



Premium Fitness Equipment Since 1981



The TRUE Z5.0 treadmill is the classic TRUE treadmill. With TRUE's uncompromising standards for quality and a frame that allows full use of the running surface, but keeps the footprint small to maximize your space, the Z5.0 is the perfect treadmill for your home fitness needs. Voted a Best Buy the sleek, intelligent design complements a room instead of taking it over. Bring this classic home and it will become a legend in your house.



Z5.0



TRUE®

R E S I D E N T I A L

Z5.0 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' (2.4M)
	Drive Motor	3 HP DC
	Belt	Orthopedic
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Speed Range	0.5 to 12.0 MPH (0.8 to 19.3 km/H)
	Incline/Decline Range	0% to 12%
	Handrail Design	Protective Dipped
	Straddle Cover Design	Aluminum
	Contact Heart Rate Monitoring	Standard
CONSOLE	Wireless Heart Rate Monitoring	Polar® Compatible
	Display	Dual Window Custom LCD
	Programs	7
	Saved Workouts	3
	HRC Cruise Control	Standard
SAFETY	Quick Speed Keys	Standard
	Safety Clip	Standard
	Large Straddle Covers	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder (2), Accessory Tray, Reading Rack
PHYSICAL SPECIFICATIONS	Footprint	68"L x 28"W (172 cm x 71 cm)
	Running Surface	54"L x 20"W (137 cm x 51 cm)
	Machine Weight	260 lbs. (118 kg)
	Maximum User Weight	400 lbs. (181 kg)
	Step-Up Height	5.5" (14 cm)
WARRANTY	Portability	2 Front Transport Wheels
	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	10 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.