



## SIT. STAND. SWEAT.

When it comes to discipline and perseverance, few workouts will challenge you more than those on the Upper Body Ergometer. Whether used in a rehabilitation setting or high performance fitness center, the AirFit UB's adjustable tower, convertible crank arms and comfortable grips let you tailor the workout with the right range of motion for your shoulders, back, wrists, and elbows. An optional ramp and removable bench allows wheelchair access and meets ADA criteria.

## FEATURES



ADJUSTABLE TOWER  
ACCOMMODATES A WIDE VARIETY  
OF WORKOUTS & USER SIZES



INTEGRATED BENCH FOR SEATED  
WORKOUTS CAN BE REMOVED TO  
ACCOMMODATE STANDING OR  
WHEELCHAIR WORKOUTS



FEATURE-RICH LED CONSOLE  
PROVIDES USER FEEDBACK WITH A  
COMPACT, EASY TO READ DISPLAY



ADJUSTABLE CRANKS FOR  
VARIED RANGE OF MOTION AND  
BILATERAL OR UNILATERAL  
MOTIONS

# GREAT FIT FOR EVERY USER

The upper body ergometer is an exercise used in a wide variety of applications, so when we set out to design the ultimate machine, we focused on making sure it provided maximum performance for all of them. Perfect for performance. Ideal for rehab. Great for fitness. With a removable bench, adjustable cranks and tower, the AirFit UB™ is one machine that really does it all.

## FEATURE RICH CONSOLE

Incorporating the most popular tools for user feedback -- Time, RPM, HR, Watts, METs, Calories, Distance -- our console brings motivation and measurement to every workout. A bright, easy to use, easy to read, LED display documents each workout for tracking and goal setting.



## TECHNICAL SPECS

**FRAME FINISH:** Steel Frame

**FRAME COLOR:** Hammertone Black

**DISPLAY POWER:** Requires AA batteries

**MEASUREMENTS:** Time, RPM, HR, Watts, METs, Calories, Distance

**RESISTANCE:** Air Resistance

Weight	Width	Length	Max Height
320 lbs (145 kg)	36.2" (92 cm)	70" (178 cm)	72.5" (184 cm)

## BUILD ON GREATNESS

At **Core Health & Fitness**, when we brought together fitness brands to build our company, we settled for nothing but the best. Four iconic brands that pioneered entire categories and whose machines are still the ones **members ask for by name**. Today, we're committed to continuing the tradition that started decades ago – and that's greatness you can feel good about building your business on.



**CORE HEALTH & FITNESS**