speed and incline, time elapsed, calories burned, distance traveled, course profile, heart rate
Goal- Based Programs	Time, Calories, Distance
Workouts	Quick Start; Goal-based Programs: Time, Calories, Distance; Profiles: Intervals, Rolling Hills; Heart Rate Training Programs: Constant Heart Rate Control, Heart Rate Intervals; Cool Down
Drive System	5 HP AC motor drive and electronically controlled alternator with belt drive precisely control the treadle ascent/descent
Languages Available	English, German, French, Italian, Spanish, Dutch and Portuguese

FEATURES

- Dual action wind resistance provides a total body workout
- Bright user-friendly LED display with key metrics
- Large cushioned seat for comfort and support
- Backed by a leading full commercial warranty



CONSOLE FEATURES AND OPTIONS

- Bright user-friendly LED display with key metrics:
 - Time
 - Speed
 - Distance
 - Heart Rate
 - Calories



DUAL ACTION AIR BIKE WITH A FULL COMMERCIAL WARRANTY.

Beginning with the first stepping machine in 1983, StairMaster® has been a legendary name in the gym. Today the tradition continues with the Air Fit™. Building on 30 years of experience and proven performance, the Air Fit offers a robust design and features dual action wind resistance that provides a total body cardio workout. The resistance is determined by how hard the user works; the harder the bike is pedaled, the higher the resistance becomes, allowing for a wide range of users.



FEATURES

- Handle starting weight of just 5 lbs – the most compact available
- Contoured and textured handles provide a comfortable and secure grip
- Highly visible weight selection windows on both ends of the handle
- Optional easy access stand is available

PRODUCT FEATURES AND OPTIONS

- Comes standard with aluminum weight cradles for easy access and secure storage of the dumbbells
- Includes a FREE Exercise Guide, complete with 20 distinct exercises enabling a total-body workout for users of all fitness levels

TWISTLOCK DUMBBELL STAND

Sold separately

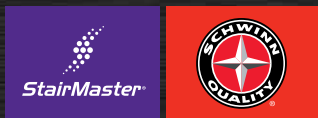
- Heavy-duty, powder-coated steel frame
- Allows you to mount TwistLock Dumbbell cradles at the optimal height for quick and easy access
- Encourages proper lifting form and less back strain
- Ensures that dumbbells will always be kept securely in place

DUMBBELL AND CRADLE SPECS

Weight range	5 to 50 lbs (2.2 to 22.7 kg) each dumbbell (kilogram version available)
Weight increments	5, 10, 15, 20, 25, 30, 35, 40, 45, 50 lbs
Size range	5 lbs (2.2 kg) starting weight is only 9.3" (23.6 cm) long, length increases with additional weight
Includes	2 dumbbells, 2 cradles and exercise guide
Product dimensions (5 lb handle Only)	9.4" L x 3.5" W x 3.5" H (23.8cm x 9cm x 9cm)
Product dimensions (50 lb Dumbbell Only)	14.5" L x 7.9" W x 7.5" H (36.6cm x 19.8cm x 19.1cm)
Product dimensions (1 Cradle Only)	16" L x 9.1" W x 3.6" H (40.8cm x 23.2cm x 9.2cm)
Product dimensions (50 lb Dumbbell in Cradle)	16" L x 9.1" W x 8" H (40.8cm x 23.2cm x 20.3cm)
Product weight (2 Dumbbells with 2 Cradles)	103 lbs (46.8 kg)
Total shipping weight (2 Dumbbells with 2 Cradles)	108.6 lbs (49.4 kg)
Shipping info	Ships in 2 cartons – each carton contains one dumbbell with one cradle
Parts Warranty	2 years (Residential Use Only)

DUMBBELL STAND SPECS

Dumbbell Stand dimensions (stand only)	22" L x 33.5" W x 25" H (55.7cm x 84.5cm x 63.4cm)
Dumbbell Stand weight (stand only)	21.7 lbs (9.9 kg)
Dumbbell Stand shipping weight (stand only)	25.1 lbs (11.4 kg)



4400 NE 77th Avenue, Suite 300
Vancouver, WA 98662
1-888-678-2476
www.stairmaster.com

©2014 Core Fitness, LLC, dba StairMaster. All rights reserved.
TreadClimber is a registered trademark of Nautilus Inc.