

XT685 Treadmill



SPIRIT FITNESS
A Heritage of Quality | The Spirit of Innovation



XT685 Treadmill

The **XT685** is our non-folding treadmill. The extra large 22" x 60" workout surface and 3.5hp motor make this a great running treadmill. The large easy-to-read LCD, along with our heart rate graph bar and muscle activation figure, give you the feedback to keep you going through every workout.

Below are a few of the features that will keep you working out longer and help you achieve your fitness goals.

- A bright blue backlit LCD console offers a multitude of feedback data
- Quick Speed and Incline keys make workouts more efficient
- Included wireless telemetric heart rate chest strap will help you stay within your target heart rate zone for an efficient workout
- Remote speed and incline controls make adjustments more convenient
- A muscle activation figure that shows which areas are being targeted
- An audio jack and speakers for personal entertainment
- Non-folding base promotes extra stability for runners
- Fusion program guides you through a full body workout in as little as 15 minutes



XT6885 Treadmill



Integrated Speakers
for MP3 player

Swivel Fan to
keep you cool

Heart Rate
% Profile

Convenient water bottle holder
and cargo compartment for
keys, phone, or MP3 player

Contact Heart
Rate Grips

Muscle Activation
Profile

Large LCD with
feedback and scrolling
message center

As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: storage areas for beverages, keys, a phone, or an MP3 player; ergonomically friendly pulse grip sensors for a more natural hand position, and a cooling fan to keep you cool and encourage you to workout longer.

A quick press of a button and you are off on a walk, run, or one of the unique programs. Our large, easy to read console even features a muscle activation figure that specifies which muscle groups are minimally or maximally activated at different speeds and elevations and a heart rate bar graph that simplifies staying in your target zone.

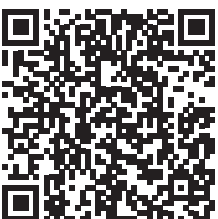
Equipment Specifications

CONSOLE	9" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, & an Integrated Reading Rack
PROGRAMS	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fusion, Calorie, 2 Heart Rate, 2 User
HEART RATE	Contact & Telemetric, Heart Rate Strap included
SPEED / INCLINE	0.5 - 12 mph / 0 - 15%
DRIVE MOTOR	3.5 hp
DECK	1" Phenolic, Silicone Lubricated
BELT	22" x 60", 2 ply (2.5mm thick)
ROLLERS	3.0"
FRAME	Commercial-Grade Structural Steel w/ durable Powder-Coat Paint
DIMENSIONS	78" x 31.9" x 56.1"
PRODUCT WEIGHT	273 lbs.
MAX USER WEIGHT	425 lbs.

Warranty Information

RESIDENTIAL WARRANTY	Lifetime: Frame, Motor & Deck 10 Yrs: Parts 1 Yr: Labor
COMMERCIAL WARRANTY (Up to 5 hours use or less in a non-dues paying facility)	Lifetime: Frame 5 Yrs: Motor 3 Yrs: Deck 3 Yrs: Parts 1 Yr: Labor

Scan the code
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information



www.spiritfitness.com



3000 Nestle Road
Jonesboro, AR 72401
Phone: 800.258.4555
Fax: 870.935.7611