TRUE RESIDENTIAL



Premium Fitness Equipment Since 1981



The sleek, curved profile of the M50 elliptical brings a modern, polished look to home cardio equipment. Featuring ergonomic multi-grip handles, and orthopedic cushioned footpads, the M50 elliptical is equipped with premium user-focused features. Paired with TRUE's legendary patented Heart Rate Control technology and HRC Cruise Control, the M50 elliptical truly maximizes your fitness investment. Plus with one of the smallest footprints on the market, it's a great choice for the space-conscious consumer.







TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' (2.4M)
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Eddy Current Brake
	Maximum Workload	300 Watts
	Resistance Levels	25
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	21" (53 cm)
	Footpad	Orthopedic Cushioned Soft Grip Footpads
	Exercise Arms	Ergonomic Multi-Grip Handle
	Side Step Design	Non-Slip Rubber with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLE		Emerge
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
	Cardio 360™ Workouts	Yes
SAFTEY	Side Steps	Standard
REGULATORY APPROVALS		ETL UL1647, CSA
EXTRAS	Accessories	Water Bottle Holder, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	42"L x 30"W (107 cm x 76 cm)
	Active Footprint	70"L x 30"W (178 cm x 76 cm)
	Q-Factor	2" (5 cm)
	Machine Weight	283 lbs. (128 kg)
	Maximum User Weight	300 lbs. (136 kg)
	Step-Up Height	9" (23 cm)
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Parts	5 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.