

Residential Consoles



Transcend¹⁶
16" Capacitive
Touch Screen



Transcend¹⁰
10" Capacitive
Touch Screen



Escalate¹⁵
16" Color Active
Matrix LCD



Escalate⁹
9" Color Active
Matrix LCD

TREADMILLS				
	Quick Start	●	●	●
	Manual	●	●	●
WEIGHT LOSS				
	Calorie Goal	●	●	●
	Weight Loss Hills	●	●	●
	Glute Buster	●	●	●
	Leg Shaper	●	●	●
	Weight Loss HRC	●	●	●
HRC WORKOUTS				
	Target HRC	●	●	●
	Weight Loss HRC	●	●	●
	Aerobic HRC	●	●	●
	HRC 5k	●	●	
	HRC 10k	●	●	
	HRC 2 Mile	●	●	
	HRC 4 Mile	●	●	
	Intervals HRC	●	●	●
PERFORMANCE				
	Cardio Challenge	●	●	●
SPEED WORKOUTS				
	Walk & Run	●	●	●
	Speed Ramp	●	●	●
	Speed Intervals	●	●	●
HILL WORKOUTS				
	Rolling Hills	●	●	●
	Single Hill	●	●	●
	Hill Intervals	●	●	●
DISTANCE WORKOUTS				
	5k	●	●	●
	10k	●	●	●
	2 Mile	●	●	●
	4 Mile	●	●	●
FITNESS TESTS				
	Gerkin Fitness Test	●	●	●
	Army Fitness Test	●	●	●
	Navy Fitness Test	●	●	●
	Air Force Fitness Test	●	●	●
	Marines Fitness Test	●	●	●
CUSTOM WORKOUTS				
	Custom Speed	●	●	●
	Custom Hill	●	●	●
	Custom HRC	●	●	●
VIRTUAL ACTIVE				
	Northern Italy	●	●	
	Chicago Run	●	●	
	Germany Run	●	●	
	American Southwest 2 Run	●	●	
	Wild California Run	●	●	
	Trinity Mountains Hike	●	●	