

# Hard Abs Made Easy



## AbCoaster CS3000

The flagship product of the Ab Coaster Commercial Series, the CS3000 features stainless steel rails for an ultra-smooth ride, adjustable hand grips, and a free-style motion seat.

### FEATURES

- Heavy-Duty Steel Construction
- 2.5" Stainless Steel Rails
- Ultra-Glide Nylon Rollers
- Sealed Steel Bearings
- Urethane Molded Foam Pads
- Adjustable Hand Grips
- Free-style Motion Seat
- 450 lb. User Weight Capacity
- 40 lb. Olympic Weight Capacity
- Weight Storage Post
- Easy-Move Casters
- Extended Warranty
- Quick & easy assembly

### DIMENSIONS & WEIGHT

L 61" W 33" H 58" Weight: 150 lb.



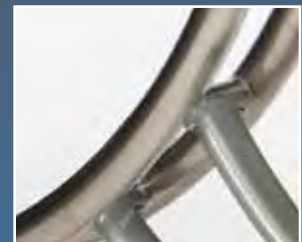
Adjustable Hand Grips



Plate-loading resistance system



Free-Style Motion Swivel Seat



Stainless Steel Track



call for details **1-866-219-5335**  
outside the U.S. **1-908-879-2713**

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Patent and trademark information available upon request.  
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