



# AMT® 835 Adaptive Motion Trainer® with Open Stride™

Like every piece of equipment in our Experience Series™ 830 Line, the AMT® 835 with Open Stride™ combines essential reliability and ease-of-use with a natural, low-impact stride to add value to your facility. The AMT 835 enables exercisers of all levels to personalize their workouts, keeping them engaged and challenged.

The P3O console integrates our intuitive motion controls and features an LED display that focuses on the essential fitness stats that keep users moving.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services, and technologies we offer can be combined in countless ways to complement the programs and atmosphere you're creating.

Learn More: go.precor.com/amt835



# AMT® 835 Adaptive Motion Trainer® with Open Stride™

### **Product Features**

#### 1. Console

The P30 console features easy-to-use motion controls and an LED display that focuses on the essential fitness stats to keep users informed and engaged.

#### 2. Open Stride™

Open Stride<sup>™</sup> is a unique feature that allows exercisers not only to dynamically adapt their stride length from zero to 36 inches (0 to 91 cm), but also to adjust their stride height from 6.8 to 10 inches (17 to 25 cm), providing an infinite range of stride paths to engage several muscle groups. Open Stride<sup>™</sup> can be adjusted from level 1 to 5 with the tactile motion controls.

#### 3. Handlebars Fit Everyone

The tapered moving handlebars provide a comfortable fit for nearly every exerciser. The stationary grip has a heart rate sensor\* built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

#### 4. Total Body Workout in One Piece of Equipment

Exercisers can go from short stride to long stride, walking to running, climbing to striding, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.



## **SPECIFICATIONS**

**Dimensions (L x W x H):** 80 x 35 x 69 in / 203 x 89 x 175 cm

Product Height with PVS: 82 in / 208 cm Equipment Weight: 412 lb / 187 kg

Power: Self-powered

Total Workouts: 6

Resistance Levels: 1 - 20

Adjustable Stride Length: 0 - 36 in / 0 - 91 cm Adjustable Stride Height: 6.8 - 10 in / 17 - 25 cm

Language: English, Chinese, Dutch, French,

German, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish Network Capabilities: C-SAFE enabled

**Entertainment:** Standard - Mobile Device Charger and Audio Jack

Optional - 15 in / 38.1 cm Personal Viewing System (PVS)

Optional - Wireless Entertainment Cap

Accessories: Integrated Reading Rack

Optional - Cable Management

Warranty: Visit www.precor.com for warranty terms.



<sup>\*</sup> The heart rate feature is intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.